

2025 – 2026 IVCC Transfer Guide for Physical Education/Kinesiology/Exercise Science Majors

For information on Colleges or Universities not listed here, see a counselor. Several private colleges have evaluated IVCC course work for transfer, this includes DePaul, Bradley, Loyola, Monmouth, North Central and Eureka.

UNIVERSITY	OPTIONS AVAILABLE WITHIN DEPARTMENT	MINIMUM GPA REQUIRED	MAJOR COURSES REQUIRED FOR TRANSFER
EASTERN ILLINOIS UNIVERSITY	<ul style="list-style-type: none"> •B.S. in Kinesiology & Sports Studies: Teacher licensure (PE K-12) •B.S. Exercise Science (Options in Pre-AT, Pre-PT & Pre-OT) 	2.0 Admission 2.65 Teacher Certification	<p><u>PE w/Teacher Licensure</u>: BIO 1007, PSI 1000, EDC 2000 & 2006. "C" or better in all coursework required.</p> <p><u>Exercise Science</u>: ALH 1000, BIO 1007 & 1008.</p> <p><u>Ex.Sci.Pre-AT Opt.</u>: ALH 1000, BIO 1007 & 1008; BIO 1001 or 1003; CHM 1006, MTH 1008 or ECN 2004; PSY 1000, SOC 1000, PHY 2003 (can complete at EIU).</p> <p><u>Ex.Sci.Pre-OT Opt.</u>: BIO 1003, 1007, 1008 & 1009, PSY 1000, 2001 & 2006, MTH 1008 or ECN 2004, ALH 1000, SOC 1000, CHM 1006, PHY 2003 (can complete at EIU).</p> <p><u>Ex.Sci.Pre-PT Opt.</u>: BIO 1003, 1004, 1007 & 1008, PSY 1000, 2001 & 2006, MTH 1008 or ECN 2004, ALH 1000, SOC 1000, CHM 1006 & 1007, PHY 2003 & 2004 (can complete at EIU)</p> <p><i>Early transfer recommended as some coursework required for admission can't be completed at IVCC.</i></p> <p>*World language equiv. to 2 years HS ("C" or better) or 2 semesters college in a single language.</p> <p>https://www.eiu.edu/ksr/</p> <p style="text-align: right;">2/25</p>
ILLINOIS STATE UNIVERSITY	<ul style="list-style-type: none"> •Physical Ed Teacher B.S. in Ed Licensure(K-12) •Exercise Science B.S. Choose sequence: -Allied Health Professional (pre-Athletic Training) -Health & Human Performance 	Phys Ed. 2.5 3.10 Exercise Sci	<p>*Recommended core prior to transfer. IAI & BIO 1007 & 1008; PHY 2003 (or ISU's PHY 105 for all but AHP, taken in summer as pre-req to KNR 282).</p> <p>*<u>Teacher Licensure</u>: Transfer after 2 semesters is recommended – 3 yr program at ISU.</p> <p>*<u>Exercise Science</u> (both sequences): Students need to have both BIO 1007 & 1008 to finish in 4 sems. at ISU.</p> <p>*<u>ES-AHP</u> (Pre-AT): BIO 1003 or 1004; ALH 1000 & 1001; CHM 1006 & 1007, PHY 2003 & 2004.</p> <p>*AMALI required for graduation.</p> <p>*All Physical Ed courses must be completed with a grade "C" or better.</p> <p>*2-Step application process; May be 5-semester program after transfer w/o A&P completed.</p> <p>A maximum of 6 hours of activity courses may be transferred.</p> <p>http://www.cast.ilstu.edu/</p> <p style="text-align: right;">2/25</p>
NORTHERN ILLINOIS UNIVERSITY	<ul style="list-style-type: none"> •BS Kinesiology •BS Ed. P.E. (K-12 Licensure) •BS Sports Mgmt <p>MS in Athletic Training (apply to Kinesiology)</p>	2.75 GPA Teacher Licensure 2.5 Kinesiology/Sports 3.0 MIN MSAT in Graduate School	<p>"C" or better in all:</p> <p><u>BS Kin</u> = BIO 1001 or 1003, 1007, 1008, CHM1004 (CHM1006, PHY2003, ALH1000 required for MSAT, see guide for Pre-Athletic Training), ENG1002, PSY1000 and one of the following: MTH1000, 1006, 1007 or 2001. ALH1000 can be used as elective and ALH1001 recommended. Call Tony Calderala (815) 753-8285</p> <p><u>BS Ed</u> = BIO 1007, 1008, HPE 1004, PSY 1000, "C" or better in ENG 1001, 1002, SPH 1001 and MTH. Transfer in the fall to be eligible for SP clinicals. For B.S. Ed a health endorsement is highly recommended which requires ALH1000 and HPE1003. Students are strongly encouraged to call Tony Calderala (815) 753-8285 for more info.</p> <p><u>BS Sports Mgmt.</u>: CSI1002, ECN2002, ECN2004 or MTH1008, ACT1010, MKT1210 and PSY1000</p> <p>https://www.cedu.niu.edu/knpe/index.shtml</p> <p style="text-align: right;">4/25</p>
SOUTHERN ILLINOIS UNIVERSITY - CARBONDALE	<p><u>College of Education and Human Services</u></p> <ul style="list-style-type: none"> •B.S. in Kinesiology •B.S. Exercise Science (Teacher Education available) •B.S. Sport Administration 	2.0 2.5 for Sport Administration 2.75 for Teacher Education	<p>A.A., A.S. or IAI recommended prior to transfer.</p> <p><u>Kinesiology and Exercise Science</u>: ALH 1000; BIO 1001, 1007, 1008; CHM 1004*; MTH 1003; PSY 1000.</p> <p><u>Teacher Education</u> also requires EDC 2006.</p> <p><u>Sports Administration</u>: ACT 1010; CSI 1002; ECN 2002; PHL 1002; PSY 1000.</p> <p>https://catalog.siu.edu/programs/kin/</p> <p style="text-align: right;">2/25</p>
UNIVERSITY OF ILLINOIS CHICAGO	<p><u>College of Applied Health Sciences</u></p> <ul style="list-style-type: none"> •B.S. in Kinesiology 	2.5 GPA	<p>KN 100 @UIC is completed by both first-year and transfer students; ENG 1001; ENG 1002; PSY 1000 (This course is approved for the Understanding the Individual and Society General Education category); MTH 1005; CHM 101 @UIC; PHY 2003; Exploring World Cultures course; Understanding the Creative Arts course; Understanding the Past course; Understanding U.S. Society course; ALH 1000; BIO 1007; BIO 1008</p> <p>https://catalog.uic.edu/ucats/colleges-depts/applied-health-sciences/kin/bn-bn/</p> <p>ahsinfo@uic.edu</p> <p>www.ahs.uic.edu</p> <p style="text-align: right;">3/23</p>
UNIVERSITY OF ILLINOIS SPRINGFIELD	<ul style="list-style-type: none"> • Exercise Science •Health & Fitness •Physical Therapy 		<p>AA, AS or IAI recommended prior to transfer. Major courses - : Exercise Science; Health and Fitness and Physical Therapy core: BIO 1007; BIO 1008; MTH 1008; PSY 1000; SOC 100</p> <p>In addition: Health and Fitness add: CHM 1006 and MTH 100. Physical Therapy add: CHM 1006 and MTH 2001</p> <p>uis.edu/exercise-science</p> <p>217.206.8651</p> <p style="text-align: right;">3/23</p>
UNIVERSITY OF ILLINOIS URBANA CHAMPAIGN	<p><u>College of Applied Health Sciences</u></p> <ul style="list-style-type: none"> •Kinesiology •Kinesiology (Pre-Health Professions) 	3.0 min. GPA with fewer than 45 transfer credits 2.8 min. GPA with 45 or more transfer credits	<p>Recommended prior to transfer: BIO 1007, 1008; ENG 1001, 1002; MTH 1008; PSY 1000; SPH 1001; Language Other than English (3rd level); Campus Wide General Education.</p> <p>In addition to the above recommendations Pre-Health professions are also recommended to transfer with the following coursework : BIO 1003, 1003, 1009; CHM 1006, 1007; PHY 2003, 2004; PSY 1000; SOC 1000.</p> <p>http://ahs.illinois.edu/</p> <p style="text-align: right;">2/25</p>
WESTERN ILLINOIS UNIVERSITY	<ul style="list-style-type: none"> •BS in Physical Education (Teacher Ed.) •BS in Exercise Science (recc for pre AT majors) 	2.0 2.5 (Teacher Ed.)	<p>Physical Education: BIO1007, 1008, EDC2006, MTH1000, 1008 or any IAI MTH course. Can earn Health Endorsement. Dance endorsement available.</p> <p>Exercise Science: ALH1000, MTH1003, MTH1008, BIO1007, 1008, CHM1004, HPE1004 recommended. Students are encouraged to transfer after one year because of the sequencing of required KIN courses at WIU. It will take most students a minimum of 3 years to complete the program once on WIU's campus.</p> <p>#Students must take one Global Issues course or Foreign Lang of 3yrs in HS or 3 coll. sem and one Multicultural Studies course. Courses may double dip Gen Ed/Global or Multi/Global but NOT Gen Ed/Multi, some majors at WIU incorporate the Global Issues course in the lower/ upper-level curriculum. Lower-level courses are marked on the WIU Equiv. guide</p> <p>http://www.wiu.edu/users/mipe/</p> <p style="text-align: right;">5/25</p>