



Connecting you to the resources you need

ILLINOIS VALLEY COMMUNITY RESOURCE GUIDE



Questions? Contact Crystal Credi at 815-224-0575
or crystal_cred@ivcc.edu.

Revised 9/27/2023

TABLE OF CONTENTS

Counseling	1-6
Health	7
Substance Abuse	8-9
Disability Services	10-11
Basic Needs	12-17
Child Care	18
Food Pantries	19-22
Employment	23-25
Transportation	26



COUNSELING

Transformative Growth

for enrolled IVCC students

815 N. Orlando Smith Rd

CTC-202

Oglesby, IL 61348

https://www.ivcc.edu/mental_health_counseling_and_resources/

Stephanie@transformativegrowth.org

7th Fire Counseling

218 W. Madison St.

Ottawa, IL 61350

7thfirecounseling@gmail.com

Phone: (815) 433-4829

Phone: (815) 433-4924

Allied Counseling Group

146 Gooding St.

La Salle, IL 61301

Phone: (815) 224-4522

COUNSELING

Arukah Institute

536 Elm Place

Princeton, IL 61356

Phone: (815) 872-2943

<https://arukahinstitute.org/>

Choices (OSF St. Elizabeth Medical Center)

1207 Starfire Dr.

Ottawa, IL 61350

<https://www.osfhealthcare.org/practices/37/865/osf-saint-elizabeth-behavioral-mental-health/>

Phone: (815) 434-4382

Fax: (815) 431-5298

Crossroads Counseling Services

601 W. Norris Dr.

Ottawa, IL 61350

Phone: (815) 433-5101

COUNSELING

Cynthia Ashley

206 Marquette St.

La Salle, IL 61301

Phone: (815) 223-4337

Evolution Counseling

1555 Naperville/Wheaton Rd. Ste 101

Naperville, IL

Phone: (630) 276-7922

Spanish (Español)

Freedom House

440 Elm St.

Princeton, IL 61356

<https://www.freedomhouseillinois.org/>

Phone: (800) 474-6031

Resources and counseling for survivors of
domestic violence/sexual assault

COUNSELING

Institute for Personal Development

227 Madison St., 2nd floor

Ottawa, IL 61350

Phone: (815) 942-6323

Illinois Valley Counseling Services

747 E. Etna Rd. Ottawa, IL 61350

901 Main St. Mendota, IL 61342

<https://illinoisvalleycounseling.com/>

ivcounselingservices@gmail.com

Phone: (815) 993-1614

Marriage Resource Center of IL Valley

1518 Peoria St.

Peru, IL 61354

<http://www.mrciv.com/>

Phone: (815) 326-9576

Mental Health Crisis Services for Youth

SASS CARES for KIDS

Peru, IL 61354

Phone: (800) 345-9049

COUNSELING

North Central Behavioral Health Systems

2960 Chartres St. La Salle, IL 61301

727 E. Etna Rd Ottawa, IL 61350

526 S. Bureau Valley Pkwy Princeton, IL 61356

111 Spring St. Streator, IL 61364

<https://www.ncbhs.org/contact>

Phone: (815) 434-4727 or (815) 875-4458

New Options Counseling Services, LLC

205 S. Park St., Ste 3

Streator, IL 61364-4448

Phone: (815) 672-1802

Safe Journeys

PO Box 593

Streator, IL 61364

Phone: (815) 672-2353

<http://www.safejourneysillinois.org/>

Resources and counseling for survivors of domestic violence/sexual assault

COUNSELING

The Center for Youth & Family Solutions

815 2nd St.

La Salle, IL 61301

Phone: (815) 223-4007

Counseling, parenting, adoption

Youth Service Bureau

424 W. Madison St. - Ottawa, IL 61350 Phone: (815) 433-3953

12 Gunia Dr., #3 - La Salle, IL 61301 Phone: (815) 223-4151

202 S. Vermillion St., #100 - Streator, IL 61364

Phone: (815) 617-3390

1702 1/2 E. Peru St. - Princeton, IL 61356

Phone: (815) 872-2119

<https://www.ysbiv.org/contact.aspx>

Counseling/parenting

Equine Empowered Counseling Center

5220 Hattons Rd.

Hennepin, IL 61327

Phone: (815) 797-2202

EECC utilizes animals and experiences to navigate the mental health journey.

HEALTH

2-1-1

<https://www.211.org/>

Community Resource Specialist

Crisis/emergency/essential needs

Dial 2-1-1

Hygienic Institute

2970 Chartres St.

La Salle, IL 61301

Phone: (815) 223-0196

Physical Health

La Salle County Planned Parenthood

612 Court St.

Ottawa, IL 61350

<https://www.plannedparenthood.org/health-center>

Women's Health

Abigail Women's Center

1600 Stroble Ave.

Mendota, IL 61342

(815) 538-3044

<https://www.abigailwc.com/services-for-women/>

Women's Health, Prenatal info, Maternity & Baby Clothing

SUBSTANCE ABUSE

Alcoholics Anonymous

1237 1st St.

La Salle, IL 61301

<https://addictionhelp.guide/alcoholics-anonymous-meetings-LaSalle-IL>

Phone: (815) 223-7374

Chestnut Health Systems

1003 Martin Luther King Dr. Bloomington, IL 61701

Phone: (309) 827-6026 *inpatient treatment*

1419 S. Folkers Ave. Peoria, IL 61605

Phone: (309) 824-1191 *outpatient treatment*

<https://www.chestnut.org/locations/>

Gateway

1419 Essington Rd.

Joliet, IL 60435

<https://www.gatewayfoundation.org/>

Phone: (815) 255-6640 *inpatient treatment*

SUBSTANCE ABUSE

Maitri Path to Wellness

<https://maitripathtowellness.com/>

Phone: (815) 780-0690

Email info@MaitriPathToWellness.com

Rosecrance Recovery Center

3815 Harrison Ave.

Rockford, IL 61108

<https://rosecrance.org/locations/rosecrance-harrison-campus/>

Phone: (866) 435-4041 *inpatient treatment*

The Perfectly Flawed Foundation

240 First St.

La Salle, IL 61301

<https://www.perfectlyflawed.org/>

Call or text: (815) 830-8675

Email team@perfectlyflawed.org

Peer support services, harm reduction, education, & advocacy

DISABILITY SERVICES

Friendship House

1718 N. 2525th Rd.

Ottawa, IL 61350

<https://friendshiphouseillinois.org/contact-us/>

friends@ottawafriendship.com

Phone: (815) 434-0737

Fax: (815) 434-0493

Horizon House of Illinois Valley

2000 Plank Rd

Peru, IL 61354

<https://horizonhouseperu.org/>

Phone: (815) 223-4488

Illinois Valley Center for Independent Living (IVCIL)

18 Gunia Dr.

La Salle, IL 61301

<https://ivcil.com/programs/>

Phone: (815) 224-3126

DISABILITY SERVICES

Office of Rehabilitation Services (ORS)

905 2nd St.

La Salle, IL 61301

Phone: (815) 224-1314

Streator Unlimited

305 N. Sterling

Streator, IL 61364

<http://streatorunlimited.org/>

Phone: (815) 673-5574

BASIC NEEDS

2-1-1

<https://www.211.org/>

Community Resource Specialist
Crisis/emergency/essential needs
Dial 2-1-1

A Servant's Heart

<https://ashottawa.org/>

610 W. Jefferson St.
Ottawa, IL 61350
Phone (815) 434-3470
Email info@ashottawa.org

<https://www.facebook.com/ASHottawa1/>

*Community kitchen/crisis intervention for the homeless and
needy*

Catholic Charities: Guardian Angel Outreach for Mothers

OSF HealthCare Center for Health

111 Spring St. Streator, IL 61364

Phone: (815) 673-3966 or (815) 257-5520

<https://cdop.org/catholic-charities/cclasalle/>

Pre & Postnatal education - parenting skills classes - diapers

BASIC NEEDS

Department of Human Services

1560 1st Ave.

Ottawa, IL 61350

Phone: (815) 433-1572

SNAP, medical assistance, cash benefits

Habitat for Humanity

628 Columbus St. Ste 405

Ottawa, IL 61350

<https://www.localhabitat.org/>

Phone (815) 434-2041

Habitat Homes for low-income families based on need

ReStore

1011 Shooting Park Rd.

Peru, IL 61354

<https://www.localhabitat.org/local-news>

(Habitat for Humanity bargain store)

BASIC NEEDS

Housing Authority for La Salle County

526 E. Norris Dr.

PO Box 782

La Salle, IL 61301

<https://www.halc.org/>

Phone: (815) 434-0380

If in need of immediate housing due to domestic violence, complete VAWA paperwork to expedite the processing time.

Faithful Inspirations

307 W. Minnesota St.

Spring Valley, IL 61362

<https://www.facebook.com/Faithful-Inspirations-Free-Store-105827650857655/>

Women & children's clothing & supplies

***Also see Safe Journeys for supplies/resources if this is related to domestic violence or sexual assault (P. 4)**

BASIC NEEDS

IVPADS Homeless Shelter

1120 Canal St. Ottawa, IL 61350

Phone: (815) 433-1292

1320 Menards Dr. Peru, IL 61354

Phone: (815) 224-3047

<https://ivpads.com/>

Salvation Army

126 Bloomington St. Streator, IL 61364

Phone: (815) 672-2746

516 W. Madison St. Ottawa, IL 61350

Phone: (815) 433-0789

<https://satruck.org/>

Social Security Administration

915 Wenzel Rd.

Peru, IL 61354

<https://www.ssa.gov/potentialentitlement/>

Phone: (815) 223-5422

Social Security or Supplemental Social Security Income

BASIC NEEDS

St. Vincent De Paul Society

405 S. Illinois St.

Streator, IL 61364

Phone: (815) 672-3687

This program is aimed at helping Streator residents living in poverty by providing education so participants learn more about their situation, poverty in general, community resources available to them, how to make good choices and decisions, and developing skills that will help make them more successful in the work force.

Tri-County Opportunities Council

<https://tcohelps.org/>

Phone: (800) 323-5434

Resources by county, such as energy assistance, emergency vehicle/housing repairs, Head Start daycare, scholarships, etc.

BASIC NEEDS

WIC (Women's, Infants, & Children)

68 3rd St., RT 6 La Salle, IL 61301 Phone: (815) 223-3405

1806 Seneca Dr. Ottawa, IL 61350 Phone: (815) 431-9389

La Salle County Health Department - WIC

1007 Main St.. Mendota, IL 61342 Phone: (815) 539-9458

OSF Center for Health

111 Spring St. Streator, IL 61364 Phone: (815) 510-9701

Valley Immigrant Advocates

1400 N. LaSalle St.

Ottawa, IL 61350

<https://valleyimmigrant.org/>

CHILD CARE

Child Care Assistance Program (CCAP) IDHS

<https://www.dhs.state.il.us/page.aspx?item=30355>

Phone: (800) 843-6154

Head Start

<https://tcohelps.org/early-head-start/>

<https://tcohelps.org/head-start/>

Phone: (800) 323-5434

YMCA Little Eagles Child Care

for enrolled IVCC students

<https://www.ivcc.edu/specialpopulations/resources.php>

Phone: (815) 223-7904 x035

FOOD PANTRIES

Bureau County Food Pantry

1019 N. Main St.

Princeton, IL 61356

Phone: (815) 875-6064

Community Food Basket

519 Madison St.

Ottawa, IL 61350

<https://www.ottawafoodbasket.org/>

Phone: (815) 431-0155

Five Loaves and Two Fish

235 E. Lundy Lane

Leland, IL 60531

Phone: (815) 224-4522

FOOD PANTRIES

Grace Community Church Food Pantry

1634 N. IL RT 23

Streator, IL 61364

<https://www.streatorgrace.church/>

Phone: (815) 672-7700

Hall Township Food Pantry

500 N. Terry St.

Spring Valley, IL 61362

<http://www.halltwpfoodpantry.org/>

Phone: (815) 663-2085

Illinois Valley Food Pantry

122 Wright St.

La Salle, IL 61301

<https://www.ivfoodpantry.com/>

Phone: (815) 224-3658

FOOD PANTRIES

Marseilles Food Pantry (St. Joseph's Church)

2000 Broadway St.

Marseilles, IL 61341

<https://cityofmarseilles.com/2020/03/25/marseilles-food-pantry-micro-pantry/>

Phone: (815) 795-2614

Mendota Area Christian Pantry

918 Main St.

Mendota, IL 61341

Phone: (815) 538-2211

Putnam County Food Pantry

103 N. Church St.

Granville, IL 61326

Phone: (815) 339-6480

FOOD PANTRIES

Shepherd's Food Pantry

at Servant's Heart Fellowship
2901 N. Peoria St., Ste #2
Peru, IL 61354
Phone: (815) 220-0914

Streatorland Food Pantry

210 N. Wasson St.
Streator, IL 61364
Phone: (815) 673-3688

Walnut Community Food Pantry

111 E. Liberty St.
Walnut, IL 61376
Phone: (815) 379-2494

EMPLOYMENT

All About Personnel

628 Columbus St. Ste 107

Ottawa, IL 61350

<https://aapstaff.com/contact/>

Phone: (815) 324-4034

Business Employment Skills Team (BEST)

1550 1st Ave. Ottawa, IL 61350

Phone: (815) 433-4550

3691 Cougar Dr. Unit B Peru, IL 61354

Phone: (815) 224-7930

225 E. Backbone Rd. Princeton, IL 61364

Phone: (815) 872-0255

IVCC 815 N. Orlando Smith Rd Oglesby, IL 61348

Phone: (815) 224-0370

<http://www.best-inc.org/>

EMPLOYMENT

Express Employment Professionals

2711 Columbus St.

Ottawa, IL 61350

<https://www.expresspros.com/>

Phone: (815) 306-0250

Innovative Staff Solutions

103 5th St.

Peru, IL 61354

<https://www.staffsolutions.com/>

Phone: (815) 780-8695

Manpower

3935 Frontage Rd. - Peru, IL 61354

Phone: (815) 223-7942

747 E. Etna Rd. Suite B - Ottawa, IL 61350

Phone: (815) 433-1940

<https://www.manpower.com/>

EMPLOYMENT

Peoplelink Staffing Solutions

1040 4th St.

Peru, IL 61354

<https://www.peoplelinkstaffing.com/>

Phone: (815) 780-8530

StaffQuick

902 Shooting Park Rd.

Peru, IL 61354

<https://staffquickjobs.com/>

Phone: (779) 201-5985

The Reserves Network

4127 Progress Blvd Ste B

Peru, IL 61354

<https://www.trnstaffing.com/>

Phone: (815) 224-3175

Advance Services, Inc.

1011 Shooting Park Road, Suite 101A

Peru, IL 61354

<https://www.advanceservices.com/locations/peru/>

Phone: (815) 250-0424

TRANSPORTATION

BPART

526 S. Bureau Valley Pkwy, Ste B
Princeton, IL 61356

<https://www.ridebpart.org/>

Phone: (877) 874-8813

NCAT

1784 Chessie Ln
Ottawa, IL 61350

<https://ridencat.com/>

Phone: (833) 433-NCAT (6228)

Email: ncat@ridencat.com

