



ILLINOIS VALLEY COMMUNITY COLLEGE

COURSE OUTLINE

DIVISION: Nursing

**COURSE: ALH – 1214 Certified Nursing Assistant
Sections - All**

Date: Fall, Spring, Summer

Credit Hours: 8

Prerequisite(s): Must pass a fingerprinting background check with no disqualifying convictions, if necessary, have already obtained a waiver from the Illinois Department of Public Health.

Delivery Method:

<input checked="" type="checkbox"/> Lecture	6 Contact Hours (1 contact = 1 credit hour)
<input type="checkbox"/> Seminar	0 Contact Hours (1 contact = 1 credit hour)
<input checked="" type="checkbox"/> Lab	3 Contact Hours (2-3 contact = 1 credit hour)
<input checked="" type="checkbox"/> Clinical	3 Contact Hours (3 contact = 1 credit hour)
<input type="checkbox"/> Online	
<input type="checkbox"/> Blended	

Offered: Fall Spring Summer

IAI Equivalent – **Only for Transfer Courses** - go to <http://www.itransfer.org>.

CATALOG DESCRIPTION:

The Certified Nursing Assistant (C.N.A.) curriculum consists of 1 course which includes lecture, college laboratory practice, and clinical experience in long-term care facility. The C.N.A. Program is approved by the Illinois Dept. of Public Health. A grade of "C" or above in this course is required to be eligible for state certification. Admission to the C.N.A. does not always follow the usual college schedule. Starting dates are announced in the school class schedule and via letter to the registered students. The program can be completed in 8 weeks. The two step T-B test is required for admission to the clinical component of the program. C.N.A. status is required for admission to the RN and/or Practical Nursing Program. Successful completion of this course allows the individual to take the state exam to become certified in the State of Illinois.

1. Must be able to lift 35 pounds with no restriction
2. Must be at least 16 years of age
3. Must be able to speak and understand the English language
4. Must have a valid social security number
5. Must adhere to the strict attendance policy for theory and clinical.
6. Must demonstrate behavior consistent with safe practices without demonstration of addiction, abuse, or dependence on alcohol or drugs.

PLEASE NOTE: All students will be required to have a criminal background check prior to enrolling in this class. A misdemeanor, or felony conviction may prevent you from becoming certified and/or working in a healthcare setting. Please visit www.idph.state.il.us/nar/home.htm for a list of disqualifying convictions and waiver information.

GENERAL EDUCATION GOALS ADDRESSED

[See last page for Course Competency/Assessment Methods Matrix.]

Upon completion of the course, the student will be able:

[Choose up to three goals that will be formally assessed in this course.]

- To apply analytical and problem-solving skills to personal, social, and professional issues and situations.
- To communicate successfully, both orally and in writing, to a variety of audiences.
- To construct a critical awareness of and appreciate diversity.
- To understand and use technology effectively and to understand its impact on the individual and society.
- To develop interpersonal capacity.
- To recognize what it means to act ethically and responsibly as an individual and as a member of society.
- To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit.
- To connect learning to life.

EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

[Outcomes related to course specific goals. See last page for more information.]

Upon completion of the course, the student will be able to:

1. Demonstrate competence in performance of the required skills per IDPH guidelines
2. Identify safety needs of resident and apply safety measures
3. Practice infection control
4. Focus on residents' rights
5. List and demonstrate nursing interventions that can be performed by a nursing assistant
6. Use principles of communication and interpersonal relationships
7. Apply organizational skills
8. Show knowledge of nursing assistant's role within health team

MAPPING LEARNING OUTCOMES TO GENERAL EDUCATION GOALS

[For each of the goals selected above, indicate which outcomes align with the goal.]

Goals	Outcomes
First Goal	
To apply analytical and problem-solving skills to personal, social, and professional issues and situations.	<p>Will demonstrate competence in performance of the required skills per IDPH guidelines</p> <p>Will identify safety needs of resident and apply safety measures</p> <p>Will practice infection control</p> <p>Will focus on residents' rights</p> <p>Will list and demonstrate nursing interventions that can be performed by a nursing assistant</p> <p>Will use principles of communication and interpersonal relationships</p> <p>Will apply organizational skills</p> <p>Will show knowledge of nursing assistant's role within health team</p>

COURSE TOPICS AND CONTENT REQUIREMENTS:

Outcome 1 - ...demonstrate IDPH Performance Skills

Student will be able to:

Competency 1.1 - show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.

Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.

Outcome 2 - ...identify safety needs of resident and apply safety measures

Student will be able to:

Competency 2.1 - identify patient/resident

Competency 2.2 - identify safety needs of patient/resident

Competency 2.3 - apply safety measures with patient/resident in bed.

Competency 2.4 - apply safety measures when transferring patient/resident.

Competency 2.5 - apply safety measures with patient/resident out of bed.

Competency 2.6 - use proper body mechanics.

Outcome 3 - ...practice infection control

Student will be able to:

Competency 3.1 - wash hands

Competency 3.2 - apply aseptic measures

Competency 3.3 - use Standard Precautions

Competency 3.4 - describe special procedures for Transmission-Based Precautions

Competency 3.5 - demonstrate gowning technique

Outcome 4 - ...focus on patient/resident rights

Student will be able to:

Competency 4.1 - provide privacy

Competency 4.2 - explain procedures

Competency 4.3 - maintain confidentiality

Outcome 5 - ...list and demonstrate nursing interventions that can be performed by a nursing assistant

Student will be able to:

Competency 5.1 - list correct sequence for baths

Competency 5.2 - demonstrate nursing interventions

Outcome 6 - ...use principles of communication and interpersonal relationships

Student will be able to:

Competency 6.1 - define principles of communication and interpersonal relationships

Competency 6.2 - explain principles of communication and interpersonal relationships

Competency 6.3 - use principles of communication and interpersonal relationships

Outcome 7 - ...apply organizational skills

Student will be able to:

Competency 7.1 - describe organization of work at clinical

Competency 7.2 - follow clinical routine

Competency 7.3 - finish clinical assignment on time

Outcome 8 - ...show knowledge of nursing assistant's role within health team

Student will be able to:

Competency 8.1 - define and demonstrate role of nursing assistant

Competency 8.2 - define and demonstrate functions of nursing assistant

Competency 8.3 - define and demonstrate responsibilities of nursing assistant

Competency 8.4 - describe health team

COURSE CONTENT:

A. Your Working Environment and The Patient in Isolation

1. Demonstrate hand washing
2. Use Standard Precautions. Apply personal protective equipment.
3. Demonstrate and discuss Transmission-Based Precautions and procedures

B. The Patient's Unit

1. Demonstrate bed making
2. Demonstrate occupied bed making

C. CPR

1. Demonstrate CPR skills

D. Nutrition

1. Demonstrate and/or discuss serving meal trays and feeding

E. Lifting, Moving and Transporting

1. Demonstrate using proper body mechanics
2. Demonstrate proper use of a gait (transfer) belt
3. Demonstrate safe lifting, moving, ambulating, transferring and transporting
4. Demonstrate proper use of a mechanical lift
5. Demonstrate proper side-lying positioning
6. Demonstrate Passive Range of Motion (PROMs)

F. Personal Care

Demonstrate, perform, observe, report and record:

1. Partial bath, tub/showering procedures;
2. Perineal care;
3. Back massage;
4. Dressing and undressing;
5. Oral hygiene;
6. Care of hair
7. Proper care of fingernails;
8. Proper foot care;
9. Shaving a resident

G. Demonstrate, discuss, perform

1. Use of incontinent pad, disposable brief, bedpan and urinal
2. Care of patient/resident with indwelling catheter

H. Safety

1. Discuss the importance of reporting changes in patient/resident care plan
2. Demonstrate safe handling and transfer of a resident
3. Discuss the importance of safety in work place
4. Demonstrate and/or discuss applying restraints

5. Discuss/demonstrate the proper positioning of a patient/resident with feeding tube

I. Fluid Balance

1. Calculate, report and record Intake and Output
2. Discuss dehydration and edema

J. Observing and Recording Vital Signs

1. Demonstrate how to properly measure, report and record temperature, pulse, respiration and blood pressure.

K. Patient Care Planning

1. Demonstrate how to measure, report and record height and weight
2. Discuss care plans and observations for changes
3. Discuss the importance of reporting significant changes immediately.

L. Performance Skills Testing

M. Supervised Clinical Practice

1. Minimum 40 hours per IDPH guidelines

INSTRUCTIONAL METHODS:

- Lecture
- Discussion
- Laboratory Practice
- Demonstrations
- Return Demonstrations
- Clinical - Supervised Resident Care

INSTRUCTIONAL MATERIALS:

TEXTBOOK/WORKBOOK:

Sorrentino, Sheila A. Nursing Assistants. 10th ed. St. Louis: Mosby 2020

Kelly, R., Mosby's Workbook for Nursing Assistants, 10th ed. St. Louis: Mosby 2020

American Heart Association CPR Booklet

STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

To meet the objectives of ALH 1214 a student must demonstrate competence in the performance of IDPH required skills testing. The instructor will follow IDPH guidelines:

1. Manual skills will be evaluated by an approved evaluator (your clinical instructor)
2. Skills will be practiced before testing (on campus during lab)
3. Skills will be evaluated on a one-to-one basis (in lab and at clinical)
4. Skills cannot be evaluated with the student using a manikin
5. Skills testing must be done with a person. The person can be a resident, another student, or the instructor.

The student must also satisfactorily practice or discuss other skills listed on the Lab/Clinical schedule.

The student will maintain legal requirements and ethical standards and follow institutional policies.

Evidence of unsafe, ineffective or unreliable basic nursing care will result in failure of the course.

Grading Scale:

A = 93 - 100

B = 84 - 92

C = 75 - 83

D = 68 -74 or below (ineligible to sit for the state exam)

F = 67 or below

Grading Policy:

The student must pass the theory portion with a 75% or better, and pass lab/clinical to be considered eligible to sit for the state competency exam. If a student's grade for theory is 75% or better but fails to pass any one of the required skills after the "3" allowable attempts in lab/clinical, will result in an "F" for the course. If a student's clinical performance is satisfactory but earns a 74% or less for theory, they will have failed the course.

The student will demonstrate giving basic care to one or more patients/residents within the time frame allowed at clinical. The student will be given "3" allowable attempts to competently perform and pass each required skill per IDPH guidelines as described on the course evaluation.

OTHER REFERENCES

IVCC Nursing Handbook
Course Syllabus

Course Competency/Assessment Methods Matrix

(Dept/# Course Name)	Assessment Options																																		
For each competency/outcome place an "X" below the method of assessment to be used.	Assessment of Student Learning	Article Review	Case Studies	Group Projects	Lab Work	Oral Presentations	Pre-Post Tests	Quizzes	Written Exams	Artifact Self Reflection of Growth	Capstone Projects	Comprehensive Written Exit Exam	Course Embedded Questions	Multi-Media Projects	Observation	Writing Samples	Portfolio Evaluation	Real World Projects	Reflective Journals	Applied Application (skills) Test	Oral Exit Interviews	Accreditation Reviews/Reports	Advisory Council Feedback	Employer Surveys	Graduate Surveys	Internship/Practicum /Site Supervisor Evaluation	Licensing Exam	In Class Feedback	Simulation	Interview	Written Report	Assignment			
	Direct/ Indirect	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	I	I	I	I	D	D									
Assessment Measures – Are direct or indirect as indicated. List competencies/outcomes below.																																			
Outcome 1 ...demonstrate IDPH Performance Skills				X				X						X				X																	
Competency 1.1 - show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.				X				X						X				X																	
Competency 1.2 - demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.				X				X						X				X																	
Outcome 2 - ...identify safety needs of resident and apply safety measures				X				X						X				X																	
Competency 2.1 - identify patient/resident																		X																	
Competency 2.2 - identify safety needs of patient/resident																		X																	

