

ILLINOIS VALLEY COMMUNITY COLLEGE



Course Syllabus

Division: Health Professions

Course: THM 1228

Therapeutic Massage Clinical II

Date: Summer 2006
Semester Hours: 2
Lecture hours per week: 0
Labs hours per week: 0
Seminar hours per week: 2
Other hours: Clinical, 5 hrs per week
Prerequisite: THM 1200, THM 1204, THM 1206, THM 1208, THM 1214, THM 1216, THM 1218 or a certified massage therapist

Semester Offered: Summer
Instructor(s): Cherie Monterastelli
Office A-218
Office Phone: 224-0507
Home Phone: 434-0973

Office Hours:
By Appointment

I. CATALOG DESCRIPTION

This course continues the learning experiences of THM1218 Therapeutic Massage Clinical I, requiring the massage student to engage more deeply in critical thinking, safety, assessment, and documentation as well as understanding the scope of practice and roles of other health care disciplines. In the student clinical setting, therapeutic massage students have the opportunity to apply the massage principles, techniques and procedures in a professional therapeutic massage environment to members of the community. Under the direction of the clinical supervisor, students are expected to demonstrate proper ethics, client/therapist communication skills, proper draping techniques, sanitary precautions, perform a full body massage based on client needs and properly document the session for the client's record. Students are expected to massage three clients consecutively, to demonstrate professional behavior, and to attend a weekly seminar.

II. EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

Upon completion of the course, the student will be able to:

1. Effectively communicate demonstrating professionalism with clients before, during and after the massage therapy session.
2. Properly assess client information.
3. Perform a full body massage to fit the assessed needs and interests of the client.
4. Develop an awareness of the availability of community healthcare professionals for client recommendation or referral.
5. Appropriately document the massage therapy session.

Outcome 1: Effectively communicate demonstrating professionalism with clients before, during and after the massage therapy session.

- Competency 1.1: Demonstrate professionalism in clinical setting.
- Competency 1.2: Define and describe verbal and non-verbal communication technique.
- Competency 1.3: Identify potential blocks to communications.
- Competency 1.4: Recognize and describe professional boundaries.
- Competency 1.5: Apply knowledge of professional boundaries to the student-client relationship.

Outcome 2: Properly assess client information.

- Competency 2.1: Review client intake forms and notes in client folders integrating client communications.
- Competency 2.2: Visually assess and palpate obvious abnormalities during massage therapy session.
- Competency 2.3: Identify and analyze potential problem areas for client.
- Competency 2.4: Formulate and flex massage therapy session based on assessed findings.

Outcome 3: Perform a full body massage to fit the assessed needs and interests of the client.

- Competency 3.1: Demonstrate variations in Swedish massage techniques with client during session.
- Competency 3.2: Demonstrate and perform passive range of motion and stretching techniques with client during session.
- Competency 3.3: Accurately perform at least three (3) of various integrative modalities, such as: reflexology, lymphatic drainage, triggerpoint therapy, myofascial release, acupressure, therapeutic touch, chakra holds, etc.

Outcome 4: Develop an awareness of the availability of community healthcare professionals for client recommendation or referral.

- Competency 4.1: Identify community healthcare professionals and their scope of practice.
- Competency 4.2: Be able to list three (3) names of healthcare professionals in at least four (4) different disciplines.
- Competency 4.3: Create a network of community professional massage therapists for personal support and possible client referral.

Outcome 5: Appropriately document the massage therapy session.

- Competency 5.1: Understand legal principles of formal documentation.
- Competency 5.2: Briefly and concisely document subjective and objective client information.
- Competency 5.3: Accurately document extent of massage session.
- Competency 5.4: Integrate client feedback into documentation process.
- Competency 5.5: Properly document abnormal findings identified during the massage therapy session.

III. COURSE CONTENT:

Course materials will be distributed.

IV. INSTRUCTIONAL METHOD:

Supervised Client Sessions	Feedback: Supervisor/Clients/Peers
Demonstrations	Seminar
Discussions	Lecture

V. INSTRUCTIONAL MATERIALS:

- Required Books
- Required Supplies
- Handouts
- Forms
- Videos

VI. STUDENT REQUIREMENTS AND METHODS OF EVALUATION:

All student clinical requirements, including required supplies and equipment, will be distributed.

GRADING SYSTEM

This is a pass/fail course.

Evaluation Methods

- Participation in clinicals and seminars.
- Self-evaluation forms.
- Supervisor evaluation forms.
- Client evaluation forms.
- Peer evaluation forms.

The clinical supervisor and the student will complete a student evaluation. In order to complete the Therapeutic Massage Certificate program, the student must receive a “pass” grade for the clinical.

VII. REFERENCES:

Required Books:

Fritz, S. Fundamentals of Therapeutic Massage. Mosby, 2000.

McIntosh, N. The Educated Heart. LWW. 2005

Thompson, D. Hands Heal: Documentation for Massage Therapy. Diana L. Thompson, 2006.

VIII. EMERGENCY PROCEDURES/SEVERE WEATHER:

- A. Class cancellation due to inclement weather will be announced on local radio stations.
- B. Students will be notified of class cancellation due to instructor absences through the telephone tree.

IX. COLLEGE WITHDRAWAL POLICY:

It is the responsibility of the student to officially withdraw from class according to the procedures described in the college catalog. Any student who does not officially withdraw by the withdrawal deadline () will receive a letter grade.

X. INCOMPLETE

All course requirements must be completed by the end date for the course. If there are extenuating circumstances which merit granting a student more time to finish course requirements, an incomplete grade (“I”) may be given. To receive an incomplete, an Incompleted Grade Contract Form must be completed and approved. If the requirements are not completed the “I” may revert to an “F”. Students should discuss the incomplete contract with the instructor.

XI. ATTENDANCE POLICY

Attendance at all clinics is required. All learning requires attendance and participation. Because of the nature of the therapeutic massage program, attendance is expected at all classes. It is also expected that the students will be present for the entire class. Students that are having problems with attendance will be asked to review their commitment to the therapeutic massage program.

There are no excused absences. If a third absence should occur in a class, the student will be required to meet with the program coordinator or the instructor in order to determine appropriate make-up work for time missed. A Learning Contract will be written and signed by the student and the instructor or program coordinator. Each additional absence will result in a 10% deduction from the final grade.

Classes start on time with attendance taken. Students who are late or who leave early will lose time. Each one half hour of class missed will be 25% of an absence. Please inform the instructor when you arrive late or leave early to receive accurate credit for your attendance or you will be assigned credit according to the instructor’s estimate of your arrival and departure.