



ILLINOIS VALLEY COMMUNITY COLLEGE

COURSE OUTLINE

DIVISION: Nursing

COURSE: NUR 1211 Holistic Nursing I

Date: Spring 2023

Credit Hours: 5

Complete all that apply or mark "None" where appropriate:

Prerequisite(s): NUR 1200, NUR 1100, ALH 1002, BIO 1007, BIO 1009

Enrollment by assessment or other measure? Yes No

If yes, please describe:

Corequisite(s): None

Pre- or Corequisite(s): ALH 1000, PSY 1000, BIO 1008

Consent of Instructor: Yes No

Delivery Method:	<input checked="" type="checkbox"/> Lecture	3 Contact Hours (1 contact = 1 credit hour)
	<input type="checkbox"/> Seminar	0 Contact Hours (1 contact = 1 credit hour)
	<input checked="" type="checkbox"/> Lab	1.5 Contact Hours (2-3 contact = 1 credit hour)
	<input checked="" type="checkbox"/> Clinical	4.5 Contact Hours (3 contact = 1 credit hour)

Offered: **Fall** **Spring** **Summer**

CATALOG DESCRIPTION and IAI NUMBER (if applicable):

The focus of this course is the nursing care of clients with the most commonly experienced problems of the respiratory, cardiovascular, gastrointestinal, urinary, endocrine, and integumentary systems across the life span. Students are provided an opportunity to utilize critical thinking, the nursing process, nursing skills, and theoretical knowledge in a variety of health care settings.

ACCREDITATION STATEMENTS AND COURSE NOTES:

The IVCC Associate Degree Nursing Program is accredited by the Accreditation Commission for Education of Nursing (ACEN). This course is part of the nursing curriculum used to prepare students for entry into the nursing profession. Students must earn a C or better in this course to progress in the nursing program.

COURSE TOPICS AND CONTENT REQUIREMENTS:

Unit 1 Care of the Client with Respiratory Disorders
Unit 2 Care of the Client with Cardiac & Hematological Disorders
Unit 3 Care of the Client with Gastrointestinal Disorders
Unit 4 Care of the Client with Endocrine Disorders
Unit 5 Care of the Client with Renal Disorders
Unit 6 Care of the Client with Integumentary Disorders

INSTRUCTIONAL METHODS:

Lecture	Online computer programs
Discussion	Audio-visual
Seminars	Quizzes and Exams
Clinical practice and evaluation	Guest speakers
Podcasts	In-class activities
Case Studies	Simulations

EVALUATION OF STUDENT ACHIEVEMENT:

Students must earn a C or better in this course to remain in the nursing program.

Grading Scale: The Nursing Program grading scale as outlined in the Nursing Handbook

93-100 A
86-92 B
80-85 C
70-79 D
Below 70 F

A grade of 80.00% (with no rounding) or above is required to pass the theory portion of the course.

The clinical portion of the course is a pass/fail. In order to pass a nursing course with a clinical component, a passing grade must be obtained both in the clinical and theory components.

INSTRUCTIONAL MATERIALS:

Textbooks

***Indicates e-book version available in Student's Evolve Account**

Ackley, B.J., Ladwig, G.B., & Flynn Makic, M. B. (2017). *Nursing diagnosis handbook: An evidenced-based guide to planning care* (12th ed.). St. Louis: Mosby-Elsevier.

Harding, M., Snyder, J. (2020). *Clinical Reasoning cases in nursing*. (7th ed.). St. Louis: Elsevier.

Ignatavicius, D.D., Workman, M. L., & Rebar, C. R. (2021). *Medical-Surgical nursing: Concepts for interprofessional collaborative care* (10th ed.). St. Louis: Elsevier-Saunders.

- *LaCharity, L.A., Kumagi, C.K., & Hosler S. (2021). *Prioritization, Delegation, and Assignment (5th ed.)*.
- Lilley, L.L., Collins, S., & Snyder, J.S. (2017). *Pharmacology and the nursing process (9th ed.)*. St. Louis: Mosby-Elsevier.
- VanMeter, K. C. & Hubert, R. (2014). *Gould's pathophysiology for the health professions, (7th ed.)*. St. Louis: Saunders-Elsevier.
- *Wilson, S. F., & Giddens, J. F. (2021). *Health Assessment for Nursing Practice (7th ed.)*

Resources

Recent nursing drug guide.

Recent nursing laboratory and diagnostic test guide.

LEARNING OUTCOMES AND GOALS:

Institutional Learning Outcomes

- 1) Communication – to communicate effectively;
- 2) Inquiry – to apply critical, logical, creative, aesthetic, or quantitative analytical reasoning to formulate a judgement or conclusion;
- 3) Social Consciousness – to understand what it means to be a socially conscious person, locally and globally;
- 4) Responsibility – to recognize how personal choices affect self and society.

Course Outcomes and Competencies

Upon completion of the course, the student will be able to:

- 1. Demonstrate nursing judgment using the nursing process framework in order to address basic concepts of health conditions related to select body systems.**
 - 1.1 Identify the normal anatomy and physiology of select body systems.
 - 1.2 Describe the pathophysiology of selected health problems covered in this course.
 - 1.3 List the signs and symptoms of the client experiencing selected health problems.
 - 1.4 Compare and contrast different medical and surgical modalities used in the treatment of course specific illnesses.
 - 1.5 Create a clinical reasoning project for a client with a health problem related to course specific illnesses.
 - 1.6 Perform a head-to-toe assessment on a client, identifying the signs and symptoms of course specific illnesses.
 - 1.7 Apply the nursing process and critical thinking to select nursing diagnoses while caring for clients with selected health problems in the acute care setting.
 - 1.8 Demonstrate clinical reasoning through setting measurable and realistic goals and selecting the most significant nursing interventions stemming from nursing diagnoses related to the course specific illnesses.
 - 1.9 Perform nursing interventions and evaluate their effectiveness as selected and as ordered by the physician for course specific illnesses.
 - 1.10 Employ evidence-based practice by seeking valid, up-to-date, resources to answer clinically based questions.
 - 1.11 Identify legal/ethical behavior and practices within professional standards.
- 2. Applies therapeutic communication techniques to establish/maintain a nurse/client relationship in various community settings.**
 - 2.1 Examine the communication techniques used with clients in the acute care setting.

2.2 Demonstrate the use of informatics in the clinical setting through the proper use of the electronic medical record.

3. Identify and implement basic therapeutic and evidence-based nursing interventions in providing holistic care to clients/aggregates with selected health problems.

3.1 Identify the diagnostic tests necessary in the care of clients with course related illnesses, and the nursing care associated with these tests.

3.2 Examine the actions, uses, usual dosages, side effects, and nursing implications for the most commonly used medications applicable to this course.

3.3 Distinguish between different therapeutic diet modifications for selected health problems.

3.4 During one clinical practicum, provide complete nursing care for one to two patients with selected health problems.

3.5 Demonstrate the skills necessary for the assessment of the course specific body systems.

4. Identify and apply quality improvement and safety initiatives in the acute care setting

4.1 Identify and apply quality improvement and safety initiatives in the acute care setting.

4.2 Implement the Quality and Safety Education in Nursing (QSEN) initiative.

4.3 Describe assessment activities designed to identify client's physical psychosocial, and cognitive status as it pertains to safety.

4.4 Readily identify relevant nursing diagnoses associated with risks to safety.

4.5 Display the knowledge, skills, and attitudes necessary to promote safety in a health care setting.

5. Demonstrate the ability to provide the prescribed plan of nursing care to clients/aggregates in collaboration with other members of the health care team.

5.1 Seek opportunities that will broaden the student's knowledge base and professional growth.

5.2 Utilize goal-oriented communication to promote teaching and learning within the clinical and community arenas.

5.3 Demonstrate leadership skills when working with peers and other professionals in the clinical setting.

6. Describe the biopsychosocial adaptation responses of culturally diverse clients across the lifespan.

6.1 Recognize the uniqueness of all individuals and deliver care that is in line with individual needs.

6.2 Demonstrate therapeutic nursing measures adapted to culturally diverse individuals in the healthcare setting.

6.3 Provide culturally congruent care in the health care setting.

7. Assimilate attributes of professional behavior.

7.1 Exhibit elements of professional behavior.

7.2 Demonstrate professional accountability and integrity.

7.3 Recognize and participate in nursing practice as an active, dynamic process requiring life-long learning.