



# **ILLINOIS VALLEY COMMUNITY COLLEGE**

## **COURSE OUTLINE**

**DIVISION: Nursing Division**

**COURSE: NUR 1211 Holistic Nursing I**

Date: Spring 2018

Credit Hours: 5.0

Prerequisite(s): NUR 1201, NUR 1202, BIO 1007, BIO 1008, BIO 1009, ALH 1000, PSY 1000

Delivery Method:

<input checked="" type="checkbox"/> Lecture	<b>3 Contact Hours (1 contact = 1 credit hour)</b>
<input checked="" type="checkbox"/> Seminar	<b>0.5 Contact Hours (1 contact = 1 credit hour)</b>
<input type="checkbox"/> Lab	<b>0 Contact Hours (2-3 contact = 1 credit hour)</b>
<input checked="" type="checkbox"/> Clinical	<b>1.5 Contact Hours (3 contact = 1 credit hour)</b>
<input type="checkbox"/> Online	
<input type="checkbox"/> Blended	

Offered:  Fall  Spring  Summer

IAI Equivalent –**Only for Transfer Courses**-go to <http://www.itransfer.org>:

### **CATALOG DESCRIPTION:**

The focus of this course is the nursing care of clients with the most commonly experienced problems of the respiratory, cardiovascular, gastrointestinal, urinary, endocrine, and integumentary systems across the life span. Students are provided an opportunity to utilize critical thinking, the nursing process, nursing skills, and theoretical knowledge in a variety of health care settings.

## GENERAL EDUCATION GOALS ADDRESSED

*[See last page for Course Competency/Assessment Methods Matrix.]*

### Upon completion of the course, the student will be able:

*[Choose up to three goals that will be formally assessed in this course.]*

- To apply analytical and problem solving skills to personal, social, and professional issues and situations.
- To communicate successfully, both orally and in writing, to a variety of audiences.
- To construct a critical awareness of and appreciate diversity.
- To understand and use technology effectively and to understand its impact on the individual and society.
- To develop interpersonal capacity.
- To recognize what it means to act ethically and responsibly as an individual and as a member of society.
- To recognize what it means to develop and maintain a healthy lifestyle in terms of mind, body, and spirit.
- To connect learning to life.

### EXPECTED LEARNING OUTCOMES AND RELATED COMPETENCIES:

*[Outcomes related to course specific goals. See last page for more information.]*

#### Upon completion of the course, the student will be able to:

- 1.1 Identify the normal anatomy and physiology of select body systems.
- 1.2 Describe the pathophysiology of selected health problems covered in this course.
- 1.3 List the signs and symptoms of the client experiencing selected health problems.
- 1.4 Compare and contrast different medical and surgical modalities used in the treatment of course specific illnesses.
- 1.5 Create a clinical reasoning project for a client with a health problem related to course specific illnesses.
- 1.6 Perform a head-to-toe assessment on a client, identifying the signs and symptoms of course specific illnesses.
- 1.7 Apply the nursing process and critical thinking to select nursing diagnoses while caring for clients with selected health problems in the acute care setting.
- 1.8 Demonstrate clinical reasoning through setting measurable and realistic goals and selecting the most significant nursing interventions stemming from nursing diagnoses related to the course specific illnesses.
- 1.9 Perform nursing interventions and evaluate their effectiveness as selected and as ordered by the physician for course specific illnesses.
- 1.10 Employ evidence-based practice by seeking valid, up-to-date, resources to answer clinically based questions.
- 1.11 Identify legal/ethical behavior and practices within professional standards.

#### **2. Use therapeutic communication techniques to establish/maintain a nurse/client relationship in various community settings.**

- 2.1 Examine the communication techniques used with clients in the acute care setting.
- 2.2 Demonstrate the use of informatics in the clinical setting through the proper use of the electronic medical record.

3. **Practice therapeutic nursing by identifying biopsychosocial adaptation to applied therapies used for health promotion, maintenance, and restoration of client(s) with selected health conditions related to the listed body systems.**
  - 3.1 Identify the diagnostic tests necessary in the care of clients with course related illnesses, and the nursing care associated with these tests.
  - 3.2 Examine the actions, uses, usual dosages, side effects, and nursing implications for the most commonly used medications applicable to this course.
  - 3.3 Distinguish between different therapeutic diet modifications for selected health problems.
  - 3.4 During one clinical practicum, provide complete nursing care for one to two patients with selected health problems.
  - 3.5 Demonstrate the skills necessary for the assessment of the course specific body systems.
4. **Provide safe care in the acute care setting, utilizing quality improvement and safety initiatives to effectively care for clients.**
  - 4.1 Identify and apply quality improvement and safety initiatives in the acute care setting.
  - 4.2 Implement the Quality and Safety Education in Nursing (QSEN) initiative.
  - 4.3 Describe assessment activities designed to identify client's physical psychosocial, and cognitive status as it pertains to safety.
  - 4.4 Readily identify relevant nursing diagnoses associated with risks to safety.
  - 4.5 Display the knowledge, skills, and attitudes necessary to promote safety in a health care setting.
5. **Demonstrate the ability to provide the prescribed plan of nursing care to clients/aggregates in collaboration with other members of the health care team.**
  - 5.1 Seek opportunities that will broaden the student's knowledge base and professional growth.
  - 5.2 Utilize goal-oriented communication to promote teaching and learning within the clinical and community arenas.
  - 5.3 Demonstrate leadership skills when working with peers and other professionals in the clinical setting.
6. **Describe the biopsychosocial adaptation responses of culturally diverse clients across the lifespan.**
  - 6.1 Recognize the uniqueness of all individuals and deliver care that is in line with individual needs.
  - 6.2 Demonstrate therapeutic nursing measures adapted to culturally diverse individuals in the healthcare setting.
  - 6.3 Provide culturally congruent care in the health care setting.
7. **Demonstrate attributes of professional behavior.**
  - 7.1 Exhibit elements of professional behavior.
  - 7.2 Demonstrate professional accountability and integrity.
  - 7.3 Recognize and participate in nursing practice as an active, dynamic process requiring life-long learning.

## **MAPPING LEARNING OUTCOMES TO GENERAL EDUCATION GOALS**

*[For each of the goals selected above, indicate which outcomes align with the goal.]*

<b>Goals</b>	<b>Outcomes</b>
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First Goal	
To recognize what it means to act ethically and responsibly as an individual and as a member of society.	1.11 Identify legal/ethical behavior and practices within professional standards.

**COURSE TOPICS AND CONTENT REQUIREMENTS:**

- Unit 1 Care of the Client with Respiratory Disorders
- Unit 2 Care of the Client with Cardiac Disorders
- Unit 3 Care of the Client with Gastrointestinal Disorders
- Unit 4 Care of the Client with Endocrine Disorders
- Unit 5 Care of the Client with Renal Disorders
- Unit 6 Care of the Client with Integumentary Disorders

**INSTRUCTIONAL METHODS:**

- |                                  |                          |
|----------------------------------|--------------------------|
| Lecture                          | Online computer programs |
| Discussion                       | Audio-visual             |
| Seminars                         | Quizzes and Exams        |
| Clinical practice and evaluation | Guest speakers           |
| Podcasts                         | In-class activities      |
| Case Studies                     |                          |
| Simulations                      |                          |

**INSTRUCTIONAL MATERIALS:**

- Textbooks
- Handouts
- Audio-visual
- Computer programs

**STUDENT REQUIREMENTS AND METHODS OF EVALUATION:**

- A= 93-100%
- B= 86-92%
- C= 80-85%
- D= 70-79%
- F= Below 70%

**REQUIRED REFERENCES:**

Ackley, B.J., Ladwig, G.B., & Flynn Makic, M. B. (2017). *Nursing diagnosis handbook: An evidenced-based guide to planning care* (10<sup>th</sup> ed.). St. Louis: Mosby-Elsevier.

- Gasper, M.L. & Dillon, P. M. (2012). *Clinical simulations for nursing education*. Philadelphia, PA: F. A. Davis Company.
- Hockenberry, M.J., Wilson, D., & Rodgers, C. C. (2017). *Wong's essentials of pediatric nursing* (10th ed.). St. Louis: Saunders- Elsevier.
- Ignatavicius, D.D., Workman, M. L., & Rebar, C. R. (2018). *Medical-Surgical nursing: Concepts for interprofessional collaborative care* (9th ed.). St. Louis: Elsevier-Saunders.
- LaCharity, L., Kumagai, C. K., & Bartz, B. (2014). *Prioritization, delegation, and assignment* (3rd ed.). St. Louis: Mosby-Elsevier.
- Lilley, L.L., Collins, S., & Snyder, J.S. (2017). *Pharmacology and the nursing process* (8th ed.) St. Louis: Mosby-Elsevier.
- Rischer, K. (2015). *Think Like a Nurse: Practical Preparation for Professional Practice* (2nd ed.). KeithRN.com.
- VanMeter, K. C. & Hubert, R. (2014). *Gould's pathophysiology for the health professions*, (5th ed.). St. Louis: Saunders-Elsevier.
- Wilson, S.F. & Giddens, J.F. (2017). *Health assessment for nursing practice* (6th ed.). St. Louis: Mosby-Elsevier.
- Recent nursing drug guide.*
- Recent nursing laboratory and diagnostic test guide.*

**ONLINE RESOURCES:**

- Evolve RN Case Studies.
- Mosby's Nursing Skills* videos.
- Evolve Adaptive quizzing for Pediatric and Medical-surgical textbooks.
- Sylvestri, L. (2014). *HESI Saunders Online Comprehensive Review for the NCLEX-RN Exam* (6th ed.). Elsevier.
- LaCharity, L., Kumagai, C. K., & Bartz, B. (2014). *Prioritization, Delegation, and Assignment* (3rd ed). Mosby-Elsevier.

**RECOMMENDED RESOURCES:** Any recent Growth and Development Textbook and Nutrition Textbook.

# Course Competency/Assessment Methods Matrix

(Dept/# Course Name)	Assessment Options																																			
For each competency/outcome place an "X" below the method of assessment to be used.	Assessment of Student Learning	Article Review	Case Studies	Group Projects	Lab Work	Oral Presentations	Pre-Post Tests	Quizzes	Written Exams	Artifact Self Reflection of Growth	Capstone Projects	Comprehensive Written Exit Exam	Course Embedded Questions	Multi-Media Projects	Observation	Writing Samples	Portfolio Evaluation	Real World Projects	Reflective Journals	Applied Application (skills) Test	Oral Exit Interviews	Accreditation Reviews/Reports	Advisory Council Feedback	Employer Surveys	Graduate Surveys	Internship/Practicum /Site Supervisor Evaluation	Licensing Exam	In Class Feedback	Simulation	Interview	Written Report	Assignment				
	Direct/ Indirect	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	I	I	I	I	D	D										
1.1 Identify the normal anatomy and physiology of select body systems.				X	X				X					X																						
1.2 Describe the pathophysiology of selected health problems covered in this course.					X				X					X																						
1.3 List the signs and symptoms of the client experiencing selected health problems.			X						X					X																						
1.4 Compare and contrast different medical and surgical modalities used in the treatment of course specific illnesses.			X		X																															X
1.5 Create a clinical reasoning project for a client with a health problem related to course specific illnesses.														X				X																	X	

1.6 Perform a head-to-toe assessment on a client, identifying the signs and symptoms of course specific illnesses.					X																	X	X	X	X											
1.7 Apply the nursing process and critical thinking to select nursing diagnoses while caring for clients with selected health problems in the acute care setting.				X	X																			X	X	X	X									
1.8 Demonstrate clinical reasoning through setting measurable and realistic goals and selecting the most significant nursing interventions stemming from nursing diagnoses related to the course specific illnesses.				X	X																			X	X	X	X									
1.9 Perform nursing interventions and evaluate their effectiveness as selected and as ordered by the physician for course specific illnesses.				X	X																			X	X	X	X									
1.10 Employ evidence-based practice by seeking valid, up-to-date, resources to answer clinically based questions.				X	X																			X	X	X	X									
1.11 Identify legal/ethical behavior and practices within professional standards.				X	X																			X	X	X	X									
<b>2. Use therapeutic communication techniques to establish/maintain a nurse/client relationship in various community settings.</b>				X	X																															X
2.1 Examine the communication techniques used with clients in the acute care setting.				X	X																															X
2.2 Demonstrate the use of informatics in the clinical setting through the proper use of the electronic medical record.				X	X																			X	X	X	X									

3. Practice therapeutic nursing by identifying biopsychosocial adaptation to applied therapies used for health promotion, maintenance, and restoration of client(s) with selected health conditions related to the listed body systems.																					X	X	X	X						
3.1 Identify the diagnostic tests necessary in the care of clients with course related illnesses, and the nursing care associated with these tests.																														
3.2 Examine the actions, uses, usual dosages, side effects, and nursing implications for the most commonly used medications applicable to this course.																														
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4.4 Readily identify relevant nursing diagnoses associated with risks to safety.				X	X																	X		X							X					
4.5 Display the knowledge, skills, and attitudes necessary to promote safety in a health care setting.				X	X																		X		X						X					
<b>5. Demonstrate the ability to provide the prescribed plan of nursing care to clients/aggregates in collaboration with other members of the health care team.</b>																																				
5.1 Seek opportunities that will broaden the student's knowledge base and professional growth.																							X		X						X					
5.2 Utilize goal-oriented communication to promote teaching and learning within the clinical and community arenas.																							X		X						X					
5.3 Demonstrate leadership skills when working with peers and other professionals in the clinical setting.																							X		X						X					
<b>6. Describe the biopsychosocial adaptation responses of culturally diverse clients across the lifespan.</b>																																				
6.1 Recognize the uniqueness of all individuals and deliver care that is in line with individual needs.				X	X																		X		X						X					
6.2 Demonstrate therapeutic nursing measures adapted to culturally diverse individuals in the healthcare setting.				X	X																		X		X						X					
6.3 Provide culturally congruent care in the health care setting.				X	X																		X		X						X					
<b>7. Demonstrate attributes of professional behavior.</b>																																				
7.1 Exhibit elements of professional behavior.																							X		X						X					
7.2 Demonstrate professional accountability and integrity.																							X		X						X					

7.3 Recognize and participate in nursing practice as an active, dynamic process requiring life-long learning.									x											x	x	x	x	x					
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