



ILLINOIS VALLEY COMMUNITY COLLEGE

COURSE OUTLINE

DIVISION: Health Professions (HP)

COURSE: CNA 1214: Certified Nursing Assistant

Effective Date: Fall 2025 **Submitted Date:** Oct-24

Credit Hours: 8 **IAI Number (if applicable):** N/A

Complete all that apply or mark “None” where appropriate:

Prerequisite(s): Negative 10-panel drug screen; criminal background check (A felony or certain misdemeanors may prevent you from working in a healthcare setting); ability to fulfill clinical requirements.

Enrollment by assessment or other measure? Yes No

If yes, please describe:

Corequisite(s): None.

Pre- or Corequisite(s): None.

Consent of Instructor: Yes No

Delivery Method:	<input checked="" type="checkbox"/> Lecture	6 Contact Hours (1 contact = 1 credit hour)
	<input type="checkbox"/> Seminar	0 Contact Hours (1 contact = 1 credit hour)
	<input checked="" type="checkbox"/> Lab	2.25 Contact Hours (2-3 contact = 1 credit hour)
	<input checked="" type="checkbox"/> Clinical	3 Contact Hours (3 contact = 1 credit hour)
	<input type="checkbox"/> Practicum	0 Contact Hours (2-4 contact = 1 credit hour)
	<input type="checkbox"/> Internship	0 Contact Hours (5-10 contact = 1 credit hour)

Offered: **Fall** **Spring** **Summer**

CATALOG DESCRIPTION:

This course is designed for students interested in working in long-term care facilities, home health agencies, and hospitals, and is a pre-requisite of the IVCC Nursing Program (RN/LPN). This course includes 180 hours of instruction, that includes 96 hours of theory, 36 hours of laboratory, and 48 hours of clinical experience in a long-term care facility approved by the Illinois Department of Public Health.

A two-step TB test, fingerprinting background check, and negative 10-panel drug screen are required for admission to the course.

Successful completion of this course allows the individual to take the state exam to become certified in the State of Illinois.

ACCREDITATION STATEMENTS AND COURSE NOTES:

Clinical Requirements:

1. Students must pass a criminal fingerprint background check, with no disqualifying convictions. Fingerprinting must be completed one week prior to the start of class. If this is not completed, student will be withdrawn from the course. If necessary, a student must have already obtained a waiver from the Illinois Department of Public Health.
2. All students are required to have a drug test and required immunizations for clinical.
3. The two step T-B test is required for admission to the clinical component of the program.

Further information is available through the CNA Program Coordinator.

COURSE TOPICS AND CONTENT REQUIREMENTS:

- I. Demonstrate competence in performance of the required skills per IDPH guidelines.
- II. Identify safety needs of resident and apply safety measures.
- III. Practice infection control.
- IV. Focus on residents' rights.
- V. List and demonstrate nursing interventions that can be performed by a nursing assistant.
- VI. Use principles of communication and interpersonal relationships.
- VII. Apply organizational skills.
- VIII. Show knowledge of nursing assistant's role within health team.

INSTRUCTIONAL METHODS:

- Lecture
- Discussion
- Laboratory Practice
- Demonstrations
- Return Demonstrations
- Clinical - Supervised Resident Care

EVALUATION OF STUDENT ACHIEVEMENT:

All students successfully completing the course must take and pass the "hands-on" skills and written, State approved, competency evaluation. With successful passing, the student's name is placed on the Illinois Department of Public Health "IDPH" Health Care Worker Registry.

To meet the objectives of this course, a student must demonstrate competence in the performance of IDPH required skills testing. The instructor will follow IDPH guidelines:

1. Manual skills will be evaluated by an approved evaluator (your clinical instructor)
 2. Skills will be practiced before testing (on campus during lab)
 3. Skills will be evaluated on a one-to-one basis (in lab and at clinical)
 4. Skills cannot be evaluated with the student using a manikin
 5. Skills testing must be done with a person. The person can be a resident, another student, or the instructor.
- The student must also satisfactorily practice or discuss other skills listed on the Lab/Clinical schedule.
 - The student will maintain legal requirements, ethical standards and follow institutional policies.
 - Evidence of unsafe, ineffective, or unreliable basic nursing care will result in failure of the course.

Grading Scale:

A = 93 - 100

B = 84 - 92

C = 75 - 83

D = 68 -74 or below (ineligible to sit for the state exam)

F = 67 or below

Grading Policy:

- The student must pass the theory portion with a 75% or better, and pass lab/clinical to be considered eligible to sit for the state competency exam.
- If a student's grade for theory is 75% or better but fails to pass any one of the required skills after the "3" allowable attempts in lab/clinical, will result in an "F" for the course.
- If a student's clinical performance is satisfactory but earns a 74% or less for theory, they will have failed the course.
- The student will demonstrate giving basic care to one or more patients/residents within the time frame allowed at clinical.
- The student will be given "3" allowable attempts to competently perform and pass each required skill per IDPH guidelines as described on the course evaluation.
- A grade of "C" or above in this course is required to be eligible for State certification exam.

INSTRUCTIONAL MATERIALS:

Textbooks

Sorrentino, Sheila A. Nursing Assistants. 10th ed. St. Louis: Mosby 2020

Kelly, R., Mosby's Workbook for Nursing Assistants, 10th ed. St. Louis: Mosby 2020

American Heart Association CPR Booklet, American Heart Association 2020

LEARNING OUTCOMES AND GOALS:

Institutional Learning Outcomes

- 1) Communication – to communicate effectively.
- 2) Inquiry – to apply critical, logical, creative, aesthetic, or quantitative analytical reasoning to formulate a judgement or conclusion.
- 3) Social Consciousness – to understand what it means to be a socially conscious person, locally and globally.
- 4) Responsibility – to recognize how personal choices affect self and society.

Course Outcomes and Competencies

1. Demonstrate IDPH Performance Skills

- 1.1. Show proficiency in IDPH Skills by meeting IDPH criteria for successful outcome of various tasks.
- 1.2. Demonstrate proficiency in IDPH Skills by following IDPH criteria for performing various tasks.

2. Identify safety needs of resident and apply safety measures

- 2.1. Identify patient/resident.
- 2.2. Identify safety needs of patient/resident.
- 2.3. Apply safety measures with patient/resident in bed.
- 2.4. Apply safety measures when transferring patient/resident.
- 2.5. Apply safety measures with patient/resident out of bed.
- 2.6. Use proper body mechanics.

3. Practice infection control

- 3.1. Wash hands.
- 3.2. Apply aseptic measures.
- 3.3. Use standard precautions.
- 3.4. Describe special procedures for Transmission-Based Precautions.
- 3.5. Demonstrate gowning technique.

4. Focus on patient/resident right
 - 4.1. Provide privacy.
 - 4.2. Explain procedures.
 - 4.3. Maintain confidentiality.

5. List and demonstrate nursing interventions that can be performed by a nursing assistant
 - 5.1. List correct sequence for baths.
 - 5.2. Demonstrate nursing interventions.

6. Use principles of communication and interpersonal relationships
 - 6.1. Define principles of communication and interpersonal relationships.
 - 6.2. Explain principles of communication and interpersonal relationships.
 - 6.3. Use principles of communication and interpersonal relationships.

7. Apply organizational skills
 - 7.1. Describe organization of work at clinical.
 - 7.2. Follow clinical routine.
 - 7.3. Clinical assignment on time.

8. Show knowledge of nursing assistant's role within health team
 - 8.1. Define and demonstrate role of nursing assistant.
 - 8.2. Define and demonstrate functions of nursing assistant.
 - 8.3. Define and demonstrate responsibilities of nursing assistant.
 - 8.4. Describe health team.