

IVCC 100

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CONTINUING EDUCATION CENTER



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Fall 2024 Schedule | ivcc.edu/enroll





A JOURNEY THROUGH TIME BILL ARKINS

Bill (William) Arkins, at 94 years young, recently embarked on a day trip with his daughter, Peggy Miskowicz, coordinated through the IVCC Continuing Education Center. Their destination: Baraboo, Wisconsin, where they explored the International Crane Foundation and the New Life Lavender Farm. The trip reminded him of a trip he and his wife, Kaye, took to the lavender fields of Provence. For Bill, being on campus and participating in an IVCC lifelong learning program brought back memories of the time he attended LPO Junior College, 76 years ago.

Early Life and Education

Bill Arkins grew up in the river town of LaSalle, where he attended St. Patrick's

School and later St. Bede Academy. Encouraged by his mother, he enrolled at LPO Junior College in 1947. Reflecting on his time there, Bill fondly recalled, "It was the best thing I ever did." His mother's advice was clear:

"If you get your degree in pharmacy, you can go anywhere."

This wisdom propelled Bill toward a future filled with promise and opportunity. At LPO, Bill learned the value of diligent study and perseverance. He and his classmates often utilized a study room on the second floor, just outside the library. "My professors were very good and down to earth," he remembered. Inspired by his chemistry teacher, and encouraged by his accounting teacher, Bill felt that LPO provided a solid foundation for his future career. "I feel I got a great education, and it was a great transition," he said.

University Life and Early Career

Bill's academic journey continued at the University of Illinois Chicago's Circle Campus; during this time he worked in the pharmacy at the renowned Drake Hotel. There, he encountered movie stars, sports teams, and even the head of Montgomery Wards. Despite living in a modest 12' x 6' room and managing on a tight budget, Bill embraced these experiences with enthusiasm. His adventures extended beyond the classroom. He fondly recalled dancing the night away to the Johnnie Kaye Orchestra at Washington School for just a dollar. He applied to the Coast Guard Academy but was drafted into the Army during the Korean War. There, he joined an intelligence division known as the "Grey Flannel School." One of his most memorable assignments was interviewing a cabinet member from Harry Truman's administration.

Family and Legacy

After his military service, he returned home, when his father fell ill, to run the family pharmacy in Oglesby, continuing a legacy with Arkins Pharmacy for several decades. It was at this pharmacy that Bill met his future wife, Kaye (Harl) Arkins. Their serendipitous meeting over twenty cents worth of peanuts blossomed into a beautiful marriage that lasted 67 years. Together, they raised six children: Peggy, Jill, Tim, Amy, Pat, and Brian, and were blessed with thirteen grandchildren. Four of Bill's children have attended IVCC, and his brother, James, and sister, Fern, were graduates of LPO Junior College in the 30's.

Reflections and Future Plans

Bill reminisced about his time at LPO, cherishing the friendships he made with schoolmates like Jack Tauscher, Norlyn Allison, Don Baker, Evelyn Moyle, Robert Mueller, Frank Lecocq and twins Bill and Frank Vlastnik. "We never forgot where we came from. They were nice guys," he said, reflecting on the camaraderie that persisted despite the challenges of wartime.

Today, Bill remains active and curious about the world around him. He is contemplating a trip along the Columbia River or up the Pacific Coast. When asked about the secret to his longevity, Bill attributed it to "clean living, religion, believing in something, keeping moving, and keeping your mind active."

As Bill Arkins looks back on his remarkable journey, from his formative years at LPO Junior College to his enduring legacy with Arkins Pharmacy, he remains a testament to the power of education, hard work, and unwavering optimism. His story is a reminder that life's most extraordinary adventures often begin with a simple step forward, guided by the wisdom of those who believe in us.

"I feel I got a great education, and it was a great transition," Bill Arkins

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CAREER TRAINING PROGRAMS

Illinois Valley Community College, in collaboration with Ed2Go, provides a range of online open enrollment programs tailored to equip individuals with the essential skills needed to secure professional-level positions in high-demand occupations.

***Tuition includes exam voucher and all required textbooks and/or eBooks. Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of a material shipment confirmation.**

Accelerate your skills and fast-track toward a new career today!

Areas of Study:

- Arts and Design
- Business
- Computer Science/Applications
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

For a full list of our Career Training Programs visit careertraining.ivcc.edu or scan the QR code.



Featured Programs:

The Complete Project Manager with CAPM and PMP Prep

250 Hours | 12 Months | \$2,575

This is a comprehensive project management program for those who want to expand their knowledge and application of project management concepts. It is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications

NEW! CompTIA Certification

390 Hours | 12 Months | \$4,275

Begin your journey as an IT professional by preparing for the CompTIA A+ certification exams (220-1101 & 220-1102), the Network+ certification exam (N10-008), and the Security+ certification exam (SY0-601). This bundle will give you all the tools you need to succeed in the ever-growing field of IT and stand out to future employers.

Medical Billing and Coding

370 Hours | 12 Months | \$2,995

Train for an in-demand healthcare career and prepare for industry certification in this comprehensive course. This high-demand field opens doors to diverse career paths and equips you with the knowledge needed for success. Upon completion, you will receive a Certificate of Completion from IVCC and your choice of voucher for professional certification.

Certified AWS Developer

40 Hours | 3 Months | \$1,995

The AWS Developer course is designed for intermediate-level software developers and those looking to learn more about AWS's developing capabilities. You will learn how to use the AWS SDK to develop secure and scalable cloud applications and how to interact with AWS. This course can be used to prepare for the AWS Certified Developer – Associate exam.

Certified Paralegal

225 Hours | 12 Months | \$2,695

In this online course, you will train for a career as a paralegal. You will learn how to fulfill the standard duties associated with this vital role. After completing this course, you will be prepared to sit for and pass the Certified Paralegal (CP) exam.

Digital Marketing Strategist

400 Hours | 12 Months | \$3,865

Learn how to integrate digital, social, and content marketing verticals to drive engagement. You will also learn best practices for using today's most effective marketing tools.

Cybersecurity Bootcamp

595 Hours | 6 Months | \$4,275

The Cybersecurity Boot Camp will help you earn the skills and credentials required to enter the cybersecurity workforce. Throughout this comprehensive six-month course, you will be asked to spend 15-25 hours a week to master the material, including basics from computer hardware and networking, network security, offensive, defensive security, and ethical hacking. You will also cover CompTIA A+, Network+, Security+, CySA+, Ethical Hacking, and Pentest certifications.

How to Register:

1. Visit our **Online Instruction Center** at ed2go.com/ivcc
2. At the top, click **"Courses"** and begin browsing.
3. Find your class and register by selecting **"Enroll Now."**
4. Follow the instructions to create an account, enroll in your program, and pay for your course.
5. On the day your program begins, return to our Online Instruction Center, and click the **"My Classroom"** link.
6. To begin your studies, simply log in with your email and the password you selected during enrollment.

Please call our office at (815) 224-0427 for assistance!

IVCC has financial assistance opportunities for eligible students within approved programs!

1. **The Pipeline for the Advancement of the Healthcare Workforce (PATH)** is a grant designed specifically for individuals seeking to enhance their skills in existing healthcare professions or embark on a new career in the field!
 - Visit www.ivcc.edu/path to learn more
 - If the funding application is not listed, funding is currently unavailable
 - For more information, please contact:
Lexis_leiteritz@ivcc.edu
(815) 224-0490
2. **Business Employment Skills Team, Inc. (BEST)** is a non-profit agency that administers federally funded programs such as Workforce Innovation & Opportunity Act (WIOA).
 - Approved Programs Include: **Medical Billing & Coding, Pharmacy Technician and Surgical Technician**
 - Visit www.best-inc.org to learn more
 - For more information, please contact:
info@best-inc.org
(815) 224-0375

3. **Military Spouse Career Advancement Account (MyCAA)** is a workforce development program that provides up to \$4,000 in financial assistance to eligible military spouses for the pursuit or maintenance of a license, certification, or associate degree necessary to gain employment in an occupation or career field.
- Visit mycaa.militaryonesource.mil/mycaa/ for additional information
 - Select 'SEARCH FOR PROGRAMS & SCHOOLS' and type in Illinois Valley Community College to see approved programs

PLEASE NOTE: Financial assistance for our programs is not guaranteed and depends on eligibility and the availability of funds. Each opportunity listed has varying application requirements and different approved programs.

Featured Healthcare Programs:

Call Lexis Leiteritz-Buckley (815) 224-0490 for more information or assistance with registration!

Patient Care Technician



[325 Hours | 12 Months]

Patient Care Technicians are crucial healthcare professionals who play a vital role in assisting medical staff in providing care to patients. With the occupation demand at an all-time high, after successfully completing this patient care technician program and certification exam, you can become a technician primarily focused on direct patient care and support within a hospital, clinic, long-term care facility, or home health care.

This course will provide you with comprehensive, all-inclusive training, to assist you in pursuing a new career as a patient care technician and includes a pre-paid voucher to sit for one of the following certification exams:

- Certified Patient Care Technician/Assistant (CPCT/A) certification exam through the National Healthcareer Association (NHA)
- Patient Care Technician (PCTC) certification exam through American Medical Certification Association (AMCA), upon eligibility.

**Training and certification requirements for patient care technicians vary by state, healthcare setting, and employer. Students are responsible for determining the training and certification requirements of employers in the states in which they wish to work.*

Online Self-Paced

Tuition: \$2,795

Surgical Technician - NEW!

(In-Person; Limited Seats)

Noncredit Workforce

Training Grant eligible

Call Lexis Leiteritz-Buckley at (815) 224-0490 for grant eligibility information.

[72 Hours | 24 Sessions]

Surgical Technicians are vital members of the surgical team working under the supervision and authority of surgeons, within the scope of practice of state law and hospital policy. These surgical team members help prepare the operating room by setting up sterile surgical instruments, equipment, supplies, and medications.

Our new Surgical Technician program is designed to prepare students for certification. In this hands-on program, students will learn about the role of surgical technicians in operating rooms and surgical teams, covering anatomy, physiology, and medical conditions. They'll study infection control, manage surgical tools and medications for various procedures, and prepare patients pre-, during, and post-surgery. Students will also learn to set up surgical environments, assist in procedures, and comply with ethical and legal standards, all while effectively communicating and caring for diverse patient needs. Upon successful completion of the program, students will be eligible to sit for certification exam(s):

- National Workforce Career Association (NWCA) Surgical Technician Certification (STC) Certification (<http://www.nwca.org/>)
- National Center for Competency Testing (NCCT) Surgical Technologist (www.ncctinc.com)
- American Allied Health National Certification and Registration Surgical Technician Online National Certification (<https://www.americanallihealth.com/>)

Dates: August 20, 2024 - November 14, 2024

Day: Tuesday & Thursday Evenings

Time: 6-9 PM

Location: IVCC Oglesby Campus

No Class: Oct 31, Nov 5

Class meets in-person

Tuition: \$1,599 \$799

Certified Medical Administrative Assistant



[160 Hours | 6 Months]

Are you interested in entering a high-demand field? Our CMAA course is tailored to provide you with the skills needed for a dynamic role as an administrative medical assistant, a versatile and invaluable member of the healthcare team. patient flow within an office to ensure operational efficiency, increased revenue,

and a positive patient experience. This online certification course specifically focuses on preparing you for a position where you'll collaborate with medical providers, taking on crucial administrative duties including welcoming patients, and visitors, scheduling appointments, gathering demographic information, looking at patient's insurance eligibility, collecting copayments, facilitating communication through both phone and patient portals and more!

Upon completion, you will be prepared for the **Certified Medical Administrative Assistant (CMAA) national certification exam offered by the National Healthcareer Association (NHA)**. An exam voucher is included with the cost of tuition.

*This program also includes an opportunity to participate in clinical experience. To qualify, students must successfully complete the online course and have account balances up to date. Going through the clinical experience application process does not guarantee a placement.

Online Self-Paced

Tuition: \$1,895

Pharmacy Technician



[400 Hours | 12 Months]

This online course provides a comprehensive curriculum designed to prepare aspiring pharmacy technicians for a successful career in the field. Through a combination of didactic and hands-on training, students will develop the skills necessary to assist pharmacists in the packing and distribution of medication. The course covers essential topics such as medical and pharmaceutical terminology, basic anatomy relevant to pharmacology, and pharmaceutical calculations.

As part of the course, participants will engage in online lab modules, offering hands-on practice in various retail pharmacy procedures. This practical experience encompasses processing prescriptions, handling physician orders, and filling mock prescriptions. Additionally, the course delves into the ethical aspects of pharmacy practice, offering education on prescription medications, patient care, and interaction, along with insights into charges and reimbursement processes.

Upon completion of the course, students will be well-prepared to sit for their certification exam:

- Pharmacy Technician Certification Exam (PTCE) offered by the Pharmacy Technician Certification Board (PTCB).

Students are provided a voucher to cover the fee for the exam. Additionally, students will also have the

option to perform a hands-on, 100-hour practicum experience. *Practicum experiences are based on individual state board requirements.*

Online Self-Paced

Tuition: \$2,995

Sterile Processing Technician



[190 Hours | 12 Months]

Sterile Processing Technicians (SPT) play a critical role in preventing infection by sterilizing, cleaning, processing, assembling, storing, and distributing medical supplies. This online sterile processing technician certification course will train you to work as an SPT and prepares you for the *Certified Registered Central Service Technician (CRCST) certification offered by the Healthcare Sterile Processing Association (HSPA)*. This course includes a voucher which is prepaid access to sit for the certification exam upon eligibility.

With the support of an instructor, you will learn all the necessary steps required to perform the duties and tasks of an SPT, as well as the details and expectations within the concepts of the role and gain proficiency in understanding the step-by-step requirements of the sterilization process. The course also includes an opportunity to participate in a clinical experience.

**To qualify for the clinical experience application process, students must complete the online course successfully and have account balances up to date (at a minimum). Going through the clinical experience application process does not guarantee a placement.*

Online Self-Paced

Tuition: \$2,795

Nursing

C.N.A. Train the Trainer Online

This course will consist of 5 weeks of online instruction. Students will spend time completing readings, discussion postings and assignments. 50 contact hours are earned. Basic computer skills which will be helpful include: creating, saving and retrieving word documents, attaching documents, communicating via email, copying and pasting within documents and web addresses in the internet browser, and, exploring the internet.

The instructor will contact students by email a few days prior to the start of class with a link to the

online class and instructions on how to get started. The e-mail is sent directly from Canvas, the learning management system used for class.

This course is being conducted in compliance with Illinois Department of Public Health (IDPH) regulations in accordance with Illinois Administrative Code Section 395.160

NOTE: Instructor requirements (section 395.160) have changed effective February 20, 2020 – affecting nurses with nursing degrees of BSN and higher. Check these requirements before registering for this course! To view the requirements, click on the following link: <http://www.ilga.gov/commission/jcar/admincode/077/077003950A01600R.html>.

NOTE: Direct questions pertaining to these requirements and RN's eligibility to IDPH Training & Technical Section, Randy Carey-Walden at dph.bnapt@illinois.gov. Required textbook: DeYoung, S. (2015). *Teaching Strategies for Nurse Educators (3rd)*. Pearson Education, Inc.: Upper Saddle River, N.J. ISBN: 978-0133565232. This textbook must be purchased prior to the start of class, and can be purchased online through the IVCC Bookstore at ivcccampus.com.

Registration Deadline: Sep 5, 2024

Online Course: Sep 9-Oct 11

5 weeks

Barbara Meinke

Class ID: 16531

\$500

NEW! Anxiety Disorders: An Integrative Approach

Anxiety disorders are the third most commonly occurring mental disorders, manifested by disturbances of mood, thinking, behavior and physiological activity. The five major types of anxiety disorders include generalized anxiety disorder (GAD), obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), social phobia disorder (or social anxiety disorder), and panic disorder. At the end of this course, the learner will be able to provide an overview of the types of anxiety disorders, describe conventional treatment modalities and examine integrative treatment approaches. **[2.5 CE]**

3 Months

Class ID: 18085

\$44

Online Self-Guided

NEW! Certificate in Integrative Behavioral Health

This groundbreaking certificate demonstrates the dramatic shift taking place as a growing number of alternative, holistic, and integrative therapies are being used to treat mental disorders. While the field of integrative medicine emphasizes treating the mind, body, and spirit, integrative mental health

offers a new approach to treating mental disorders by applying conventional and evidence-based complementary and alternative therapies. While medication and psychotherapy can save lives, they can also be part of an integrative solution to mental health conditions. Topics covered include anxiety disorders, Alzheimer's disease, bipolar disorders in children and adolescents, chronic pain, depression, sleep disorders, mental health and aging. The outcome of this certificate is for the learner to describe various mental disorders and alternative, holistic, and integrative therapies that are being used to treat these disorders. **[24 CE]**

3 Months

Class ID: 17910

\$144

Online Self-Guided

NEW! Certificate in Pain Assessment & Management

Pain assessment and management is a crucial part of compassionate and effective patient care. Healthcare providers must be more accurate with their pain assessment skills and more effective in their pain management strategies. Scientific advancements in the understanding of the mechanisms of pain, multidisciplinary methods of assessment and management, the wide array of integrative treatment strategies, and the improvement of medications to treat pain have contributed to the wealth of knowledge in this area. The learner will be able to describe key elements related to pain assessment and management, especially in specific populations.

[14 CE]

3 Months

Class ID: 17770

\$79

Online Self-Guided



Counselors, Therapists, Nurses

All online live courses meet via Zoom. Participants will receive an email from IVCC with the zoom link for the session within 24 hours of the program. Participants need access to a computer with high-speed internet.

NEW! Sedative Hypnotic Pharmacology: Understanding Use Disorders and Treatment Considerations

This class will cover concepts related to the pharmacology of sedative-hypnotics, including alcohol and prescription medications, detoxification and withdrawal, and treatment considerations. Specific topics covered include: the history of sedative-hypnotic usage and the development of modern sedative-hypnotics, the pharmacology of sedative-hypnotics, including alcohol and prescription tranquilizers, the impact of sedative-hypnotics on various body systems, typical withdrawal syndromes and detoxification strategies, treatment options, including medication-assisted therapies. medically assisted therapies for sedative-hypnotic substance use disorders. [3 CE]

Wed 1-4 PM Sep 18
1 Session Peggi White
Online Live Class ID: 18147 \$49

NEW! Stimulant Pharmacology and ASAM Guidelines for Stimulant Use Disorder

This live webinar will cover the pharmacology of various stimulants and provide an overview of the ASAM clinical guidelines for treating stimulant use disorders. Whether you're a counselor, therapist, or registered nurse, this workshop will highlight what you should know about stimulants. The following topics will be covered: the history of various types of stimulants and their uses, metabolism of stimulants in the body, effects of stimulants on organ function, neuroadaptation and withdrawal associated with stimulants and the latest treatment recommendations for stimulant use disorder based on the ASAM Clinical Guidelines. [3 CE]

Wed 1-4 PM Dec 4
1 Session Peggi White
Online Live Class ID: 18150 \$49

NEW! Understanding Alzheimer's and Dementia

Communicating with someone who has dementia or Alzheimer's disease requires sensitivity and an understanding of the progressive nature of the condition. As dementia advances, individuals often experience difficulties in understanding and expressing language. This course provides information on strategies when communicating with someone with dementia. The class will also provide an overview of the assessment, diagnosis, and management of dementia or Alzheimer's disease, as well as care planning following diagnosis. This course is open to everyone, with a focus for healthcare professionals who provide healthcare services to and have direct patient interactions with adult populations age 26 or older. This class meets the Illinois licensure requirement for one-hour training on the diagnosis, treatment, and care of individuals with Alzheimer's disease and other dementias. *This course is free to participants. Nurses, nursing home administrators, counselors, social workers, respiratory technicians, occupational therapists and physical therapists wishing to receive CE hours will pay a \$20 transcription fee. [1 CE]

Thu 12-1 PM Sep 19
1 Session Cynthia DeGroot
Online Live
Community Members: Class ID: 18141 *Free
Health Care Professionals: Class ID: 18140
*\$20 CE Transcription fee

Computers

Computer Basics & Internet Safety

Updated for Windows 11

Designed for beginners, this class will teach you the fundamentals of using a computer safely. This hands-on class covers essential skills such as powering on, logging in, proper typing, using desktop applications, browsing the internet and understanding email basics. You will also learn how to stay safe online by identifying and avoiding scams. By the end of these sessions, you will have gained valuable hands-on experience and a basic understanding of Windows 11, personal computers and safe internet practices. The instructor works at a comfortable pace to ensure a thorough understanding of each concept. **Students are required to have an email address prior to class. If you need assistance, please contact our office at 815-224-0427.**

Mon 12:30-4:30 PM Sep 9-23
3 Sessions Lexis Buckley
Rm 112 Class ID: 16520 \$149
Ottawa Center

Microsoft Excel Level 1

Using hands-on demonstrations, you will work through basic Excel skills such as; creating a worksheet; entering and editing data; selecting cell and ranges; printing worksheets; creating formulas and functions; formatting cell contents; inserting and deleting columns, rows and cells; creating different types of charts; and more. *Textbook is required and can be purchased at ivccbookstore.com. CEU: .6

Fri 1-4 PM Sep 20 & 27
2 Sessions Pamela Klarup
A-323, IVCC Class ID: 16706 \$89

Microsoft Excel Level 2

Topics include working with large worksheets and multi-sheet workbooks; building advanced functions; creating and formatting tables; PivotTables and charts; troubleshooting formulas and more. *Textbook is required and can be purchased at ivccbookstore.com. CEU: .6

Fri 1-4 PM Oct 11 & 18
2 Sessions Pamela Klarup
A-323, IVCC Class ID: 16707 \$89

Presentation Mash-up: PowerPoint, Google Slides & Canva

In this multi-content session, you will explore various ways to create and format slides with themes in PowerPoint. Learn how to change your presentations into video as well as creating a presentation utilizing A.I. In addition to that, you will touch upon on how to download and share files in Google, as well as work on a team project in Canva. Lots of great tips-being shared...you won't want to miss! **Participants must have a Google Drive and Canva accounts in order to participate in this class. If you do not currently have an account, you must set up an account prior to the class.** CEU: .15

Fri 1-2:30 PM Nov 1
1 Session Pamela Klarup
A-323, IVCC Class ID: 16708 \$49

NEW! Introduction to Chat GPT

Unlock the power of Artificial Intelligence (AI) with ChatGPT, the fastest-growing app in the world. With over 100 million users within the first two months of launch, discover why everyone is talking about this revolutionary platform. In this course, you'll learn how AI tools can dramatically increase your productivity and provide you with a competitive advantage in the workplace. Designed for anyone seeking to acquire new skills, you'll gain an understanding of the capabilities of AI tools and how to leverage them

to achieve your goals faster and easier than ever before. Don't get left behind in the AI revolution - join this course and learn how to capitalize on the opportunities it presents. Whether you're a seasoned professional or just starting out, this course is for you. Take the first step towards unlocking your full potential with ChatGPT. **CEU: 1.6**

Sep 3-28 **4 Weeks**
Online **Class ID: 16666** **\$195**

QuickBooks Online [Level 1]

Get a comprehensive understanding of QuickBooks Online, one of the most popular cloud-based accounting programs and preferred choice for small business managers, owners, bookkeepers and accounting professionals. In four hands-on units you will learn how to use QuickBooks Online. You will need to have or purchase a subscription to QuickBooks Online. **CEU: 1.6**

After successfully completing this course, you will be able to:

1. Enter G/L customer, vendor inventory opening balances
2. Set up sales and reconciliation with credit/ debit cards
3. Create reports and update budgets
4. Use multiple currencies and serve foreign customers
5. Prepare customer statements
6. Handle bad debts & NSF checks

Sep 3-28 **4 Weeks**
Online **Class ID: 16654** **\$195**

QuickBooks Online [Level 2]

Move on to more advanced QuickBooks Online topics. Become capable with such skills as how to customize settings, banking, credit cards, foreign currencies, statements for debts collection, bank reconciliations, using tags and projects. **CEU: 1.6**

Oct 7-Nov 1 **4 Weeks**
Online **Class ID: 16655** **\$195**

NEW! Harnessing the Power of AI: Practical Applications for Adults

Explore the transformative potential of artificial intelligence with Brian Pichman in this engaging session designed to empower you with one of the latest tools. Brian will demystify AI, showcasing its practical applications across various fields. Discover how AI can be a powerful tool in your arsenal, from enhancing business operations to improving daily life. Learn about the latest AI technologies, how to implement

them, and the ethical considerations involved. This talk is perfect for anyone looking to understand and leverage AI for personal or professional growth. This class will meet in a computer lab so that you can have hands-on practice and experience working with artificial intelligence.

Fri 5:30-7:30 PM **Nov 8**
1 Session **Brian Pichman**
CTC-119, IVCC **Class ID: 18202** **\$49**

NEW! Introduction to Windows 11

Master the basic skills you need for Windows 11, the new operating system from Microsoft, which offers a more robust, more powerful, and unique computing experience. In this course, you will gain the foundation you need to start using Windows 11. **CEU 2.4**

3 Month Access **Class ID: 17981** **\$129**
Online Self-Guided

Business

Sexual Harassment Prevention

This 30-minute online course meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Topics include sexual harassment laws, responsibilities of employers, protections for employees regarding sexual harassment in the workplace and information needed if seeking to file a report. A link to the online course will be provided in your registration confirmation email and you will be given 30 days to complete. A certificate of completion will be issued upon successful completion of the online content and quiz. **[1 CE]**

Online **Class ID:16480** **\$20**
1 Session **Annie Monyok**

NEW! CyberSecurity for Business Owners: Protecting Against Malicious Actors

Join Brian Pichman, IVCC's Chief Security Information Officer (CISO), for an insightful session on cybersecurity explicitly tailored for business owners. In this talk, Brian will dive into the critical importance of safeguarding your business from malicious actors. Learn about the latest threats in the digital landscape and discover practical strategies to protect your sensitive data, secure your network, and prevent cyber-attacks. Gain valuable knowledge on implementing robust security measures and creating a cyber-resilient business environment.

Fri 2-4 PM **Nov 8**
1 Session **Brian Pichman**
CTC-124, IVCC **Class ID: 18201** **\$49**

NEW! Certificate in Strategic Planning

Strategic planning is an activity that all leaders do, and only leaders do. It is an essential skill to acquire for emerging and developing leaders. As some 70% of strategic plans fail or are not implemented fully, unearth the secrets and tactics for the successful strategic planning. Solidify your skill set and conquer this challenging and exciting area of leadership. *The following courses are included in the certificate and must be taken in the order below.* **CEU: 4.8.**

Introduction to Strategic Planning.

Every organization needs to position itself differently for success in this century. Come away with both the conceptual tools and a new leadership approach to move from dreams to reality for your organization, and your career. Learn an 8-stage model for needs assessment and marketing research.

Communicating Your Vision

Lead your organization to its strategic goals by learning how to overcome communications barriers and deliver both positive and negative messages appropriately. Use storytelling techniques to communicate more dynamically, both in person and in writing. Turn your dusty mission statement into an engaging strategic vision; and avoid inflicting "death by PowerPoint" on your audience with better presentation and public speaking skills.

Implementing Your Strategic Plan

Turn the strategic plan into action. Learn how to break down your goals into actionable steps. Make decisions collaboratively to engage your team and ensure better use of their abilities. Keep them on track by effectively using modern communications tools and holding better meetings. Engage your institution positively to gain its support. Finally, ensure success by managing change effectively when obstacles arise and by developing your staff into a high-performance team that delivers on its goals.

Sep 3-Nov 29 **13 Weeks**
Online **Class ID: 16670** **\$495**

Bookkeeping Certificate

Whether you are an entrepreneur, running a family business, or just looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure and manage the financial health of your business. This program focuses on cash basis accounting. No one will care more about the financial health of your business than you! It's imperative that you understand how the process works and are able to complete the accounting cycle accurately and in a timely fashion. Even if you plan to outsource your bookkeeping needs, you should still understand how the process works. No one should be clueless when it comes to the finances of their business. **CEU: 4.8.**

The following courses are included in the certificate and must be taken in the order below.

- Understanding Debits and Credits
- General Ledger and Month End Procedures
- Closing Procedures and Financial Statements

Sep 3-Nov 29 **13 Weeks**
Online **Class ID: 16619** **\$495**

Tuition Assistance Available

The following Essential Work Skills classes are eligible for the Non-Credit Workforce Training Initiative Grant. Enter **NWT150** at checkout to receive 50% discount on any of the Essential Work Skills classes.

Essential Work Skills

Join us for a new series of that tackles the essential skills that every company looks for. Each 3-hour workshop includes small group and individual activities, role plays, scenarios and discussions for an interactive learning experience. Participants leave with tools and individual action plans for immediate integration into the workplace.

NEW! Practicing Professionalism in the Workplace

A true professional is one who adds value to their organization. In this session, cross check your professionalism against best practices. Learn how to positively influence coworkers and customers, relate to diversity and adapt to various work environments. Understand how to use feedback to improve performance and be seen as a problem-solver. At the end of the session, you will have new tools that help you contribute to a healthy and positive workplace. **CEU: .3**

Tue 8:30-11:30 AM **Sep 17**
1 Session **Staff**
C-316, IVCC **Class ID: 16525** **\$120**

NEW! Communicating Effectively

Communication drives workplace engagement. In this session, get more strategic about communication as a professional skill. Tune into your personal communication style and compare it to that of your peers, supervisors and customers. Learn how to customize your approach and get the best results. Understand what to get right in managing in-person, written and digital interactions to prevent conflict and promote productivity. Leave with new methods for connecting to others at work and contributing as

a high-performing employee. **CEU: .3**

Tue 8:30-11:30 AM **Oct 1**
1 Session **Staff**
C-316, IVCC **Class ID: 16526** **\$120**

NEW! Thinking Critically at Work

Boost your value at work by being seen as an effective problem-solver. In this session, explore the skills and strategies behind critical thinking, what it is and how to show it. Practice the ability to adopt multiple perspectives, analyze different data and tackle complex issues collaboratively. Explore techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements to benefit yourself, your team and the organization. **CEU: .3**

Tue 8:30-11:30 AM **Oct 15**
1 Session **Staff**
C-316, IVCC **Class ID: 16527** **\$120**

NEW! Navigating Challenges and Stressors

Stressors at work create opportunities to rethink our responses and habits. In this session, identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Grow your emotional intelligence to improve encounters with peers, supervisors and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands. **CEU: .3**

Tue 8:30-11:30 AM **Oct 29**
1 Session **Staff**
C-316, IVCC **Class ID: 16528** **\$120**

NEW! Understanding Customer Service Essentials

Inclusive and cross-generational workplaces are today's professional norm. In this session, assess your customer-centricity and learn how to maintain and improve trust. Expand communication skills, including use of technology, to serve internal and external customers equally well. Learn recovery steps that rebuild customer loyalty. Leave ready to provide professional customer-service excellence regardless of title or industry. **CEU: .3**

Tue 8:30-11:30 AM **Nov 12**
1 Session **Staff**
C-316, IVCC **Class ID: 16529** **\$120**

NEW! Advancing Equity, Diversity and Inclusion

Equity, diversity and inclusion are among today's most critical commitments for employers and employees alike. In this session, learn how top-ranked organizations put those commitments into action in order to do likewise. Explore how to approach and improve interactions with others, so they feel involved and respected. Walk away with a plan to address implicit bias and contribute to an inclusive, high-performing workplace. **CEU: 3**

Tue 8:30-11:30 AM **Nov 26**
1 Session **Staff**
C-316, IVCC **Class ID: 16530** **\$120**

Electrical

NEW! 2023 NEC Code Update

This course will explain the most significant changes moving from the 2020 to the 2023 edition of the NEC. Anticipated changes for 2026 and 2029 will also be touched on, as they may affect your planning for future projects, and sometimes negate the 2023 changes. Both residential and commercial areas will be included. Bring your questions, comments, and a code book, as discussion is encouraged.

Fri 12:30-4:30 PM **Sep 6-27**
4 Sessions **Cari Helberg**
Rm 104, **Class ID: 16506** **\$449**
Ottawa Center

Water Programs



IVCC, in partnership with Black Hawk College, will be offering Drinking Water and Wastewater courses to help prepare for the operators' state exam and Illinois EPA certification. These courses will be presented, online live, via Zoom and can also be attended to fulfill Renewable Training Hour (RTH) requirements. For more information go to ivcc.edu/waterclasses.

Beginning Drinking Water Class C & D

***No Class: Oct 14 or Nov 11**

Mon 6-9 PM **Sep 9-Dec 2**
Class ID: 16475 **\$575**

Advanced Drinking Water Class A & B

Tue 6-9 PM **Sep 10-Dec 3**
Class ID: 16476 **\$590**

Beginning Wastewater Class 3 & 4
Tue 6-9 PM **Sep 10-Nov 19**
Class ID: 16477 **\$595**

Advanced Wastewater Class 1 & 2
Thu 6-9 PM **Sep 9-Nov 21**
Class ID: 16478 **\$595**

Truck Driver Training

For more information on either of the programs below, call Patricia Glade at (815) 224-0265.

Class B 40-Hour Course

Students will be expected to demonstrate the proper preparation, handling, safety, and driving skills necessary to pass the Commercial Driver's License (CDL) Driving Examination. This course will involve yard work, pre-trip and driving on city street and highways. *You must be at least 18 years old, hold a valid driver license, meet the medical requirements of the Federal Motor Carrier Safety Regulation and hold a current CDL Permit. In addition, you must pass a drug screen and provide a motor vehicle report. Participants will need to provide Class B truck for inspection before class start date.*

40-Hour Equipment Refresher

This program includes 40-hours of hands-on, on-the-road driving equipment and a review of class A commercial driver's license requirements. This program is intended for past CDL Class A holders that need to retest/renew their license at the DMV. *Participants must have a current DOT physical, drug screen, motor vehicle report and a Class A learner permit. A driving test is required to qualify for the refresher program.*

Online Hazmat Certification

This course will cover the various areas of hazardous materials and the intent of the regulation. Topics will include hazardous material transporting; communication rules; bulk packaging loading and unloading; driving and parking rules; emergencies; as well as terminology. Practical experience will be shared. **This course meets the Federal Motor Carrier Administration requirement for all CDL holders to have proof of hazardous material training before they can add the endorsement to their license. Participants will receive a certificate of completion upon passing the final exam with an 80% or higher.**

OSHA and Safety

OSHA 10-Hour General Industry

Participants will learn the major provisions of the Occupational Safety and Health Act and improving overall workplace safety. Primary topics include; the inspection and citation process, working and walking surfaces, emergency plans and exit routes, Personal Protective Equipment (PPE), Global Harmonization System (GHS), electrical safety, machine guarding and updated Illness and Injury Recordkeeping. **OSHA's 10 Hour General Industry card will be earned upon completion of this class. CEU: 1.0**

Mon 8 AM-4:30 PM **Oct 14**
Tue 8 AM-12 PM **Oct 15**
2 Sessions **Pat Schuerman**
CTC-123, IVCC **Class ID: 18139** **\$449**

Additional Safety Training

Continuing Education and Business Services can help you meet your organization's safety needs. Classes can be facilitated on campus or customized and delivered onsite, setting a schedule that works best for your employees. Topics include, but are not limited to:

Forklift Training and Renewal • Aerial Lift • Fall Protection • Confined Space Entry & Rescue OSHA 30 Hour Construction or General Industry OSHA 10 Hour Construction or General Industry First Aid/ CPR/AED • HAZWOPER • Electrical Safety Emergency Action Plan • OSHA Safety Audit Walk Thru • Annual Reviews • SDS Training & Updating

Real Estate

Real Estate Broker Pre-License

Call (815) 224-0447 to enroll in REA-1200-300.

This course provides students with instruction in real estate fundamentals. Students are required to attend all sessions which include introduction to the license law and real property, basics of agency, seller and buyer relationships and counseling, local, state and federal laws, brokerage, property management, leases, independent contractor and employee status, financing, contracts and title records and transactions. This course is appropriate and required for anyone interested in obtaining a broker license in Illinois and fulfills the 75-hour education requirement for obtaining an Illinois Real Estate Broker license. **Credit Hours: 6.**

To obtain an Illinois real estate license, you must be at least 18 years old, have a Social Security Number or Individual Taxpayer Identification Number, and have a high school diploma or G.E.D. certificate. *If you have any disabilities that require special accommodations, please identify those special needs.*

Textbooks are required and are available for purchase online at ivccbookstore.com

Scholarships and GI Bill Tuition Reimbursement for Veterans may be available through the Illinois Realtors Association. Visit illinoisrealtors.org for more information.

Please note: This class is a credit course. Enrollment must be completed through the IVCC Registration Department by calling (815) 224-0447 or online at ivcc.edu. Please reference course number: REA-1200-300.

Tue 6-10 PM **Aug 20-Dec 10**
Sat 8:30 AM-5 PM **Oct 26 & Nov 16**
18 Sessions **Carol Wlodarchak**
E-213, IVCC **REA-1200-300** **\$895**

Looking for Employee Training?



BUSINESS TRAINING CENTER
 Illinois Valley Community College

Many of our courses in this catalog, as well as many not listed, can be offered at your site and customized to fit your company's needs. Categories include; but not limited to:

- Computers
- Leadership/ Supervisor/ Management
- OSHA and Safety/ First Aid/ CPR
- Electrical/ Mechanical/ Industrial Maintenance
- Welding/ CNC/ CAD
- Continuous Improvement/ Lean Manufacturing/ Six Sigma
- Quality Management/ ISO Consulting & Training
- Customized Assessments for New & Current Employees

Call Jennifer Sowers in the IVCC Business Training Center for details at (815) 224-0280 or visit ivcc.edu/ivbtc



Aviation

Private Pilot Ground Training

Interested in learning how to fly? This course is designed to prepare you for the Private Pilot Knowledge Exam. At the end of this course series, you will understand operations of the flight controls and instruments, airport and airspace considerations, aircraft weight and balance, aircraft performance tables, basic weather meteorology, federal aviation regulations, flight psychology and emergency preparedness. On October 5 the course will be held at the Illinois Valley Regional Airport where students will tour the airport and complete a hands-on experience in an airplane flight simulator. **Students ages 15 & up are eligible to participate.**

After successful completion of this course, students will be eligible to take the F.A.A. Private Pilot Knowledge Exam (additional fee for the F.A.A. Exam).

The following materials (approximate \$120 value) are included in the cost of the class: Pilot's Handbook of Aeronautical Knowledge, Private Pilot TEST Prep Book, FAA FAR/AIM, VFR Plotter, and a Flight Computer.

Flying or airtime is not included in this class. Please contact the Illinois Valley Regional Airport for this information. ***No class on Oct 8, Nov 5.**

Tue	6-9 PM	Sep 10-Nov 26	
Sat	1-4 PM	Oct 5	
Thu	6-9 PM	Nov 7	
12 Sessions		Joseph Nimee	
Rm E-324, IVCC		Class ID: 16521	\$359

Teachers

IVCC is pleased to announce over 50 new courses available to support your professional development needs. Find a full listing of classes at ivcc.edu/enroll. Contact our office for assistance at (815) 224-0427 or email continuingeducation@ivcc.edu.

NEW! Aligning Homework to Instruction

This teacher development course explores four purposes of homework design, aligning assignments with curriculum, individualizing for students, and planning feedback. You'll gain practical advice for implementation and receive a downloadable PDF and planning resource to build effective homework aligned with lesson objectives. **[1 PD]**

3 Month Access	Class ID: 18010	\$44
Online Self-Guided		

NEW! Designing a Quality Sub Folder

This quick teacher professional development course will help you plan for the design of a STRONG (subject-specific, time-specific, resources, outline of the lesson, needs assessment, general information) substitute teacher folder. You will be able to ensure that your students are still engaging in appropriate lesson activities when you are absent. During your training, STRONG substitute folder components are defined so that you have the correct guidance for planning the instructional day in your absences. In addition to the planning of your lesson activities, you will also learn about other critical components of a substitute folder that provides your substitute teacher with a road map for a successful day. **[1 PD]**

3 Month Access	Class ID: 18021	\$44
Online Self-Guided		

NEW! Instructional Strategies and Learning Activities

This comprehensive teacher development course covers specific instructional strategies and activities for an upcoming unit, aligned with assessments and objectives. You will learn five strategies, choose the best one based on content, student needs, and resources, explore active vs. passive learning, and complete the course with a ready-to-implement unit plan and classroom resources. **[26 PD]**

3 Month Access	Class ID: 18050	\$119
Online Self-Guided		

NEW! Planning for Differentiation in Every Classroom

This teacher development course covers differentiation in education, including implementing differentiated instruction, analyzing content standards with Bloom's Taxonomy and Webb's Depth of Knowledge and assessing student progress. Learn about each of these differentiated learning concepts by planning for instruction step-by-step throughout the course. You will leave the course with many resources ready to be used in your classroom and a differentiation plan that you will have created for an upcoming lesson. **[14 PD]**

3 Month Access	Class ID: 18049	\$89
Online Self-Guided		



Developing Socialization Skills for Students with ASD in the Inclusive Classroom

Every school in America has students who have been diagnosed with ASD (Autism Spectrum Disorder) - a neurological disorder on the autism spectrum. The effects of this disorder vary widely, but it is important for every teacher to understand how to recognize behaviors that may indicate ASD. In this course, you take away strategies for working effectively with ASD students. And you will find out how to work effectively with parents to create the most positive learning environments for children and teens with this disorder. The course is geared for K-12 teachers, but it is also relevant for counselors, faculty in higher education, parents and anyone else interested in understanding this important issue. **16 PD from Illinois Valley Community College or 3 Grad Credits (optional) from Framingham State University, a leading provider of K-12 teacher training. Grad credit requirements are to complete the four-unit quizzes at 80% level (you may retake them until you reach 80%; make at least one comment in each of the four-unit discussions; and write a 1-2 page paper based on the course, submitting it within two weeks after the course ends. PRDV 79520, additional \$225 cost, payable to Framingham State University.**

Oct 7-Nov 1	4 Weeks	
Julie Coates	Class ID: 16534	\$145
Online		

NEW! Assessment Tools to Support Online Learning

This teacher professional development course teaches you about formative and summative assessments in a virtual learning environment. You will explore a range of online tools to assess your students' progress and evaluate data-tracking methods to provide feedback and plan future lessons. The course comes with a downloadable PDF of the content and an online assessment planning tool to help you prepare to implement the ideas into your classroom. **[1 PD]**

3 Month Access	Class ID: 18057	\$44
Online Self-Guided		

NEW! Designing IEP Goals

This course details the main components of an Individualized Education Plan (IEP) and your role in supporting student progress. Learn about effective IEP goals and the SMART (Specific, Measurable, Achievable, Relevant, Time-Bound) approach. Receive a downloadable PDF and a graphic organizer to help generate SMART goals for student success. **[1 PD]**

3 Month Access	Class ID: 18022	\$44
Online Self-Guided		

In-Person Class | In-Person Exam

Food Service Sanitation

8 Hour Class Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course. **This class is required in Illinois for Certified Food Protection Manager Certification (CFPM)** and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

Don't Forget Your Textbooks!

ServSafe Manager, 7th Edition, revised. Textbooks are available for purchase online and at the IVCC Bookstore. Purchase the book and begin review prior to class due the fast-paced nature of the class. Go to ivccbookstore.com.

Take it at the IVCC Ottawa Center

[321 W. Main Street, Ottawa]

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM Aug 27-Sep 5
4 Sessions Sara Smith
Rm 104, Class ID: 16994 **\$135**
Ottawa Center

8 Hour Food Sanitation

Tue/Thu 5-7:30 PM Oct 1-10
4 Sessions Sara Smith
Rm 104, Class ID: 16695 **\$135**
Ottawa Center

Take it at the IVCC Main Campus, Oglesby

[815 N. Orlando Smith Road, Oglesby]

8 Hour Food Sanitation

Mon 8 AM-6 PM Sep 23
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16696 **\$135**

8 Hour Food Sanitation

Mon 8 AM-6 PM Oct 28
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16697 **\$135**

8 Hour Food Sanitation

Mon 8 AM-6 PM Nov 18
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16698 **\$135**

Online Course | In-Person Exam

Food Service Sanitation

The ServSafe Manager online course is ideal for individuals who wish to prepare to take the ServSafe Food Protection Manager Certification Exam. This interactive course delivers current food safety information, in an easy-to-use format. The course covers critical principles including personal hygiene, cross contamination, time and temperature, cleaning and sanitizing and more. A practice exam is included at the end of the course. All purchases of online courses are final.

Once you begin the course, you will have 90 days to complete it, at which time the course will be deactivated. Paper/pencil exams will be administered at the IVCC Main Campus after completion of the IVCC online course. Select your exam date from the list below. Equipment needs: email address, computer and internet access. Please contact the IVCC Continuing Education Center at (815) 224-0427 with questions or to register for your online course and exam session. *Instructions for accessing the online class will be sent to students via email within three business days. Tuition: includes 90-day access to online course and proctored paper/pencil exam at the IVCC Main Campus upon completion of the course. Course extensions are not available. Student is responsible for completing the course prior to sitting for the exam. Nonrefundable.*

Exam Schedule for Online Classes

Thu 5-7:30 PM Sep 5
1 Session Sara Smith
Rm 104 Class ID: 16699 **\$190**
Ottawa Center

Mon 3-6 PM Sep 23
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16700 **\$190**

Thu 5-7:30 PM Oct 10
1 Session Sara Smith
Rm 104 Class ID: 16701 **\$190**
Ottawa Center

Mon 3-6 PM Oct 28
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16702 **\$190**

Tue 9 AM-12 PM Dec 3
1 Session Ida Boyle-Bruch
C-316, IVCC Class ID: 16703 **\$190**

Tue 5-7:30 PM Dec 17
1 Session Sara Smith
Rm 104 Class ID: 16704 **\$190**
Ottawa Center

Trips & Tours

Illinois Valley Community College Continuing Education Center coordinates a variety of day trips, arm chair tours and educational travel programs each year. From Broadway theatre in Chicago, historic sites, garden tours, museum outings, to culinary adventures there are many options. We strive to provide unique and personal experiences and the best part; you get to leave all the planning to us!

Additional trips may be forthcoming! Join our e-newsletter to receive upcoming announcements.

Email continuingeducation@ivcc.edu or call (815) 224-0427 to be added to our e-news list.

Exploring the Horicon Marsh

Includes motorcoach transportation, guided pontoon boat tour, lunch, visit to The Explorium, gratuities and snacks. The 33,000 acre Horicon Marsh National Wildlife Refuge in Wisconsin is the largest freshwater cattail marsh in the United States. Over 300 species of birds can be found at Horicon Marsh throughout the year. Fall brings the most impressive numbers of migrating ducks, sandhill cranes and Canada geese for viewing. An occasional sighting of a rare Whooping Crane is possible. We will board a pontoon boat as we explore the Horicon Marsh. Knowledgeable guides will point out points of interest and wildlife that may be viewable. Lunch is included at a local favorite restaurant. This afternoon, enjoy a self-guided tour of The Explorium where you can tour the Horicon Marsh through time, from the Ice Age to present day, through narrated interactive exhibits. Long before Horicon Marsh achieved international status as an important bird and wildlife area and a destination for outdoor recreation, glaciers carved a basin where a wetland would one day form. Today, guests of The Explorium can get a glimpse of life at the Horicon Marsh thousands of years before European settlement and witness how the current wetland became to be. The experience is narrated by a Clovis spearpoint, who keeps you company throughout the journey as you view, listen to, touch and even smell exhibits that document the changes to the marsh over time. Be sure to bring your binoculars! A day in Wisconsin would not be complete without a stop for cheese! You will have some free time at a local purveyor of Wisconsin delights.

Date: Wed, Oct 2 **Time: 6:30 AM-6:30 PM**
Where: IVCC Parking Lot #5
Class ID: 18142 **Fee: \$169**



Fall Blessings

Includes motorcoach transportation, visit to Pine Hill Orchards, lunch at Copper Dock, ice cream at Scoop Deville, gratuities and snacks.

Our first stop of the day will be at Pine Hill Orchards. Family owned and operated on 80 acres they grow apples, peaches, plums, apricots, blueberries, pumpkins and more! They press their own sweet cider right there on the farm and make their famous cider donuts daily! We'll have some time to shop before we make our way to our next location, The Copper Dock, featured in the Wisconsin Supper Club book, for lunch. Enjoy beautiful lakeside dining on the shores of Friess Lake. When the sun sets in the west the reflection of the lake is the most gorgeous copper tone. After a wonderful lunch, we will make our way to Holy Hill. Holy Hill is located in southeast Wisconsin, on the highest elevation in this part of the state. Situated on 435 acres of rural countryside, it provides visitors with opportunities for enrichment. You will often hear people remark about the peace, beauty and serenity they find at Holy Hill. By climbing 178 stairs, you can reach nearly the top and view the breath-taking panorama of the Kettle Moraine area. There is also an elevator that can take you to the main overlook. After some free time at Holy Hill, we will head to Scoop Deville Ice Cream Shop for dessert. Established in 2009, Scoop Deville is a family owned and operated ice cream parlor located in historic Downtown Hartford, Wisconsin. Relive history as you walk into Scoop Deville with their working soda fountain, 1954 AMI Jukebox, and checkerboard floor. Everyone will enjoy a scoop of their homemade ice cream. On our return home, we will make a stop in East Troy, Wisconsin at the Elegant Farmer.

Date: Tue, Oct. 15 **Time: 7 AM-6:30 PM**
Where: IVCC Parking Lot #5
Class ID: 18143 **Fee: \$179**

Journey of Reflection & Culture

A Day of History, Art, and Global Flavors

Includes motorcoach transportation, admission to Illinois Holocaust Museum, lunch, visit to Northshore Sculpture Garden and visit to International Market, gratuities and snacks.

Embark on a poignant and enriching day as we explore three remarkable destinations and indulge in a delightful culinary experience. Our first stop is the Illinois Holocaust Museum in Skokie, where you will delve into the profound history and stories of resilience. Dedicated to preserving the legacy of the Holocaust, this 65,000-square-foot museum designed by renowned architect Stanley Tigerman houses more than 20,000 items donated by survivors and their descendants. Visitors can explore the topics of genocide and human rights through exhibits that range from interactive holograms and virtual

reality experiences to the Zev & Shifra Karkomi Holocaust Exhibition, which details the lives of survivors before, during and after the war. We will start the afternoon with a delicious lunch at Eva Deans, a local favorite known for its inviting atmosphere and delectable cuisine. Relax and unwind as you savor a specially curated meal, reflecting on our experiences and conversations with newfound friends. Next, we will visit the Northshore Sculpture Garden, nestled amidst lush greenery and serene paths. Marvel at the diversity of sculptures crafted by talented artists, each piece telling its own unique narrative through form and expression. After immersing ourselves in art and history, we will head to the vibrant International Market in Niles. Here, you will have the opportunity to explore a myriad of cultural treasures, from authentic foods and spices to handcrafted goods and souvenirs. Stroll through bustling aisles filled with aromas and flavors from around the world, offering a true taste of global diversity. Join us on this journey of discovery and connection, where each destination promises to inspire, educate, and leave a lasting impression on your heart and mind. *The Northshore Sculpture Garden is an outdoor exhibit. We will walk approximately 3/4 of a mile in an hour-long, docent led tour. We will tour one of the three sections of the exhibit.*

Date: Tue, Oct. 29 **Time: 7:30 AM-7 PM**
Where: IVCC Parking Lot #5
Class ID: 18144 **Fee: \$145**

Landmarks & Legends

Includes motorcoach transportation, Chicago landmarks tour, dinner, lower balcony seats to Beautiful Noise, gratuities and snacks.

Join us for an unforgettable bus trip through the heart of Chicago, where every moment brings excitement and charm. Our journey begins with a guided tour through the iconic landmarks of the Windy City. From the architectural marvels of the Loop to the serene shores of Lake Michigan, our expert guide will paint a vivid picture of Chicago's rich history and vibrant culture. As the sun sets over the city, we will make our way to a delightful dinner at a local favorite restaurant, where you will indulge in delicious cuisine and lively conversation with fellow travelers. Energized and satisfied, we will then head to the theater district for the highlight of our evening: tickets to Beautiful Noise - The Broadway Musical; a sensational tribute featuring the timeless hits of Neil Diamond. Settle into your lower balcony seats and let the magic unfold as talented performers bring Neil Diamond's greatest songs to life. From classics like Sweet Caroline; to heartfelt ballads, experience the nostalgia and power of Diamond's music in a dazzling production that will leave you singing along all night. After the curtain falls and the applause subsides, we will return to our comfortable coach, hearts full of music and memories. This bus trip promises not only entertainment but also a deep

connection to the sights, sounds, and flavors of Chicago. Don't miss out on this extraordinary adventure!

Date: Thu, Nov 14 **Time: 12-11:45 PM**
Where: IVCC Parking Lot #5
Class ID: 18145 **Fee: \$189**

Holidays, History & Heritage

Includes motorcoach transportation, tour with Peoria Historical Society, dinner and performance of A Christmas Tradition, at the Barn III, gratuities and snacks.

Experience the charm and nostalgia of the holiday season with a trip to central Illinois, where history and festive traditions await. Our adventure begins with a visit led by the Peoria Historical Society, where knowledgeable guides will lead us through beautifully decorated historic homes. Step back in time as you explore the elegant architecture and hear captivating stories that bring Peoria's rich heritage to life. After immersing ourselves in the past, we will enjoy a drive to the Barn III Dinner Theatre, a beloved local venue known for its warm hospitality and exceptional performances. Tonight, we'll be treated to a heartwarming Christmas production that captures the spirit of the season with laughter, music and joyous storytelling. The curtain will rise for "A Christmas Tradition" a Barn original production. From cookie baking to caroling to light shows, and the trusty old fruitcake – holiday traditions are an important part of celebrating the magic of the season! The production will explore the silliest, most sacred and sentimental holiday traditions through song, dance and skit. Dinner is included and will be served before the show. Join us on this enchanting day where the past meets the present in a celebration of the heritage and the joy of the holiday season.

Date: Wed, Dec. 11 **Time: 12:30-10:45 PM**
Where: IVCC Parking Lot #5
Class ID: 18146 **Fee: \$165**



LaSalle County History

NEW! LaSalle County...History, Mystery and Curiosities

Join Illinois Valley Community College and historic sites, museums, organizations and National Historic Landmarks from across LaSalle County for a nine-session journey through local history. Explore topics ranging from the Civil War, railroad and shipyard history, scouting heritage, Westclox and Nabisco, mansion architecture, the Radium Girls, the Lincoln-Douglas debate, LaSalle County's Norwegian Heritage to early settlers, mining and canal towns.

Attend all nine sessions in-person or via Zoom for \$119, or select individual sessions to attend via Zoom for \$19 each. All sessions will be recorded and made available to attendees after the program. In-person seats will be reserved for individuals attending the full series. *If you are interested in attending a single session in-person, you can contact the college 7 days prior to the session to inquire about seat availability, otherwise single sessions are available by Zoom only at this time.*

Presentation Schedule

Sep 4: LaSalle County Historical Overview

Sep 11: Three Blocks in Time

Sep 18: The History of Westclox and It's Products

Sep 25: The History & Architecture of the Hegler Carus Mansion

Oct 2: The History of Scouting & Will Wallace and other LaSalle County Soldiers

Oct 9: LaSalle County & It's Norwegian Influence

Oct 16: The Story of Seneca, Illinois

Oct 23: Riding A Raid: United States Cavalry in the American Civil War & The Illinois Central, The First Land Grant Railroad

Oct 30: Tracks Through Time

Register to Attend In-Person

Wed 6-8 PM

9 Sessions

CTC-124

Sep 4-Oct 30

Guest Speakers

Class ID: 16711 \$119

Register to Attend by Zoom

Wed 6-8 PM

9 Sessions

Online Live

Sep 4-Oct 30

Guest Speakers

Class ID: 16712 \$119

Zoom participants will receive an email from IVCC with the zoom link for the session within 24 hours of the scheduled program.

Advance registration is required. Call (815) 224-0427 or enroll online ivcc.edu/enroll.

With special thanks to the following individuals for working together to make this project happen: Cheryl Biolchini, Gary Biolchini, Amanda Carter, Darlene Halm, David Johnson, Tricia Kelly, Jeff Maierhofer, Lorraine McCallister, April Murphy, Mollie Perrot, Alex Revzan, Dan Schott, Patty Smith and Laura Walker.



September 4: LaSalle County's Historical Overview: Local History with a National Impact

Presented by LaSalle County Historical Society
Online Live Class Class ID: 16713 \$19

Join the LaSalle County Historical Society for an evening packed with the fascinating history of LaSalle County! We will cover many topics including the Native population, the first point of European contact in the Illinois Country, the history of industry, agriculture, transportation, tourism and some of the famous individuals who have once called LaSalle County home. We guarantee you will leave knowing something new!

September 11: Three Blocks in Time

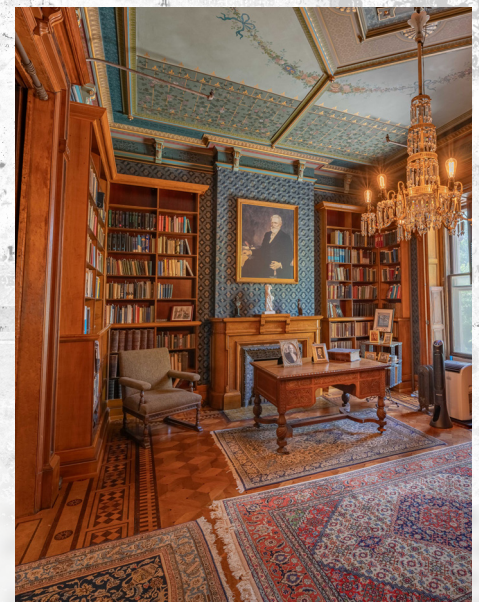
Presented by Reddick Mansion, Ottawa
Online Live Class Class ID: 16714 \$19

Put on your walking shoes for this virtual stroll through the past in historic Ottawa, Illinois! Your "walk" will encompass three blocks of the Washington Square National Historic District. Relive the Lincoln-Douglas Debate held on August 21, 1858. Experience life in the Victorian Era at the architecturally significant and restored home of William Reddick. Finally, experience the legacy of the Radium Girls at the site of the Radium Dial Factory from a personal perspective.

September 18: The History of Westclox and it's Products

Presented by the Westclox Museum, Peru
Online Live Class Class ID: 16715 \$19

Learn how the Westclox plant came to La Salle-Peru, the early struggles and eventually becoming the largest clock manufacturing plant in the world. Learn about the inventor whose manufacturing idea led to the formation of the company and the history of the company through 95 years of operation locally. See old pictures of the plant and pictures of important models of clocks they manufactured over the years. Learn about the war years and the items produced for the war, the 1968 takeover by Talley Industries and the closing of the La Salle-Peru plant in 1980.



September 25: History & Architecture of the Hegler Carus Mansion

Presented by the Hegler Carus Foundation, LaSalle
Online Live Class Class ID: 16716 \$19

Join us for a journey back in time through the history of the Hegler Carus Mansion. The Mansion is an 1876, Second Empire, National Historic Landmark (2007) by architect W. W. Boyington and interior designer, August Fiedler, showcasing intricate parquet floors and hand-painted ceilings. The mansion played a pivotal role in industry, philosophy, publishing, and religion locally, nationally, and internationally.

October 2: The History of Scouting & Will Wallace and other LaSalle County Soldiers

Presented by Ottawa Historical and Scouting Museum. This program includes two presentations.
Online Live Class Class ID: 16717 \$19

The History of Scouting

The turn of the twentieth century saw many changes in the ways boys and girls were invited to spend their "free" time. The story of scouting is really about the right people, in the right place and at the right time. You will learn about the men and women who developed Boy Scouting, Camp Fire, Girl Scouting, and Lone Scouting in this comprehensive presentation about exciting and changing times for youth.

Will Wallace and Other LaSalle County Soldiers

Explore the history of Ottawa's home town General Will Wallace, who fought in the Mexican War and the Civil War. His family came to LaSalle County from Ohio when he was 13. He became an attorney with T. Lyle Dickey. After Fort Sumter was attacked, he enlisted, formed a regiment, and arrived in Springfield within 12 days. He rose in rank quickly after the Fort Donelson victory. He was mortally wounded at the battle of Shiloh, and succumbed four days later with his wife at his side, a touching love story. We will also mention the Civil War camps in Ottawa, and the many units of local men who passed through, and some who didn't come home.

October 9: LaSalle County and it's Norwegian Influence

Presented by the Norsk Museum, Sheridan
Online Live Class Class ID: 18096 \$19

October 9, 2025 will be the 200th anniversary of the first major immigration of Norwegians to America. Led by Cleng Peerson, the Father of Norwegian Immigration. First near Rochester, New York, but after nine hard seasons trying to make this settlement work, the group sent Cleng Peerson out again, to explore out west. Searching for better farmland, he passed Chicago and down the Fox River, he saw flat open prairie grass as far as he could see! Learn about their impact and contributions to LaSalle County and America.

October 16: The Story of Seneca, Illinois

Presented by the Seneca History Museum
Online Live Class Class ID: 18097 \$19

Seneca, Illinois, has many layers of history that molded and shaped the community into what it is today. Spawned because of the Illinois and Michigan Canal, the town once known as Crotty has been known as a canal town, a mining town, a farm town, a Prairie Shipyard, and a river town. Join us as we highlight the 160 years of The Story of Seneca, Illinois.



October 23: Civil War & the Illinois Central Land Grant of 1850

Presented by Mendota Museum and Historical Society. This program includes two presentations.
Online Live Class Class ID: 18098 \$19

Riding A Raid: United States Cavalry in the American Civil War

Of all of the arms of the military, the cavalry have long been seen as having the most dash and elan and the U.S. Army of the middle years of the 19th century was no different. With that in mind, this talk will discuss the role the Federal calvary played in the American Civil War. In particular, we will look at how they fought, how they fit into the larger military structure, and some of the equipment they used.
Website Description

The Illinois Central | The First Land Grant Railroad

Of all of the factors that spurred development in the 19th century the railroad stands in first place. This is as true for Illinois as it is for the United States more generally. Of particular importance in the history of both Illinois and the city of Mendota was the Illinois Central Railroad. As the first land grant railroad authorized by the U.S. government, the ICRR played a vital role in the history of Mendota in times of peace and of war.

October 30: Tracks Through Time

Presented by Seattle Sutton Marseilles Museum
Online Live Class Class ID: 18099 \$19

The Seattle Sutton Marseilles Museum helps us remember our rich history. That story begins in the 1830s when settlers built a cabin by the Illinois River. The arrival of the Illinois-Michigan Canal (1948), the railroad (1853), and the National Biscuit Carton Factory "Nabisco" (1902) are all milestones in our city's past.

History

NEW! Germany's Liquid Bread: A Refreshing Look at the History of Beer

Once so essential to daily diets that it was referred to as "liquid bread," beer to this day is a source of great cultural and national pride, especially in Germany. Join historian Anette Isaacs for a lively exploration into the history of this iconic drink that will also include a look at the lucky German brewers who became Beer Barons in the USA!

Mon 6-8 PM
1 Session
Online Live
Sep 16
Anette Isaacs
Class ID: 18101 \$19

NEW! Native American Dwellings in our National Park System

From Florida's Canaveral National Seashore to Mesa Verde National Park and north to Katmai National Park, we explore tribal history through the structures left behind by Native Americans and now protected in our national park system.

Thu 1-3 PM
1 Session
Online Live
Oct 17
Benjamin Pollard
Class ID: 18102 \$19

NEW! The Alternative Education Movement of the 60's and 70's:

Problems, Programs and Impact

In the 1960s, widespread discontent with the methods, structure and curricula of traditional schooling led to the development of a movement by educators, students, and parents to provide alternative forms of education that were believed to be less alienating, more personally relevant, and more capable of promoting authentic learning. The result was a several decade long grand experiment in educational innovation in which many schools were created to apply and test the ideas of these reformers. Along the way, the alternative education movement significantly transformed our understanding of learning and what schools should look like, influencing some of what we see in education even today. In this seminar, we'll examine the problems that led to the creation of this movement and learn about some of the innovations that were offered to solve these problems. Participants will learn about several particular alternative school programs (some of which still exist today) to discover more about how these innovations were applied and what they accomplished. We'll also examine what we learned from this movement and its schools and programs, and how it's affected educational practice since. As

an added bonus, participants will get this guided tour through the alternative education movement from someone who was educated in two nationally recognized alternative education programs. Attend in-person or online via Zoom.

Tue 3-5:50 PM
1 Session
A-331, IVCC
Online Live

Oct 29
Dr. Jason Beyer
In-Person Class ID: 18103
Class ID: 18200 \$19

NEW! History of the Macy's Thanksgiving Parade

The rich archaeological history of Illinois is exemplified by the stunning Indian Mounds found across the state. This program will look at the people who built the Dickson mounds and the reasons for their construction.

Fri 9 AM-12 PM
1 Session
Online Live

Nov 8
Christina Smith
Class ID: 18104 \$19

NEW! Journeying with the Lewis & Clark Expedition

Join Ben Pollard from the Lewis & Clark State Historic Site to explore the Lewis and Clark Expedition. Attendees will discover some of the amazing highlights (and terrible lows) of the two and half year journey. Learn about their encounters with Native American tribes and scientific contributions from their expedition across the continent. Expect memorable anecdotes from the story while following the expedition from Camp River Dubois to the Great Plains to the Rocky Mountains to the Western Ocean and back.

Tue 1:30-3 PM
1 Session
Online Live

Nov 12
Benjamin Pollard
Class ID: 18105 \$19

NEW! The Story of the Dickson Mounds

The rich archaeological history of Illinois is exemplified by the stunning Indian Mounds found across the state. This program will look at the people who built the Dickson mounds and the reasons for their construction.

Thu 12-1 PM
1 Session
Online Live

Nov 21
Jack MacRae
Class ID: 18106 \$19

NEW! A Christmas Carol: Origins

of a Holiday Classic

The rich archaeological history of Illinois is exemplified by the stunning Indian Mounds found across the state. This program will look at the people who built the Dickson mounds and the reasons for their construction.

Fri 9 AM-12 PM
1 Session
Online Live

Dec 6
Christina Smith
Class ID: 18107 \$19

Dance & Music

**Please sign up with a dance partner for dance classes. Both persons must register. Dance classes will be held in the small gym at Lincoln School, 855 Bennett Road, Oglesby.*

Wedding Reception Survival Skills

Tired of making small talk at the table while everyone else is having fun on the dance floor? From wedding receptions to special events, learn to survive most social occasions by mastering the reception basics: slow dance, swing, waltz and merengue.

Thu 7-8:15 PM
6 Sessions
Small Gym,
Oglesby Lincoln School

Sep 12-Oct 17
Jane Schomas
Class ID: 18108 \$75

Intermediate-Advanced Swing

Join our Intermediate-Advanced Swing Dance class to elevate your skills and style! This class is designed for dancers with a solid foundation in swing basics who are ready to tackle more complex patterns, techniques and styling. We'll delve into intricate footwork, smooth transitions, and dynamic partner interactions, enhancing your musicality and improvisation. Whether you're aiming to shine on the social dance floor or preparing for performances, this class will take your swing dancing to the next level.

Thu 8:15-9:30 PM
6 Sessions
Small Gym
Oglesby Lincoln School

Sep 12-Oct 17
Jane Schomas
Class ID: 18109 \$75

Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **No class: Oct 31 or Nov 28.*

Thu 7-8:15 PM
6 Sessions
Small Gym
Oglesby Lincoln School

Oct 24-Dec 12
Jane Schomas
Class ID: 18110 \$75

NEW! Salsa for Beginners

Discover the vibrant and energetic world of salsa dancing in our beginner-friendly Salsa Dance class! Designed for those with little to no dance experience, this class will introduce you to the basics of salsa, including fundamental steps, timing, turns and spins, and partner work. Whether you're preparing for a special event, looking for a new hobby, or simply want to enjoy the joy of dancing, this class is the ideal starting point. **No class: Oct 31 or Nov 28.*

Thu 8:15-9:30 PM
6 Sessions
Small Gym
Oglesby Lincoln School

Oct 24-Dec 12
Jane Schomas
Class ID: 18111 \$75

NEW! Drum Circle Experience

Participating in a drum circle is an immersive collaboration that moves beyond individuality and fosters a sense of collective creativity among participants. As the pulsating beats of various drums and percussion instruments merge together, a resounding peaceful energy fills the air. Each participant will become a vital part of the overall sound, adding their unique expression while also listening attentively to others. Find a sense of connection and camaraderie as we find harmony amidst the diverse patterns and cadences. Whether it's the instinct of drumming or the joy of creating music together, a drum circle offers an uplifting experience for all involved, leaving memories of rhythm, connection and creative expression. Percussion instruments will be available to borrow from the instructor for the session. If you have a percussion instrument that you would like to bring with you to the drum circle, please indicate at time of registration.

Fri 6-7:30 PM
1 Session
Ecology Building,
Nell's Woodland, Ottawa

Nov 8
Kevin Kramer
Class ID: 18112 \$19

IVCC Jazz Band

The Jazz Band is a performance ensemble that is composed of woodwind, brass, guitar, and percussion instruments and performs jazz music. Enrollment is open to students and community members who have previous performance experience, with consent of the instructor. The band performs at least one formal concert per semester and informal performances and activities as possible. Prerequisite: Performance ability on a wind instrument,

piano, guitar or tap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument. Students interested in earning college credit for this course, should register through self-service for MUP-1004-300 at ivcc.edu. **No class:** Nov 5.

Tue 6:30-9 PM
17 Sessions
D-223, IVCC

Aug 20-Dec 17
Brandon Czubachowski
Class ID: 18113 \$25

Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. Includes an online book and follow up video lessons. You will be able to continue your practice and study on your own. An optional online question and answer session and a recording of the class is also included. The course is part lecture, demonstration and hands-on instruction.

Mon 6:30-9:30 PM
1 Session
Online Live

Oct 14
Craig Coffman
Class ID: 18114 \$75

Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Includes an online book and online follow-up video lessons. You will be able to continue your practice and study on your own. An optional online question and answer session and a recording of the class is also included. For ages 13+.

Wed 6:30-9 PM
1 Session
Online Live

Oct 16
Craig Coffman
Class ID: 18115 \$75

Culinary

NEW! Late Summer Berry Pie with All-Butter Crust

Have flaky layers of crisp, buttery pie crust eluded you? Well, no more! Your instructor is going to give you the tips and tricks to master that elusive pastry creation... the all-butter pie crust! Forget those directions to cut butter into pea-size pieces. Take this class, and you'll find out the secret keys to shatteringly perfect pieces of pie! And that's not all!

Continuing Education | Register by: [phone] (815) 224-0427 [web] ivcc.edu/enroll [mail] Pg. 22 registration form

She'll also reveal the best starch to use in your fruit pies and the techniques for creating a herringbone or lattice top crust. In other words, pie mastery is within your reach! At the end of the night, you will take home a pie to bake in your own kitchen. Bring a rolling pin, a ruler and one of the following: a pastry wheel, pizza wheel, or a sharp chef's knife and a pie plate, and a baking sheet on which to transport your pie home. Pastry mat is optional. We will share a detailed equipment list prior to class. There is a \$30 material fee payable to the instructor the night of class.

Fri 6-8:30 PM
1 Session
CTC-123, IVCC

Aug 23
Jill Hejl
Class ID: 18151 \$39

NEW! Exploring Olive Oil: A Culinary Adventure

Embark on a journey into the world of olive oil with a class that celebrates this ancient ingredient's rich history, diverse uses and health benefits. From enhancing salads to surprising your taste buds with unconventional pairings, this class will deepen your appreciation and mastery of olive oil in cooking. Understand the nuances between extra virgin and regular olive oil. Discover the differences in taste, aroma and production methods that distinguish these varieties, and when to use each for optimal culinary results. Explore the use of olive oil in three different preparations including exquisite salad dressings, enjoy a hand-crafted bruschetta and explore the unexpected delight of a sweet-savory contrast in a surprising dessert combination. Bring an apron, small cutting board and a kitchen knife. There is a \$25 material fee payable to the instructor the night of class.

Mon 6-8 PM
1 Session
CTC-123, IVCC

Sep 9
Bobby Riahi
Class ID: 18154 \$39

NEW! From Harvest to Table: Fall Flavors

Join us for a culinary journey where we'll explore the rich and comforting tastes of the season. Whether you're a seasoned cook or a beginner in the kitchen, this class promises to inspire and delight your taste buds. Learn the art of crafting savory meatballs infused with a hint of whiskey and the sweet tanginess of peach BBQ sauce and a chicken parma spaghetti squash. Perfect for a cozy fall evening or for your next gathering. Discover the beauty of autumn produce with our roasted fall veggie salad. We'll guide you through selecting the freshest vegetables and roasting them to perfection, creating a salad that's both hearty and wholesome. Prepare to be amazed by our surprising twist on chocolate mousse! Bring an apron, cutting board, pot holder, heat-resistant spatula, containers to take home what you make in

class and a kitchen knife. There is a \$35 material fee payable to the instructor the night of class.

Tue 6-9 PM
1 Session
CTC-123, IVCC

Oct 1
Sara Fitzpatrick
Class ID: 18152 \$39

NEW! Gourmet Meals: Viva Italiana!

Join us for an unforgettable Italian-inspired cooking class where we'll explore the art of creating classic dishes with a modern twist. Whether you're passionate about pasta, love the flavors of cheese, or crave the silky sweetness of panna cotta, this class is designed to inspire and delight your senses. We will create a lemon basil burrata crostini, this appetizer will elevate any meal. Master the technique behind creamy vodka sauce pasta, a dish that balances rich flavors with a touch of elegance. We will also create a layered dessert that will impress your friends. Bring an apron, cutting board, pot holder, heat-resistant spatula, containers to take home what you make in class and a kitchen knife. There is a \$35 material fee payable to the instructor the night of class.

Thu 6-9 PM
1 Session
CTC-123, IVCC

Nov 7
Sara Fitzpatrick
Class ID: 18153 \$55

Intro to Ayurveda & Ayurvedic Cooking

Learn how to identify your unique dosha (Vata, Pitta, or Kapha) through a simple assessment of physical, emotional, and behavioral traits. Discover how your dosha influences your preferences, digestion and overall health. Explore the foundational principles of Ayurvedic cooking, including the use of herbs, spices and cooking methods that balance your dosha. From soothing Vata-balancing dishes to cooling Pitta pacifying meals and grounding Kapha recipes, each dish is crafted to support your unique constitution. Participate in a group cooking exercise led by your instructor, Emily Manternach. Gain practical skills and techniques for incorporating Ayurvedic principles into your daily routine. Benefits of ayurvedic cooking include improved digestion, clearer skin and a stronger immune system. Bring an apron, cutting board, pot holder, heat-resistant spatula, table service and kitchen knife to class. There is a \$20 material fee payable to the instructor the day of class.

Sat 10:30 AM-12:30 PM
1 Session
CTC-123, IVCC

Nov 2
Emily Manternach
Class ID: 18155 \$39

NEW! Tunnbrödsrulle

Think you've tried all the "wraps" the world has

to offer? We bet you haven't tried this delicious one from Scandinavia. Even Anthony Bourdain was enraptured by this Nordic street-food masterpiece combining hot dogs, creamy mashed potatoes, crisp onions and Swedish mustard! We're going to take it up several notches by teaching you how to make Tunnbröd, a soft flatbread, from scratch (including it's pre-ferment). Smaklig matlid! Bring an apron, kitchen knife, cutting board, pot holder, heat-resistant spatula, 8-10" cast iron skillet, a rolling pin, cooling rack and containers to take your leftovers home (if there are any). There is a \$25 material fee payable to the instructor the day of class.

Fri 10 AM-1 PM
1 Session
CTC-123, IVCC

Jan 10
jill Hejl
Class ID: 18195 **\$35**

Mind Body Wellness

NEW! Chair Yoga For YOU at Nell's Woodland & IVCC

Join in for a rejuvenating Chair Yoga class accessible to all, regardless of age or mobility level. In this gentle yet active class, we'll explore a series of movements performed while seated or using the support of a chair. Chair Yoga allows a person to increase flexibility, improve circulation, and reduce stress - all from the comfort of your seat. Whether you're a beginner looking to dip your toes into yoga or someone seeking a more gentle approach to movement, this class is for you! Bring water. A yoga mat is optional.

Tue 7-8 AM
6 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa

Aug 20-Sep 24
Emily Manternach
Class ID: 18156 **\$59**

Tue 7-8 AM
6 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa

Oct 8-Nov 19
Emily Manternach
Class ID: 18157 **\$59**

***No class: Nov 5**

Thu 6:15-7:15 AM
6 Sessions
CTC-121, IVCC

Aug 22-Sep 26
Emily Manternach
Class ID: 18158 **\$59**

Thu 6:15-7:15 AM
8 Sessions
CTC-121, IVCC

Oct 10-Dec 12
Emily Manternach
Class ID: 18159 **\$79**

***No class: Oct 31, Nov 28**

NEW! Restorative Yoga at Nell's Woodland

Join IVCC instructor, Emily Manternach for a class focused on restorative yoga. Restorative yoga is a gentle and relaxing practice that uses props to support the body in passive stretching. Learn how restorative yoga can improve your sleep, mood, well-being, and pain management. Come away more relaxed, limber and feeling better! We will use equipment such as bolsters, yoga stretching bands and blocks during class. Class is appropriate for all levels of participants and can be adapted to meet your needs. Bring a yoga mat and water. Wear comfortable, loose-fitting clothing and athletic shoes.

Thu 5-6 PM
6 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa

Aug 22-Sep 26
Emily Manternach
Class ID: 18160 **\$59**

Thu 5-6 PM
8 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa

Oct 10-Dec 5
Emily Manternach
Class ID: 18161 **\$79**

***No class: Oct 31, Nov 28**

Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. Bring a yoga mat, towel and water. This class is offered in both a morning or afternoon option with choice of in-person or online live.

Morning Classes
M/W 6:30-7:30 AM
8 Sessions
CTC-121 IVCC
Online Live

Sep 4-Sep 30
Tracie Klieber
Class ID: 18123 **\$59**
Class ID: 18129 **\$59**

M/W 6:30-7:30 AM
8 Sessions
CTC-121, IVCC
Online Live
No class: Oct 14, 16, 21

***Oct 2-Nov 6**
Tracie Klieber
Class ID: 18124 **\$59**
Class ID: 18130 **\$59**

M/W 6:30-7:30 AM
6 Sessions
CTC-121, IVCC
Online Live

Dec 2-18
Tracie Klieber
Class ID: 18125 **\$59**
Class ID: 18130 **\$59**

Afternoon Classes
M/W 4:45-5:45 PM
8 Sessions
CTC-121, IVCC
Online Live
M/W 4:45-5:45 PM
8 Sessions
CTC-121, IVCC

Sep 4-Sep 30
Tracie Klieber
Class ID: 18126 **\$59**
Class ID: 18132 **\$59**

Oct 2-Nov 6
Tracie Klieber
Class ID: 18127 **\$59**

Online Live **Class ID: 18133** **\$59**
No class: Oct 14, 16, 21

M/W 4:45-5:45 PM **Dec 2-18**
6 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 18128** **\$45**
Online Live **Class ID: 18134** **\$45**

T'ai Chi at Nell's Woodland

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, better balance and enables and improved quality of life. You will be introduced to T'ai chi while experiencing the benefits of practice. This class does not require floor work or flexibility. Participate from a standing position or chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Tue 5-6 PM
8 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa

Sep 24-Nov 26
Dan Retoff
Class ID: 18164 **\$79**

***No class: Oct 8, Nov 5**

Strength Cardio Core

Cross train by participating in two different training methods. This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown. We will also incorporate a HIIT (High Intensity Interval Training) method of exercise into this class. Have fun and burn calories long after class has ended. Bring water, a sweat towel and an exercise or yoga mat.

T/Th 4:45-5:15 PM
8 Sessions
CTC-121, IVCC

Sep 3-Sep 26
Tracie Klieber
Class ID: 18135 **\$65**

T/Th 4:45-5:15 PM
7 Sessions
CTC-121, IVCC

Oct 1-Oct 31
Tracie Klieber
Class ID: 18136 **\$57**

***No class: Oct 15, 17, 22**

T/Th 4:45-5:15 PM
5 Sessions
CTC-121, IVCC

Dec 3-17
Tracie Klieber
Class ID: 18137 **\$41**

T'ai Chi at IVCC

T'ai chi, also spelled taiji, is an internal martial art that originates from China. The art is typically

practiced slowly in a relaxed fashion and is a form of moving meditation. All of taiji's flowing form movements also have self-defense applications. Tai chi is a fun way to de-stress and improve coordination, balance, flexibility, mood and strength. Taiji 's gradual approach to training is appropriate for students of all levels of athleticism. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Fri 5-6 PM
8 sessions
CTC-121, IVCC

Sep 6-Oct 25
Michael Rosales
Class ID: 18196 **\$79**

Fri 5-6 PM
6 Sessions
CTC-121, IVCC

Nov 1-Dec 13
Michael Rosales
Class ID: 18197 **\$59**

Introduction to Meditation

Would you like to start a meditation practice? What is the purpose and benefit of meditation? Over the 6-week session, grow your meditation practice and learn the background for the importance of meditation in a person's day to day life. Leave with the knowledge to practice on your own as well. Wear comfortable, loose-fitting clothing. Bring a yoga mat. You can also participate in class from a chair if preferred.

Wed 7:15-7:45 AM
6 Sessions
CTC-215, IVCC

Oct 9-Nov 13
Emily Manternach
Class ID: 18163 **\$39**

Breathing for Life at Nell's Woodland

Body, breath and mind are interrelated and breathing properly is conducive to health and well-being. You will learn how to calm the mind and alleviate anxiety; and also improve sleep, circulation and immune functioning. Gain an understanding of the respiratory system and learn breathing practices to enhance and develop abdominal breathing. This class does not require floor work or flexibility. You can participate in this class from a seated position. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Mon 5-6 PM
4 Sessions
Wellness Bldg.
Nell's Woodland, Ottawa
***No class: Nov 11**

Nov 4-Dec 2
Dan Retoff
Class ID: 18165 **\$39**

NEW! Yoga's Foundation: The 8 Limbs for Self-Discovery

We will delve deep into the exploration of yoga's

foundation: the Eight Limbs of Yoga. Each limb offers personal transformation and spiritual growth, guiding us toward a harmonious integration of body, mind and spirit. Throughout this enlightening journey you'll gain practical tools for integrating these timeless teachings into your daily life, fostering greater harmony, balance and spiritual fulfillment. Whether you're a seasoned practitioner or new to yoga, this class offers self-discovery and inner peace. Awaken to the full potential of your being with the Eight Limbs of Yoga!

Sat 10:30 AM-12 PM
1 Session
Ecology Bldg.
Nell's Woodland, Ottawa

Sep 14
Emily Manternach
Class ID: 18166 **\$35**

NEW! Understanding Alzheimer's and Dementia

Communicating with someone who has dementia or Alzheimer's disease requires sensitivity and an understanding of the progressive nature of the condition. As dementia advances, individuals often experience difficulties in understanding and expressing language. Receive information on strategies when communicating with someone with dementia. The class will also provide an overview of the assessment, diagnosis, and management of dementia or Alzheimer's disease, as well as care planning following diagnosis. This course is open to everyone, with a focus for healthcare professionals. Healthcare professional wishing to receive CE hours should refer to pg. 6 for more information.

Thu 12-1 PM
1 Session
Online Live

Sep 19
Cynthia DeGroot
Class ID: 18141 **Free**

Intro to Moon Phases

Every moon phase has a function and timely activities to make the best use of the available cosmic influences, including light. By taking this into account in our planning personal or work projects, it can help us strategize our efforts more easily, and better our chances of attaining goals. In this class, discover how to synchronize your life rhythm with moon phases to regain your work-life balance, manage your energy and enjoy life more.

Thu 6-7:30 PM
1 Session
Wellness Bldg.
Nell's Woodland, Ottawa

Sep 26
Abby Zukowski
Class ID: 18167 **\$35**

Intro to Sound Healing

With sound healing, breathwork, mantra and meditation you can embark on a deep inner journey

through space, conscious awareness, breath, tone and vibration to access the well of knowledge and self-healing available to all of us. Experience a variety of instruments including singing bowls, Shruti box, gong and more. We will also discuss the Solfeggio scale and sound frequencies. If you have participated in class before, please feel free to join us to continue your exploration of sound healing. Wear comfortable clothing to class. You can bring a yoga mat, although it is not required.

Thu 6-7:30 PM
1 Session
Wellness Bldg.
Nell's Woodland, Ottawa

Oct 10
Abby Zukowski
Class ID: 18168 **\$35**

NEW! Explore Your Connection to Nature Through Your Senses

Immerse yourself in the beauty of the outdoors. From the smell of the fresh air to the feeling of the soft grass under your feet, this presentation will awaken your senses and deepen your connection to the earth. Come and experience the beauty of nature in a whole new way! This class is a great opportunity to slow down, relax, and appreciate the world around us as the seasons begin to change. Come prepared to engage all your senses and leave feeling refreshed and connected to nature.

Thu 6-7 PM
1 Session
Wellness Bldg.
Nell's Woodland, Ottawa

Nov 9
Abby Zukowski
Class ID: 18169 **\$35**

Dollars & Sense

Estate Planning & Asset Protection

Everyone who has assets, whether you are just graduating from college, starting a family or planning for your golden years, needs an estate plan. Learn why you need an estate plan, how it works and what happens when you don't have one. We will discuss estate planning fundamentals and terminology including ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have

the tools needed to create a plan for the first time or review your current plan with your attorney.

Thu 6-8 PM
1 Session
C-316, IVCC

Sep 19
Walt Zukowski
Class ID: 18138 **\$29**

AARP Driver Safety

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; you will receive a certificate that can be presented to your automobile insurance holder that may entitle you to a discount. Attendance is required at both days of class to receive the certificate of completion. There is a \$20 fee for AARP members (with AARP membership card); and a \$25 fee for non-members payable to the AARP instructor for materials on the first day of class. The course is free for United Healthcare members. Additional information about this class, parking and location will be emailed to you approximately one week before class is scheduled to meet.

Tue/Wed 8:30 AM-12:30 PM
2 Sessions
Class ID: 18170
Fee payable day of class

Nov 12-13
Reginal Leffelman
Rm 103, Bldg. H
IVCC

Mon/Wed 8:30 AM-12:30 PM
2 Sessions
Class ID: 18171
Fee payable day of class

Nov 4 & 6
Reginal Leffelman
Rm 105
Ottawa Center

Social Security Understanding the Benefits

This presentation provides an overview of Social Security's programs and online services, including retirement, spouse's, survivor's benefits and Medicare. Learn how to create your personal MySocialSecurity account, a free and secure account which provides personalized tools for everyone, whether you receive benefits or not. Discover other helpful tools on ssa.gov and learn about the best ways to contact Social Security and how to file for benefits. This session is free. Please register in advance for planning purposes.

Mon 6-7:15 PM
1 Session
CTC-124, IVCC

Oct 7
Megan Forristall
Class ID: 18172 **Free**

NEW! Save Money with Extreme Couponing!

Learn how to save money every day with extreme couponing. Coupons are not just for groceries. The savings can add up to hundreds or even thousands of dollars every year. You will learn where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites; and how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands.

Wed 4-5 PM
1 Session
Online Live

Oct 9
LeeAnne Krusemark
Class ID: 18173 **\$29**

Great Businesses to Start!

Starting a business is an exciting adventure filled with challenges and opportunities. It takes hard work and dedication, but with the right tools in place, anything is possible. This live webinar has information on starting a business, knowing the educational requirements, generating income and more. Get inspired and start planning your future today. The webinar login information will be emailed the day before class.

Mon 6-8 PM
1 Session
Online Live

Nov 11
Keith Warwick
Class ID: 18199 **\$35**

Writing

NEW! Discover the Poet Within: A One-Night Poetry Workshop

Unleash your creativity and explore the magic of words in our one-night poetry workshop. This evening offers a welcoming space to dive into the art of poetry. Through engaging activities and guided exercises, you'll transform your thoughts and emotions into verses. Whether you're looking to express yourself, find inspiration, or simply enjoy the beauty of language, this class promises an enriching and inspiring experience. We will save some time at the end of class for reading work, but participation is not required. Join us and let your inner poet shine!

Thu 6-7:30 PM
1 Session
Ecology Bldg.
Nells Woodland, Ottawa

Nov 14
Abby Zukowski
Class ID: 18175 **\$45**

Beginner's Guide to Using ChatGPT (AI) for Writers

ChatGPT (AI) is here to stay and is the future for

writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles and even novels or scripts? In this beginner-friendly course, you'll learn how to register for a free ChatGPT account, input effective writing prompts to avoid nonsense responses, build creative content, from stories to marketing copy, determine its capabilities and limitations and understand ethical/legal considerations using ChatGPT. The webinar login information will be emailed the day before class.

Wed 12-2 PM
1 Session
Online Live

Oct 9
LeeAnne Krusemark
Class ID: 18176 **\$49**

NEW! Comedy Writing: How to Be Funny on Paper and Stage

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, or ultimately want to write for print/production or perform your own stand up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy of a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. The webinar login information will be emailed the day before class.

Wed 4-6 PM
1 Session
Online Live

Oct 16
LeeAnne Krusemark
Class ID: 18178 **\$49**

Using Amazon's Kindle Direct to Self-Publish your Book for Free

Whether you're looking to publish a paperback novel or short ebook now or in the future, this detailed tutorial will teach you step-by-step how to create an Amazon KDP account, format your manuscript and upload it to the platform, easily create a book cover from available templates, determine pricing and royalties, develop a sales pitch for your Amazon page, and write an Amazon author bio. Handouts for future use are included in class fee.

Thu 4-5 PM
1 Session
Online Live

Oct 17
LeeAnne Krusemark
Class ID: 18179 **\$29**

Beginner's Guide to Starting a FREE Blog

Online blogging is a great way to get the word out

about you, your service, your product, or information you want to share! You will learn step-by-step how to:

- start a FREE blog with WordPress
- choose a blog template
- emphasize your blog content with a creative name
- use your unique voice to share your expertise
- connect your domain/website

You will also learn how to earn an income with your blog, including links to other websites and advertising on your blog, as well as increase your internet ranking. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The webinar login information will be emailed the day before class.

Sat 2-4 PM **Oct 19**
1 Session **LeeAnne Krusemark**
Online Live **Class ID: 18176** **\$49**

Survival Skills

Primitive Ranged Tools: Throwing Stick, Atlatl & Traditional Archery

Join us for a day of throwing and shooting three of humankind's oldest and most reliable survival tools. Whether you've tried any of these before or have no experience, we will provide training so you are on target in no time. From the throwing stick of the ancient humans to the caveman's atlatl - a large fletched dart thrown from a handle - to the beloved traditional bow, you'll learn proper technique and developed your primitive ranged skills. We will also cover where you can find quality and affordable DIY kits and equipment.

Sat 10 AM-2 PM **Sep 7**
1 Session **Jason Thompson**
G-103, IVCC **Class ID: 18180** **\$45**

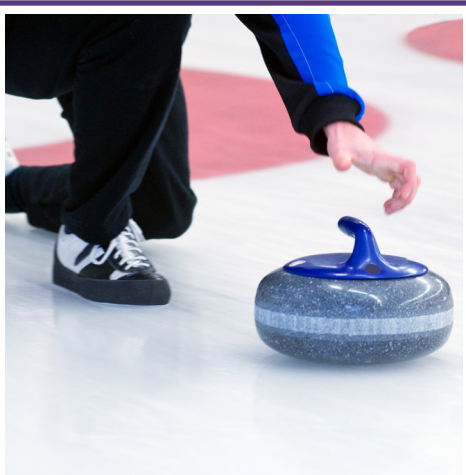
NEW! Making the Atlatl

For over 40,000 years, the atlatl was the dominant hunting system of humankind, replaced by the bow in the last 9,000 years. What made the atlatl such an

efficient weapon system? A large technological leap from the thrown spear and javelin, the atlatl gave humans a safer and more effective way to take down large game (even mastodons) from a considerable distance. This system is comprised of a 6-foot flexible dart, fletched and tipped, mounted on a 2-foot handle from where it is launched, all of which you will make in this class. The power range, and simple beautiful efficiency of the system is truly remarkable. Material fee: \$30 payable to the instructor the day of class includes 1 atlatl blank and dart-making kit which are yours to take home at the end of class.

Sat 10 AM-2 PM **Sep 21**
1 Session **Jason Thompson**
G-103, IVCC **Class ID: 18181** **\$45**

Curling



NEW! Learn the Sport of Curling

Illinois' oldest curling club invites you to learn the game of curling. Taught by members of Waltham Curling Club, you will learn techniques like delivering the stone, sweeping, and strategy. Whether you attend alone or bring friends, you are guaranteed to learn why curling is a lifelong sport. Bad knees? No problem, we have options for you, too. Class will be held at the Waltham Curling Club. Attendees must carry-in a clean pair of tennis shoes, wear warm, comfortable clothing, and sign a waiver upon arrival.

Mon 6-8 PM **Nov 18-Dec 9**
4 Sessions **WCC**
Waltham **Class ID: 18190** **\$75**
Curling Club, Triumph

Creative Arts

Looking for a project example? Visit our web-site ivcc.edu/enroll and enter the Class ID or contact continuing_education@ivcc.edu to request a project example by email.

NEW! Pearlescent Pumpkin Painting on Canvas

Paint a pair of pumpkins on canvas using pearlescent paint. Customize your artwork by choosing from six color variations that will be available. Finish the 16" x 20" canvas by wrapping with twine to create a rustic look. Supplies included. Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.

Thu 6-8 PM **Sep 19**
1 Session **Lucy Schmidt**
Ecology Bldg. **Class ID: 18182** **\$39**
Nell's Woodland, Ottawa

Painted Barn Quilt

Please register at least one week prior to class for planning purposes.

Not just for barns... barn quilts also look great on your porch, fence, chicken coop, garden shed, pole barn or even over your fireplace. Add a unique, personal touch to your urban or rural homestead with a handcrafted, authentic piece of American art. Prior to class you will pre-select your pattern from options provided by the instructor. The possibilities are endless when you choose the colors of your choice. Move through each step, drafting, taping and painting with careful attention to detail. There is a material fee payable to the instructor the day of class. \$25 for 2-foot project and \$40 for 4-foot project. Bring a roll of 1" painter's tape and a yard stick to class.

Sat 8 AM-12 PM **Sep 21**
1 Session **Jyllian Ossola**
RM 117, Bldg. J, **Class ID: 18191** **\$65**
IVCC East Campus

Impressionist Landscape Drawing using Soft Pastels

Join local art teacher and artist Julie Jenkins in

exploring the medium of pastels in the serene landscape of Nell's Woodland. Learn about the medium of soft pastels and create a landscape or botanical drawing en plein air (outdoors). Soft pastel is a wonderful medium, it's ultra-soft, blendable, vibrant and it almost feels like creating with pure pigment. You can bring a landscape photograph, or use our surroundings at Nell's Woodland as the subject for your finished piece. We will practice layering and blending techniques. We will discuss pieces created by the Impressionists and adapt them to create our own masterpieces. Students will take home a set of landscape pastels and blending stumps at the end of class. No experience necessary. Supplies included. Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.

Sat 9 AM-1 PM **Oct 5**
1 Session **Julie Jenkins**
Ecology Building **Class ID: 18183** **\$89**
Nell's Woodland

NEW! Witch Way to the Party Painting

Join IVCC instructor Lucy Schmidt to create this festive portrait just in time for Halloween. The finished project features a witch scene in classic Halloween colors. Follow along step-by-step as we create a 16" x 20" painting. Supplies included. Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.

Thu 6-8:30 PM **Oct 10**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 18184** **\$39**

NEW! Painted Wood Pumpkin Trio

Follow along step-by-step with IVCC instructor Jyllian Ossola as we create a hand-painted pumpkin decoration for fall. Learn how to apply paint to create a dimensional look to your project. Select from several paint colors at class. Optional: choose lettering to add to your project at the time of registration. An \$18 material fee is payable to the instructor the day of class. Ages: 13+. Children can register and attend with an adult over the age of 18, who is also registered and attending class. Each participant will complete their own project.

Sat 10AM-12 PM **Oct 19**
1 Session **Jyllian Ossola**
Habitat ReStore **Class ID: 18192** **\$39**
Peru

NEW! Watercolor Landscape Workshop

Learn about the watercolor medium and techniques.

Use these skills to craft a watercolor painting of an outdoor space or scene. You will create a baseline comfortability with watercolor and the basics of materials, tools, techniques, color, value and "seeing" your subject will be explored. No experience necessary. Students are welcome to bring their favorite vacation photo or outdoor landscape photo. The instructor will also have landscape examples available that you can use during class if you do not wish to bring your own. Students will be asked to submit a sample of their photo by email approximately two weeks prior to class. The picture should be taken straight ahead and not at an angle. Students will receive a list of art supplies to purchase prior to class.

Sat 9 AM-1 PM **Nov 9**
1 Session **Julie Jenkins**
Ecology Bldg. **Class ID: 18185** **\$49**
Nell's Woodland, Ottawa

NEW! Friday Night Framed Barn Quilt Address Workshop

Nothing says Americana more than a classic quilt pattern! Join IVCC instructor, Jyllian Ossola in this brand-new class offering featuring a 28" x 20 15/16" framed address sign. Please pre-submit the address you wish to place on the bottom of the sign. This piece would make a beautiful addition indoor or out, and would look especially charming near an entrance or porch. For this class, students will complete the same pattern, but have their selection of colors. Bring a roll of 1" painters' tape, a yard stick, and ruler to class. There is a \$35 material fee payable to the instructor the night of class.

Fri 5-7:30 PM **Nov 15**
1 Session **Jyllian Ossola**
CTC-123, IVCC **Class ID: 18194** **\$39**

NEW! Winter Church Landscape Painting

This brand-new project will look beautiful in your home this season. Prepare for the season ahead as we paint a winter scene featuring a church landscape on a 16" x 20" canvas. Supplies included. We will be offering this class at IVCC, Oglesby and Nell's Woodland, Ottawa.

Sat 9 AM-12 PM **Nov 16**
1 Session **Lucy Schmidt**
Ecology Bldg. **Class ID: 18186** **\$39**
Nell's Woodland, Ottawa

Tue 6-9 PM **Dec 17**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 18187** **\$39**

NEW! Snowman with Cardinal Painting

This seasonal landscape can stay on display all

winter. We will be painting a winter scene featuring a snowman and cardinal on a 16" x 20" canvas. Ages: 13+. Children can register and attend class with an adult over the age of 18 who is also attending class.

Mon 6-8 PM **Dec 2**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 18188** **\$39**

NEW! Gingerbread Joy Painting for Kids

Drop the kids off for a fun morning painting a festive gingerbread house on canvas. No experience necessary, attendees will follow along step-by step with our instructor. This mixed media piece includes some additional embellishments to "sweeten" up the finished piece. Supplies included. Wear clothes you can paint in and bring a snack. **Ages: 8+.**

Sat 10 AM-12 PM **Dec 7**
1 Session **Lucy Schmidt**
CTC-123, IVCC **Class ID: 18189** **\$39**

NEW! Frosty Festivities: A Children's Holiday Celebration

Drop the kids off at IVCC for some festive fun while you finish some holiday errands. A variety of activities are planned including creating a snow man door hanger, building a graham cracker gingerbread house, make a snack, participate in games, fun activities and maybe even a science experiment. Kids will have the option to wrap their snowman door hanger for gift giving. **Ages: 5-8. Limited seats available.**

Sat 9 AM-12PM **Dec 14**
1 Session **Jyllian Ossola**
CTC-123, IVCC **Class ID: 14337** **\$59**



Online Classes

Featured Courses

Certificate in Basic Game Design

Scheduled | Sep 3-Nov 1 | 48 Hours | \$395

Online | Class ID: 16600

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This Certificate provides you with a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. The certificate consists of two courses. In the first course, you will discover resources for developing game design, identify the mechanics and verbs used in different games. You will come away with knowing the different activities that are part of game design, being able to flesh out a game idea in order to increase the chances to having a successful game design experience, and have a basic understanding of how to work with game developers. In the second course, you will learn the basics of video game design process, learn about the main video game genres, and use a game development application to begin your journey of making games. By successfully completing this Certificate in Basic Game Design, you will have taken the first steps into understanding game design, and being able to create your own games. Find out more ivcc.edu/enroll.

Certificate in Data Analysis

Scheduled | Sep 3-Nov 29 | 48 Hours | \$495

Online | Class ID: 16558

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills. Begin with getting a basic understanding of how to analyze data in a business setting. Then learn how many of your business decisions involve comparing groups for differences. You will know the statistics behind these group differences and relationships. Finally you will find out how to perform inquiries that will be useful to your business or organization, and have the skill necessary to communicate these results through graphs and text that your fellow employees will understand. Whether your business is home based or a large company, this certificate will take you to the next level where important decision-making is concerned. Students need to have Microsoft Excel to complete this certificate. Find out more ivcc.edu/enroll.

Freight Broker/Agent Training

Start any time | 100 Hours | 6 months | \$1,895

Online | Class ID: 16740

Start your career as a freight broker or agent with our online freight agent and freight broker training! The course provides you with the comprehensive skills needed to build a successful freight brokerage or begin working for a broker. Learn the foundational aspects of brokering shipments - from laws and terminology to valuable tools and software. You will also learn how to set up your freight brokerage business and manage contracts and forms, as well as how to find shippers and do ratings. Learn where and how to find your shippers and loads, how to locate authorized and dependable motor carriers, how to determine market rates based on supply and demand, and how to handle your day-to-day operations. Find out how to check your state for requirements, register your freight brokerage, decide on your insurance needs, and secure operating capital. After completion, you will understand the steps of setting up carrier and shipper packets and contracts, marketing and advertising avenues, rate quotes, how to interact with shippers and carriers to keep lines of communication open, and valuable negotiation skills needed as a freight broker or agent. Job Opportunity and Resources: Brooke Transportation Training Solutions hosts a Freight Broker/Agent Resources Day event, which includes a virtual option held one Friday a month exclusively for course graduates. Payment plan available. Find out more careertraining.ivcc.edu.

NEW! Professional Grant Writing

Start any time | 90 Hours | 6 months | \$2,295

With exam voucher | \$3,195

Online | Class ID: 16740

Ready to develop the skills and strategies you need to become an integral part of one of the world's fastest-growing professional certification sectors - grant writing? You will further the ideals and goals of your career track by learning about the required competencies that can lead to an internationally recognized certification by one of the leading grant professional associations. Discover there is much more to writing grants than finding funding and writing grant proposals. Grant professionals must also know how to delve into supporting organizational development for grant applicants, coach them in communicating with potential funders, assist with internal and external collaborations with a successful mix of partners, and magically spin out program design language. Become proficient in the proposal and case statement formats used by foundations and government grantmaking agencies. Learn about the certification process for grant professionals and write different elements of a complete grant application, culminating in a case statement for your capstone assignment with instructor feedback on each element. From grant funding trends to matching your course project to the right funding sources,

you will be confident in differentiating yourself from a grant writer to a grant professional. This training will also prepare you for the Grant Professional Certified (GPC) exam offered by the Grant Professionals Certification Institute (GPCI), which has minimum requirements of education and grant experience based on the level of education obtained. This course offers enrollment with or without a voucher. The voucher covers the fee to sit for the GPC exam upon eligibility, and includes a one-year professional membership to the Grant Professionals Association (GPA). This course has been accepted in GPCI's (Grant Professionals Certification Institute) Accepted Education Program. Payment plan available. Find out more careertraining.ivcc.edu.

Human Resource Professional

Start any time | 150 Hours | 9 months | \$1,945

Online | Class ID: 16759

The Human Resources Professional course prepares you for a career and professional certification in human resources (HR). This course explores the foundational aspects of HR, including human resource laws, hiring disciplines, and labor relations. You will learn industry-recognized practices that align with the Human Resource Certification Institute (HRCI) and the Society for Human Resource Management (SHRM). By the time you finish the online human resources certification e-course, you will be equipped to start your career in this growing field. Additionally, this course will prepare you to take the HRCI's Professional Certification in Human Resources (PHR) exam. The PHR certification recognizes that an individual holds the knowledge and experience needed to excel in human resource management. During this HR training, you will also learn information useful for other certification exams, including SHRM's Certified Professional (SHRM-CP) exam and the HRCI's Associate Professional in Human Resources (aPHR) exam. Payment plan available. Find out more careertraining.ivcc.edu.





ILLINOIS VALLEY
COMMUNITY COLLEGE

815 North Orlando Smith Road | Oglesby, IL 61348-9692
ivcc.edu/enroll | (815) 224-0427

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RESIDENTIAL CUSTOMER

Are you ready to take the next step on your career path?

The IVCC Continuing Education Center provides a catalog including hundreds of online courses to help you take the next step. Whether you are looking to retrain or gain a certification, these programs are geared towards the adult learner who is looking for a flexible learning option.

These courses are non-credit advanced skill-building programs and many provide preparation for industry certification.

Do you need assistance finding the program you are looking for? Contact our training specialists at (815) 22-0427 or visit ivcc.edu/enroll to explore available courses.

Programs available in the following fields:

Arts & Design | Business | Computer Science
Computer Applications | Construction & Trades
Graphic Design | Health & Fitness | Hospitality
Human Resources | Information Technology
Language | Legal | Marketing | Writing

Classes available in Spanish :

A limited number of classes are available in English/Spanish

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Court IntrepterNASM
NASM Certified Personal Trainer
Food Service Sanitation (online class)
Certificacion HVACR en espanol
Programa de Certificado de Conocimiento Básico de HVACR NATE Core
Fundamentos de Preston Bailey para el Diseño Floral

For more information contact the
Continuing Education Center
Illinois Valley Community College
815 North Orlando Smith Road | Oglesby, IL | 61348
(815) 224-0427 | ivcc.edu/cec

Illinois Valley Community College is pleased to announce a new career training program.

Train for a career as a Surgical Technician

In-person starting August 20

Partial tuition funding is available through Illinois WORKFORCE Grant for qualifying applicants.

Tuition: \$1,599 \$799

**Contact Lexis Leiteritz-Buckley,
Healthcare Career Navigator (815) 224-0490**

