

Fall 2026 Schedule | ivcc.edu/enroll



CONTINUING EDUCATION CENTER

Discover What's Next
New Skills. New Passions. New Possibilities.



ILLINOIS VALLEY
COMMUNITY COLLEGE



Scan for
additional
information.



Fall Spotlight Meet Karen Stowe

Helping Professionals Communicate, Lead, and Adapt with Confidence

Karen Stowe brings more than 20 years of real-world experience to the classroom.

Whether you're curious about artificial intelligence, looking to strengthen your organization's online presence, or hoping to become a more confident communicator, Karen Stowe believes learning should feel practical, approachable, and immediately useful.

Karen has spent more than two decades helping both large corporations

and small businesses improve communication, strengthen leadership, and guide organizations through change. Today, she brings that same real-world expertise to IVCC Continuing Education classrooms through courses like **AI for Business and LinkedIn for Business**.

"My goal is simple - to help people communicate with greater clarity, embrace change with confidence, and leave with practical tools they can put to use immediately."

Making Technology Less Intimidating

Artificial intelligence can seem overwhelming, but Karen helps students discover that AI isn't about replacing people - it's about helping people work smarter.

Rather than focusing on technical jargon, her classes emphasize practical applications that professionals can begin using right away. Students learn how AI can help organize ideas, draft emails, summarize information, improve workplace communication, and save valuable time on everyday tasks.

"People don't have to know everything to get started," Karen says. "I meet students where they are and focus on real-world applications that make their work easier."

More Than a Social Media Platform

Karen also teaches organizations how to use LinkedIn as a strategic business tool.

Instead of simply creating a company page, participants learn how to showcase their organization's culture, values, expertise, and people - building trust, attracting talent, and strengthening relationships with customers and the community.

Her message is clear: authentic communication is one of every organization's greatest competitive advantages.

Bring your curiosity - you'll leave with confidence.

Learning That You Can Use Tomorrow

Karen's interactive, discussion-based classes encourage questions, hands-on practice, and collaboration. Adult learners appreciate that every lesson connects directly to real workplace challenges.

Participants leave with skills they can immediately apply - whether that's writing more effective emails, creating stronger presentations, improving business communication, or developing a more engaging online presence.

Students can expect classes that are:

- Interactive and hands-on
- Filled with real-world examples
- Welcoming to beginners
- Focused on practical results

A Lifelong Learner at Heart

When she's not consulting or teaching, Karen enjoys writing, photography, taking art classes, exploring local history, and spending time outdoors with her Jack Russell, Maizie.

Her favorite piece of career advice?

"Never stop learning."

Karen believes curiosity, adaptability, and strong communication skills will continue to open doors as workplaces evolve.

Join Karen This Semester!

Whether you're looking to sharpen your professional skills, explore AI with confidence, or discover new ways to grow your organization, Karen's classes offer practical knowledge in a welcoming environment designed for learners of every experience level.

Featured Classes

Sep 29: AI for Business, Class ID: 30244

Oct 27: LinkedIn for Business, Class ID: 30245

Continuing and Professional Education

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Community Education

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- 22 Curling, Survival Skills, Solar Energy
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BUSINESS

Small Business Accelerator Kauffman FastTrac®

"I got a lot out of the program, but specifically I was able to think of my business as a cohesive unit and really nail down who I should be marketing to. It gave me a vision of what my mission is and the vocabulary to talk about it."

Ready to turn your business idea into a real venture? This hands-on, cohort-style workshop, powered by the nationally recognized Kauffman FastTrac® curriculum, helps aspiring and early-stage entrepreneurs build a solid foundation for launching and growing their business. In this program, you will learn how to:

- Define your business concept and identify your target market
- Validate your idea through customer research and competitive analysis
- Build a business model that drives profitability and sustainability
- Develop a clear roadmap for funding, marketing, and growth

By the end of the series, you will have a refined business plan, valuable feedback from peers and mentors, and the confidence to move your idea forward. **CEU: 1.6**

The Strategies at Work Grant will reduce the cost of training by 50%. To access these funds and register for the course, please call (815) 224-0427.

Tue 6-8 PM
8 Sessions
CTC-124, IVCC

Sep 8-Oct 27
Connor Cofoid
Class ID: 30004 **\$549**

AI in the Workplace: Practical Tools for Everyday Communication

AI is becoming an everyday support tool helping people write faster, communicate more clearly and lighten their workload without needing any technical background. In this workshop, you will learn what AI really is, where it is already showing up in your daily life, and how to use it in simple, human-centered ways to make work feel easier and more manageable. We will introduce AI through practical, real-world examples and allow you hands-on time to practice turning rough ideas into polished communication. **CEU: .2**

Tue 3-5 PM
1 Session
Rm 112,
Ottawa Center

Sep 29
Karen Stowe
Class ID: 30244 **\$89**

LinkedIn for Businesses: Aligning Your Company's Voice

A strong LinkedIn presence helps organizations build credibility, increase visibility and foster meaningful connections. This hands-on workshop covers optimizing your LinkedIn Company Page, refining your messaging and creating content that aligns with your mission and goals. Participants will learn practical strategies to boost engagement, strengthen their brand and leverage LinkedIn for business growth, recruitment and community outreach. Whether you are launching a new page or enhancing an existing one, you will leave with actionable insights and a clear strategy for success online. **CEU: .2**

Tue 3-5 PM
1 Session
Rm 112,
Ottawa Center

Oct 27
Karen Stowe
Class ID: 30245 **\$89**

Sexual Harassment Prevention

This 30-minute online course meets the standards and guidelines for sexual harassment training that is required for all employers in the state of Illinois. Topics include sexual harassment laws, responsibilities of employers, protections for employees regarding sexual harassment in the workplace and information needed if seeking to file a report. *A link to the online course will be provided in your registration confirmation email and you will be given 30 days to complete. A certificate of completion will be issued upon successful completion of the online content and quiz.* **CEU: 1**

Online
1 Session

Class ID: 30219 **\$25**
Annie Monyok

Meet Cristina Callahan IVCC Ottawa Center Coordinator



Hi, I'm Cristina, the IVCC Ottawa Center Coordinator! I get to spend my days connecting our community with programs, resources, and opportunities that make life a little richer. Outside of work, I love spending time with my family, pets, traveling, and being involved in our

community. I love meeting all the people who walk through our doors, hearing what brings them in, and helping them find the right class or program to fit what interests them. If you have any questions, give us a call or just stop by - I'd love to help you find your new adventure!

Contact Cristina
PH: (815) 224-0800
Email: cristina_callahan@ivcc.edu

IVCC Ottawa Center
321 W. Main Street
Ottawa, Illinois 61350

Illinois Valley WOMEN'S CONNECTION COHORT

COMMUNICATE. ENGAGE. GROW.

A four session cohort for women who want to strengthen communication, build meaningful relationships, and grow professionally.



FOUR SESSIONS

Wednesdays
October 7th-November 18th
8:00AM - 10:00AM



Learn More



Questions? Call 815-224-0427



OCTOBER 7



**Be the
Person They
Remember**

**CRAFTING A
MESSAGE THAT
CONNECTS!**

Leave with an
authentic and
memorable
introduction.

OCTOBER 21



**Conversation
Before the
Opportunity**

**NETWORKING
THAT FEELS
HUMAN.**

Gain confidence
creating meaningful
professional
connections.

NOVEMBER 4



**Every
Business
Tells a Story**

**IS YOURS THE
ONE YOU
INTENDED?**

Identify and
strengthen the
story you are
already telling.

NOVEMBER 18



**Amplifying
Your
Message**

**PRACTICAL TOOLS
FOR A CONNECTED
WORLD.**

Use AI and other
practical tools to
expand your reach
and impact.

PROJECT MANAGEMENT

Advance your career with in-demand project management skills that help you lead teams, deliver results and drive organizational success. These online live courses are designed to prepare you for industry-recognized PMI® certifications while providing practical, real-world knowledge. Whether you're new to project management or advancing to the next stage of your career, you'll gain the expertise, insights, and confidence needed to manage complex projects and lead effectively.

NEW! Essentials of Project Management

This 2-day course provides a practical foundation in the principles and tools required to successfully manage projects. Participants will learn the key factors that contribute to project success and failure, explore the Project Management Institute's five process groups and develop work breakdown structures for real-world projects. You will discuss managing stakeholders project estimating, change management, critical path analysis, risk management, and lessons learned practices, equipping learners with essential skills to plan, execute, monitor and close projects effectively. **14 Contact Hours toward PMP® certification or 14 PDUs if already PMP® Certified.**

Thu 8:30 AM-4:30 PM Sep 24 & Oct 1
2 Sessions **Andy Kaufman**
Online Live **Class ID: 30247** **\$549**

NEW! Advanced Project Management

Build on foundational project management knowledge by focusing on strategic decision-making, leadership, and performance management. Participants will learn how to evaluate and prioritize projects, analyze stakeholder needs and manage expectations effectively. The course explores project cost management, including earned value analysis, quality and procurement management practices, conflict resolution techniques, and methods for strengthening accountability and influence within project teams. Learners will also develop practical negotiation skills to address common project challenges and drive successful outcomes. **14 Contact Hours toward PMP® certification or 14 PDUs if already PMP® Certified.**

Thu 8:30 AM-4:30 PM Oct 8 & 15
2 Sessions **Andy Kaufman**
Online Live **Class ID: 30248** **\$549**

NEW! Project Management Certification Exam Preparation

Take the next step in your career and work toward certification as a Project Management Professional. This one-day course helps you review principles of project management and prepare for the PMP® exam. Participants will learn how to maximize the value of practice questions and exam preparation materials, review key concepts across all knowledge areas and develop methods for analyzing and breaking down exam questions to identify the best answer and improve overall exam performance. Completion earns 7 project management education hours. **Required textbook not included*.**

*PMP® Exam Prep, Eleventh Edition, by Rita Mulcahy
 ISBN: 9781943704347

Note: 35 project management education hours are required to sit for the PMP® exam. These hours are met by registering for Essentials (14 hours), Advanced (14 hours) and Cert Prep (7 hours).

Thu 8:30 AM-4:30 PM Oct 22
1 Session **Andy Kaufman**
Online Live **Class ID: 30249** **\$349**

LEADERSHIP SERIES

This series will be hosted at:
IVCC Ottawa Center
321 W. Main Street, Ottawa, IL 61350

This 4-part series explores the foundational role of leadership in building influence and driving positive outcomes. Participants will examine various leadership approaches, strengthen their communication skills, and learn how to lead others with clarity and purpose given their **6 Types of Working Genius** assessment results. Upon completing this series, you will gain practical tools to effectively motivate and lead your team. **CEU: 1.2**

Tue 8:30-11:30 AM
4 Sessions
Rm 101,
Ottawa Center

Oct 6-27
Janelle Reeb
Class ID: 30229 **\$599**

October 6: Leading Others Through Trust & Change

Trust is the foundation of every high-performing team. In this session, you will identify what builds and breaks trust and learn how to rebuild it when it has been compromised. Explore how change impacts people and teams, and how leaders can guide others through transition with clarity and confidence. You will leave with tools to maintain trust and keep teams moving forward.

October 13: Effective Communication

Strong communication drives influence and trust. Learn to tune into your personal style, practice active listening, and tailor your message to get results. You will recognize when crucial conversations are needed and how to approach them with clarity and purpose. The focus: listen to understand, connect authentically, and strengthen relationships.

October 20: Discovering Your Genius

Working Genius training gives teams a clear framework for how work happens through six types of genius across three stages of ideation, activation and implementation. It builds self-awareness by identifying productive and unproductive tendencies while helping teams align on altitude and move from ideas to execution. Using the six-step flow, teams improve problem solving and create more complete and effective solutions. With individual profiles and a team map, it strengthens trust by helping people understand and value each other's natural contributions. **You will be provided a link to complete an online assessment and it must be completed prior to this session.**

October 27: Foundations of Leadership: Inspire Growth & Influence

Leadership is not a title, it is influence. In wrapping up the series, learn how strong leaders think, act and connect. Explore how your values and Emotional Intelligence (EI) shape your impact, enhances communication and develops collaboration. Participants will gain strategies to lead with authenticity, foster trust and cultivate a positive and productive organizational culture.



ESSENTIAL WORK SKILLS

EWS ESSENTIAL WORKPLACE SKILLS

Professional Development
for Frontline Workers

Building Stronger Employees. Strengthening Workplace Culture.

As workforce expectations continue to evolve across generations and work environments, organizations need practical solutions that strengthen employee effectiveness, improve workplace culture, and increase overall performance. Our Essential Workplace Skills (EWS) program provides a customized learning experience designed to address your organization's unique workforce challenges. Training is tailored to your priorities, allowing flexibility in content sequencing, session length, delivery format, and follow-up support.

Topics include:

- Practicing Professionalism in the Workplace
- Communicating Effectively
- Navigating Challenges and Stressors
- Thinking Critically at Work
- Understanding Customer Service Essentials

For more information on creating a customized program contact:
Jennifer Sowers | (815) 224-0280
Jennifer_Sowers@ivcc.edu

COMPUTERS

NEW! Intro to iMovie

Ready to turn your photos and video clips into polished movies? In this hands-on beginner class, learn how to use Apple's iMovie software to create and edit professional-looking videos with ease. Participants will explore the iMovie interface, import photos and video, trim and arrange clips, add titles, transitions, music, and sound effects, and share finished projects with family, friends, or on social media. Whether you want to preserve family memories, create vacation videos, or produce content for personal or professional use, this class will provide the foundational skills needed to get started. No prior video editing experience is necessary. *Participants should bring an iPad that is 4th generation or newer with the iMovie app already installed.*

Mon 6-9 PM
1 Session
CTC-119, IVCC

Oct 5
Dan Goslin
Class ID: 30530 **\$39**

Intro to Blender: Creating 3D Graphics

Explore and learn 3D in Blender in a single evening with an open lab setting. You will see live demonstration and receive instruction designed to be a fun and encouraging introduction to three-dimensional creativity. Ask questions, see what is possible and explore a new skillset. All experience levels welcome!

Mon 6-9 PM
1 Session
CTC-119, IVCC

Nov 9
Dan Goslin
Class ID: 30531 **\$25**

Microsoft Office Specialist (MOS) Associate Certification Training (Vouchers Included)

245 Hours | Self-Paced | \$2,410

Proficiency in Microsoft Office is essential in today's professional environment, and earning a Microsoft Office Specialist (MOS) Associate Certification demonstrates advanced expertise in the Office suite. This course provides comprehensive, hands-on training through interactive exercises, detailed instructional materials and supplemental video demonstrations to prepare you for certification exams in Word, Excel, PowerPoint, and Outlook. By the end of the course, you will be fully prepared to take the following exams: MO-200 and MO-201 (Excel), MO-100 and MO-101 (Word), MO-300 and MO-310 (PowerPoint), and MO-400 (Outlook). To earn the MOS Associate Certification, you must successfully complete any three Associate-level exams of your choice. **Additional proctoring fees may apply and are not included in the course cost.**

The IVCC Assessment Center offers Microsoft Office Specialist (MOS) certification exams through Certipoint®. Testing is available by appointment only and you must schedule at least seven days in advance. **A \$25 proctor fee is due before testing, and candidates must have a Certipoint® account and MOS exam voucher.** For questions, contact the Assessment Center at (815) 224-0542.

Certificate in QuickBooks

Sep 8-Oct 30 | Online | \$395

Master QuickBooks Online, the leading accounting platform for small businesses. This program offers a comprehensive understanding of both foundational and advanced features, with a free trial of the cloud-based software included to enhance your learning experience. Upon completion, you will earn a professional certificate from the Learning Resources Network (LERN).

Start Date: September 8

Class ID: 30487

SAVE THE DATE!

October 21, 2026
5:00pm

IT Expo
IVCC Ottawa Center



Certificate in Mastering Excel

Sep 8-Nov 27 | Online | \$495

Microsoft Excel is one of the most widely used business tools in the world, making spreadsheet skills essential for entrepreneurs, professionals, and job seekers. This certificate program begins with the fundamentals of creating, editing, and formatting worksheets and workbooks. As your skills grow, you will explore advanced features that help analyze information, identify trends, and create professional, visually appealing reports. Gain the confidence to turn raw data into meaningful insights and make informed decisions with Excel.

Start Date: September 8

Class ID: 30446

Certificate in Mastering Computer Skills for the Workplace

Sep 8-Nov 27 | Online | \$495

Get hands-on experience with the most widely used computer programs in the world, and take away the skills to create professional documents, presentations, and spreadsheets. Earn a certificate that demonstrates your mastery of computer skills for the workplace by taking all three classes in this series. Discover the power of Microsoft Excel to create, edit and manage spreadsheets, master the art of professional document creation with Microsoft Word, and bring your proposals and presentations to life with Microsoft PowerPoint.

Start Date: September 8

Class ID: 30490

WATER PROGRAMS



IVCC, in partnership with Black Hawk College, will be offering Drinking Water and Wastewater courses to help prepare for the operators' state exam and Illinois EPA certification. These courses will be presented online live, via Teams, and can also be

attended to fulfill Renewable Training Hour (RTH) requirements. For more information go to ivcc.edu/waterclasses.

Beginning Drinking Water Class C & D

Mon 6-9 PM

Class ID: 30220

*No Class: Oct 12

Sep 14-Nov 30

\$585

Advanced Drinking Water Class A & B

Tue 6-9 PM

Class ID: 30221

Sep 15-Dec 1

\$600

Beginning Wastewater Class 3 & 4

Tue 6-9 PM

Class ID: 30222

Sep 15-Nov 24

\$605

Advanced Wastewater Class 1 & 2

Thu 6-9 PM

Class ID: 30223

Sep 10-Nov 19

\$605

OSHA & SAFETY

Partner with IVCC's Business Training Center to provide high-quality safety training tailored to your organization. Whether held on campus or delivered onsite, we work with you to create a schedule that minimizes disruption and maximizes employee participation.

Topics include, but not limited to:

OSHA 10-Hour & 30-Hour Construction or General Industry

- Forklift Training and Renewal
- Aerial Lift Fall Protection
- Confined Space Entry & Rescue
- First Aid/CPR/AED
- Electrical Safety
- Emergency Action Plan
- OSHA Safety Audit Walk Thru
- Annual Reviews
- SDS Training & Updating

Online OSHA and Safety classes available

For more information contact Jennifer Sowers
(815) 224-0280 | jennifer_sowers@ivcc.edu

INDUSTRIAL ELECTRICITY

Industrial Electrician Certificate

Your Skills, Your Speed, Your Success

IVCC's Industrial Electrician Certificate is flexible training program offered in a Competency-Based Education (CBE) format. This approach allows students to progress at their own pace by demonstrating the skills and knowledge they have mastered, making it ideal for working adults or those with prior experience.

The program consists of five stackable modules:

- **Electrical Systems 1**
Class ID: 30532
- **Industrial Electronic Systems 1**
Class ID: 30533
- **Electric Motor Control Systems 1**
Class ID: 25442
- **Electrical Motor Troubleshooting**
Class ID: 25443
- **Electrical Systems Installation 1**
Class ID: 30238

Each module blends online instruction with required in-person lab-based skill demonstrations. Learners progress by mastering competencies, not seat time. Each module can be completed in 12 weeks or less. Start any module on any day of the month beginning August 14th, and attend lab at times that work for you. Earn micro-credentials along the way, and once modules are completed, you will be eligible for credit for prior learning. Students are not required to complete all five modules.



Scan the QR code to explore the full program guide!

Tuition: \$799* per module

*Modules are eligible for the Noncredit Strategies at Work Grant. Call (815) 224-0427 to register and receive 50% discount.

TECHNICAL

NEW! Soldering Fundamentals [Level 1]

This introductory course provides hands-on training in fundamental soldering techniques. Participants learn how solder, flux, and heat work together to create strong, reliable connections while practicing proper tool selection, setup, and safety procedures. Through guided exercises, students will dress, strip, prepare, and solder multiple wire gauges. The course also introduces copper pipe soldering, including surface preparation, heat control, and joint formation. By the end, participants will understand basic electrical and plumbing soldering methods and safely perform foundational soldering tasks with confidence. Materials included in the cost of the class.

Sat 10 AM-12:30 PM Sep 26 & Oct 3
2 Sessions Cam Riedesel
CTC-107, IVCC Class ID: 30312 \$224

NEW! Intermediate Soldering: Techniques and Applications [Level 2]

This intermediate-level course builds foundational soldering skills and introduces more advanced applications. Participants will explore the dos and don'ts of soldering copper pipe in tight or confined spaces, with emphasis on heat control, joint integrity, and safety. The course also introduces surface mount (SMT) chip soldering techniques and provides guided practice in soldering mild steel. Through hands-on exercises, students will refine their precision, improve problem-solving skills, and expand their ability to work across multiple materials and environments. Materials included in the cost of the class.

Sat 10 AM-1 PM Oct 17 & 24
2 Sessions Cam Riedesel
CTC-107, IVCC Class ID: 30313 \$254



CAREER TRAINING PROGRAMS

Whether you are starting a new career, building skills, or preparing for advancement in your current field, IVCC Continuing Education offers flexible, career-focused training designed to help you reach your goals faster. Through our partnerships with Ed2Go, LERN, and AHIT, you can choose from online, open-enrollment programs that let you start when you're ready and learn at your own pace.

Flexible Training for the Career You Want!

Training opportunities include:

- Healthcare Careers
- Skilled Trades & Industrial Training
- Transportation & Logistics
- Business & Professional Development
- Technology & Computer Training
- Online Career Training Programs

Many programs offer:

- Flexible scheduling
- Short-term training formats
- Hands-on learning opportunities
- National certification preparation
- Grant funding opportunities for eligible students

Find the Training Path That is Right for You

If you are unsure which program is the right fit or would like help exploring career pathways, we are here to help! Contact Lexis Buckley at lexis_buckley@ivcc.edu or Cristina Callahan at cristina_callahan@ivcc.edu.

Financial Support May Be Available!

1. Business Employment Skills Team, Inc. (BEST) provides federal Workforce Innovation & Opportunity Act (WIOA) funding.

- **Approved Programs Include:** Medical Billing & Coding, Pharmacy Technician, EKG Technician, Human Resources Professional, Project Management Essentials with CAPM®

Prep, and Sterile Processing Technician.

- Visit best-inc.org to learn more
- For more information on eligibility, please contact:
 - Lisa Cofoid at (815) 224-0370
 - Bonnie Hayes at (815) 200-3204
 - info@best-inc.org

2. The Noncredit Strategies at Work Grant may provide funding for select workforce programs. Eligible programs and funding availability vary throughout the year.

- For more information, please contact:
 - continuingeducation@ivcc.edu
 - (815) 224-0427

3. Military Spouse Career Advancement Account (MyCAA) is a workforce development program that provides up to \$4,000 in support for eligible military spouses pursuing certification or licensure.

- Visit mycaa.militaryonesource.mil/mycaa/ for additional information
- Select 'SEARCH FOR PROGRAMS & SCHOOLS' and type in Illinois Valley Community College to see approved programs

PLEASE NOTE: Financial assistance for our programs is not guaranteed and depends on eligibility and the availability of funds. Each opportunity listed has varying application requirements and different approved programs.

For a full list of all available Career Training Programs scan the QR code or visit careertraining.ed2go.com/ivcc.



How to Register:



Scan the QR Code to View the Full List

1. Visit our **Online Instruction Center at ed2go.com/ivcc**
2. At the top, click **"Courses"** and begin browsing.
3. Find your class and register by selecting **"Enroll Now."**
4. Follow the instructions to create an account, enroll in your program and pay for your course.
5. On the day your program begins, return to our Online Instruction Center, and click the **"My Classroom"** link.
6. To begin your studies, simply log in with your email and the password you selected during enrollment.

Please call our office at (815) 224-0427 for assistance!

ONLINE CAREER TRAINING PROGRAMS

Register and start at any time throughout the year!

*Tuition includes applicable exam voucher(s) and all required textbook(s) and/or eBook(s). Refunds cannot be issued once the program curriculum is accessed online or confirmed through the submission of material shipment confirmation.

Certified EKG Technician

[170 Hours | 12 Months]

In this comprehensive Electrocardiography (EKG) technician course, you will delve into key areas, including cardiac anatomy, physiology, and infection control. The curriculum also covers proper machine protocols and maintenance, equipping you with essential skills for operating EKG machines. Additionally, you will learn the intricacies of electrocardiography interpretation and effective communication in various clinical scenarios. **Eligible students may qualify for WIOA funding.**

Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Certified EKG Technician (CET) by the National Healthcareer Association (NHA).**

Online Self-Paced

Tuition: \$2,299

Human Resources Professional

[150 Hours | 9 Months]

Prepare for a career in human resources with IVCC's Human Resources Professional program. This online program provides students with foundational knowledge in employee relations, recruitment, hiring practices, workplace communication, labor relations, and employment law.

Students will explore industry-recognized HR practices aligned with the Human Resource Certification Institute (HRCI) and the Society for Human Resource Management (SHRM). Coursework covers topics such as performance management, retention strategies, compensation and benefits, diversity considerations, remote work, and workplace safety regulations. **Eligible students may qualify for WIOA funding.**

Upon successful completion, students will receive a certificate of completion from Illinois Valley

Community College and will be prepared to pursue entry-level human resources roles and sit for industry-recognized certification exams, including:

- **HRCI's Associate Professional in Human Resources (aPHR) exam**
- **SHRM-CP exam**
- **HRCI's Professional in Human Resources (PHR) exam**

Online Self-Paced

Tuition: \$2,267

Medical Billing and Coding

[370 Hours | 12 Months]

Prepare for a rewarding career in Medical Billing and Coding with our comprehensive course. Gain expertise in legal, ethical, and regulatory concepts essential to the field, including HIPAA compliance and coding guidelines. Explore the entire revenue cycle, from patient registration to reimbursement, and learn medical terminology for effective communication in healthcare. With over one million physicians relying on professionals in this role, opportunities abound in medical facilities, insurance companies, pharmacies, and more. **Eligible students may qualify for WIOA funding.**

Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and may select one voucher to sit for a national certification exam of their choice (an exam voucher is included in the total cost of tuition):

- **Certified Professional Coder (CPC) exam by AAPC**
- **Certified Coding Associate (CCA) exam by AHIMA**
- **Certified Billing and Coding Specialist (CBCS) exam by NHA**

Online Self-Paced

Tuition: \$3,499

Pharmacy Technician

[400 Hours | 12 Months]

This online course provides a comprehensive curriculum designed to prepare aspiring pharmacy technicians for a successful career in the field. Students will develop the skills necessary to assist pharmacists in the packing and distribution of medication. The course includes hands-on learning through an online lab module that provides practical experience with processing medication orders, determining correct dosing, and sourcing. Students may also be eligible to apply for a 100+ hour Clinical Experience to further build practical skills in a real-world setting. Throughout the program, learners will develop essential professional and communication skills, learn pharmacy regulations and standards to ensure patient safety, gain experience in accurately reading and processing prescriptions,

and understand proper medication storage and quality assurance procedures within the pharmacy department. **Eligible students may qualify for WIOA funding.**

Upon course completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Pharmacy Technician Certification Exam (PTCE) by the Pharmacy Technician Certification Board (PTCB).**

Online Self-Paced

Tuition: \$3,299

Sterile Processing Technician

[190 Hours | 12 Months]

Sterile Processing Technicians (SPT) play a critical role in preventing infection by sterilizing, cleaning, processing, assembling, storing, and distributing medical supplies. This online sterile processing technician certification course will train you to work as an SPT. You will learn all the necessary steps required to perform the duties and tasks of an SPT, as well as the details and expectations within the concepts of the role and gain proficiency in understanding the step-by-step requirements of the sterilization process. **Eligible students may qualify for WIOA funding.**

Upon completion, students will receive a Certificate of Completion from Illinois Valley Community College and will be prepared to sit for certification (an exam voucher is included in the total cost of tuition):

- **Certified Registered Central Service Technician (CRCST) certification by the Healthcare Sterile Processing Association (HSPA).**

Online Self-Paced

Tuition: \$3,099

Project Management Essentials with CAPM® Prep

[100 Hours | 6 Months]

Prepare for a career in project management with our online program that provides students with the knowledge and practical skills needed to successfully plan, execute, and manage projects across a variety of industries.

Students will learn project management principles, scheduling techniques, budgeting, risk management, stakeholder communication, and team leadership. Coursework is aligned with the Project Management Institute (PMI) framework and prepares students

to apply industry-recognized project management practices in real-world settings.

Upon successful completion, students will receive a certificate of completion from Illinois Valley Community College and will be prepared to pursue entry-level project management opportunities and sit for the following industry-recognized certification exam, including:

- **Certified Associate in Project Management (CAPM)® certification exam**

Online Self-Paced

Tuition: \$1,549

ONLINE CERTIFICATE PROGRAMS

Scheduled start dates offered year-round. After meeting the requirements for completion, students will earn a Professional Achievement Certificate from Illinois Valley Community College.

**Tuition includes all required digital materials. Refunds cannot be issued once the program curriculum is accessed online.*

AI Certificate

Sep 28-Nov 27 | Online | \$495

Give your organization a competitive advantage with Artificial Intelligence (AI). Position yourself in an emerging knowledge specialty and growth area. Explore what AI can do to reduce costs, gather more and better business data, automate time-consuming tasks, improve efficiency, lower human error, reallocate staff time for higher priority functions and more. Then master the concepts and fundamental techniques of implementing AI. Finally, develop an AI plan and strategy to deliver results for your workplace. *Three one-month courses. CEUs: 4.8*

Start Date: September 8

Class ID: 30499

Coding Certificate

Sep 28-Nov 27 | Online | \$595

Coding is one of today's most in-demand workplace skills and can help increase your value in a wide range of careers. Begin with the fundamentals of computer programming and programming languages, then learn how to build and design web pages using HTML and CSS. Gain hands-on experience creating

websites while developing a strong foundation in industry-standard coding languages. *Three one-month courses. CEUs: 4.8*

Start Date: September 8

Class ID: 30459

Cybersecurity Certificate

Sep 28-Nov 27 | Online | \$595

Gain the skills to protect networks, data, and systems from cyber threats. Learn cybersecurity fundamentals, develop defense strategies, and gain hands-on experience identifying and responding to security risks. You will build a strong foundation in network security, threat detection, and risk management while exploring real-world cybersecurity challenges. *Three one-month courses. CEUs: 4.8*

Start Date: September 8

Class ID: 30501

Management Certificate

Sep 28-Nov 27 | Online | \$595

Enhance your management skills with this program designed for supervisors, managers, and emerging leaders. Build a strong foundation and gain the tools needed to effectively manage employees. Walk away with practical insights and how-to strategies to strengthen your leadership and support the success of your team or organization. *Three one-month courses. CEUs: 4.8*

Start Date: September 8

Class ID: 30405

Social Media for Business Certificate

Sep 28-Nov 27 | Online | \$495

Discover how to use social media to communicate, market, and engage with customers, clients, and communities. Learn the fundamentals of popular platforms such as Facebook, LinkedIn, YouTube, X, and blogs, while developing effective strategies for two-way communication and marketing. Whether you are new to social media or looking to strengthen your online presence, you will gain practical skills and a plan to integrate social networks into your business. *Three one-month courses. CEUs: 4.8*

Start Date: September 8

Class ID: 30388

NURSING

The following class is eligible for the Non-Credit Workforce Training Initiative Grant. Call (815) 224-0427 to register and receive 50% discount.

C.N.A. Train the Trainer Online

This course will consist of 5 weeks of online instruction. Students will spend time completing readings, discussion postings and assignments. 50 contact hours are earned. Basic computer skills which will be helpful include: creating, saving and retrieving word documents, attaching documents, communicating via email, copying and pasting within documents and web addresses in the internet browser, and, exploring the internet.

IVCC will e-mail students a few days prior to the start of class with a link to the online class and instructions on how to get started.

This course is being conducted in compliance with Illinois Department of Public Health (IDPH) regulations in accordance with Illinois Administrative Code Section 395.160 Instructor Requirements.

NOTE: Instructor requirements (section 395.160) have changed effective February 20, 2020 - affecting nurses with nursing degrees of BSN and higher. Check the requirements before registering for this course! To view the requirements, click on the following link: ilga.gov/commission/jcar/admincode/077/077003950A01600R.html.

NOTE: Direct questions pertaining to these requirements and RN's eligibility to IDPH Training & Technical Section, Randy Carey-Walden at dph.bnatp@illinois.gov. Required textbook: DeYoung, S. (2015). Teaching Strategies for Nurse Educators (3rd). Pearson Education, Inc.: Upper Saddle River, N.J. ISBN: 978-0133565232. This textbook must be purchased prior to the start of class, and can be purchased online through the IVCC Bookstore at ivccbookstore.com.

**Registration Deadline is: Sep 25
Online Course: Sep 28-Oct 30**

5 Weeks

Class ID: 30233

Barbara Meinke

\$549



AVIATION

Private Pilot Ground Training

Interested in learning how to fly? This course is designed to prepare you for the Private Pilot Knowledge Exam. At the end of this course series, you will understand operations of the flight controls and instruments, airport and airspace considerations, aircraft weight and balance, aircraft performance tables, basic weather meteorology, federal aviation regulations, flight psychology, and emergency preparedness. A session of the course will be held at the Illinois Valley Regional Airport where students will tour the airport and complete a hands-on experience in an airplane flight simulator. **Students ages 15 & up are eligible to participate.**

After successful completion of this course, students will be eligible to take the F.A.A. Private Pilot Knowledge Exam (additional fee for the F.A.A. Exam).

The following materials (approximate \$120 value) are included in the cost of the class: Pilot's Handbook of Aeronautical Knowledge, Private Pilot TEST Prep Book, FAA FAR/AIM, VFR Plotter, and a Flight Computer.

Flying or airtime is not included in this class. Please contact the Illinois Valley Regional Airport for this information.

Tue 6-9 PM	Sep 8-Dec. 1	
Sat 1-4 PM	Sep 26	
Illinois Valley Regional Airport		
*No class on Sep 29 and Nov 3.		
12 Sessions	Joseph Nimee	
E-204, IVCC	Class ID: 30231	\$359



REAL ESTATE & HOME INSPECTION

Real Estate Broker Pre-License

60-hour Broker Pre-License Topics 513001835 and 15-hour Broker Pre-License Interactive 513001606 (25450)

Call (815) 224-0447 to enroll in REA-1200-300.

This course provides students with instruction in real estate fundamentals. Students are required to attend all sessions which include introduction to the license law and real property, basics of agency, seller and buyer relationships and counseling, local, state and federal laws, brokerage, property management, leases, independent contractor and employee status, financing, contracts and title records and transactions. This course is appropriate and required for anyone interested in obtaining a broker license in Illinois and fulfills the 75-hour education requirement for obtaining an Illinois Real Estate Broker license. Offered in partnership with the Illinois School of Real Estate and Northwest Illinois Alliance of REALTORS®. **Credit Hours: 6**

To obtain an Illinois real estate license, you must be at least 18 years old, have a Social Security Number or Individual Taxpayer Identification Number, and have a high school diploma or GED. *If you have any disabilities that require special accommodations, please identify those special needs.*

Textbooks are required and are available for purchase online at ivccbookstore.com.

Scholarship information is available at illinoischoolofrealestate.com/scholarships.

Please note: This class is a credit course. Enrollment must be completed through the IVCC Registration Department by calling (815) 224-0447 or online at ivcc.edu/admissions/register.php. Please reference course number: REA-1200-300.



Tue 6-10 PM	Aug 18-Dec 8
Sat 8:30 AM-5 PM	Oct 17 & Nov 14
19 Sessions	Carol Wlodarchak
E-206, IVCC	REA-1200-300
Tuition: \$979	

Home Inspector Course - Illinois

Ready to become a top-tier home inspector in Illinois? AHIT's Expert Home Inspector Course gives you everything you need to get licensed, stand out, and succeed in the field.

This all-inclusive training package combines 60 hours of state-approved online education with supervised field inspections, National Home Inspector Exam (NHIE) prep, and two specialty certifications (Commercial and Radon Inspection). You will also get lifetime access to reporting software, expert mentorship, business launch tools, and even discounted insurance.

Whether you are starting from scratch or leveling up your inspection career, this expert-level course helps you build real-world skills, pass your exams, and grow your business - all in one place.

Program Features:

- 60 hours of Illinois-approved pre-license training
- 5 supervised field inspections + final field exam
- NHIE + Illinois State Exam prep materials
- Certifications in Commercial & Radon Inspection
- Mold Inspection Certification available as an add-on
- Business & marketing startup toolkit
- Professional inspection report software
- Expert instructor support - even after graduation
- Insurance discounts (save up to \$2,500)

Field Inspection Options:

- St. Louis - Aug 28-30
- Gurnee - Sep 25-27
- Hoffman Estates - Oct 2-4
- Wheaton - Nov 20-22
- Wheaton - Dec 18-20



To get registered, visit ivcc.edu/continuingandprofessionaleducation/realestatehomeinspection and select your preferred field inspection location. Please contact the Continuing Education Center for further assistance!

Use code **AHIT15IVCC** for **15%** off the total cost of the program.

Tuition: \$2,199

In-Person Class | In-Person Exam

FOOD SERVICE SANITATION

The 8-Hour Applied Food Service Sanitation class is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course. **This class is required in Illinois for Certified Food Protection Manager Certification (CFPM)** and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

Don't Forget Your Textbook!

Required: ServSafe Manager, new 9th Edition. Textbooks are available for purchase online and at the IVCC Bookstore. Students should plan to purchase the book and begin review prior to class due to the fast-paced nature of the class. Purchase your textbook at ivccbookstore.com. Purchases will be delivered to your home address.

Take it at the IVCC Main Campus, Oglesby

[815 N. Orlando Smith Road, Oglesby]

8 Hour Food Sanitation Mon 8 AM-6 PM 1 Session C-316, IVCC	Sep 14 Ida Boyle-Bruch Class ID: 30250	\$139
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8 Hour Food Sanitation Mon 8 AM-6 PM 1 Session C-316, IVCC	Nov 9 Ida Boyle-Bruch Class ID: 30253	\$139
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8 Hour Food Sanitation Mon 8 AM-6 PM 1 Session C-316, IVCC	Dec 7 Ida Boyle-Bruch Class ID: 30254	\$139
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Take it at the IVCC Ottawa Center

[321 W. Main Street, Ottawa]

8 Hour Food Sanitation Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Aug 18-27 Lori Turczyn Class ID: 30228	\$139
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8 Hour Food Sanitation Tue/Thu 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Sep 29-Oct 8 Lori Turczyn Class ID: 30251	\$139
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8 Hour Food Sanitation Thu/Tue 5-7:30 PM 4 Sessions Rm 104, Ottawa Center	Nov 5-17 Lori Turczyn Class ID: 30252	\$139
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Online Course | In-Person Exam

FOOD SERVICE SANITATION

The ServSafe Manager online course is an interactive program that delivers current food safety information, in an easy-to-use format. The course covers critical principles including personal hygiene, cross contamination, time and temperature, cleaning and sanitizing and more. A practice exam is included at the end of the course. Once you begin the course, you will have 90 days to complete it, at which time the course will be deactivated. Students will take the Certified Food Protection Manager (CFPM) exam upon completion of the course. Exams will be administered in-person at the IVCC Main Campus or Ottawa Center. Select your exam date from the list below. Equipment needs: email address, computer and internet access. Please contact the IVCC Continuing Education Center at (815) 224-0427 with questions or to register for your online course and exam session. *Instructions for accessing the online class will be sent to students via email within three business days. Tuition includes 90-day access to online course and proctored exam at the IVCC Main Campus upon completion of the course. Course extensions are not available. Student is responsible for completing the course prior to sitting for the exam. Nonrefundable.*

Exam Schedule for Online Classes

Thu 5-7:30 PM 1 Session Rm 104, Ottawa Center	Aug 27 Lori Turczyn Class ID: 30230	\$190
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Mon 3-6 PM 1 Session C-316, IVCC	Sep 14 Ida Boyle-Bruch Class ID: 30275	\$190
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Thu 5-7:30 PM 1 Session Rm 104, Ottawa Center	Oct 8 Lori Turczyn Class ID: 30276	\$190
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Tue 9 AM-12 PM 1 Session C-316, IVCC	Oct 20 Ida Boyle-Bruch Class ID: 30277	\$190
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Mon 3-6 PM 1 Session C-316, IVCC	Nov 9 Ida Boyle-Bruch Class ID: 30278	\$190
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Tue 5-7:30 PM 1 Session Rm 104, Ottawa Center	Nov 17 Lori Turczyn Class ID: 30279	\$190
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Mon 3-6 PM 1 Session C-316, IVCC	Dec 7 Ida Boyle-Bruch Class ID: 30280	\$190
Thu 5-7:30 PM 1 Session Rm 104, Ottawa Center	Dec 10 Lori Turczyn Class ID: 30281	\$190

TRIPS & TOURS

Illinois Valley Community College Continuing Education Center coordinates a variety of day trips, arm chair tours and educational travel programs each year. From Broadway theatre in Chicago, historic sites, garden tours, museum outings, to culinary adventures there are many options. We strive to provide unique and personal experiences and the best part; you get to leave all the planning to us!

Join our e-newsletter to receive announcements about future travel programs.
Email continuingeducation@ivcc.edu or call (815) 224-0427 to be added to our e-news list.

Buddy - the Buddy Holly Story

Includes: motor coach transportation, lunch, tickets to Buddy-the Buddy Holly Story, all tips, gratuities and snacks.

Join us as we head to Drury Lane Dinner Theatre in Oakbrook for Buddy – The Buddy Holly Story. The show chronicles the life and music of rock and roll pioneer Buddy Holly from his early rockabilly start in Texas to his meteoric rise to fame and final performance at the Surf Ballroom in Clear Lake, Iowa before his untimely death at the age of 22 on February 3, 1959. The show includes The musical features classic hits such as "That'll Be The Day," "Peggy Sue," "Oh Boy!," "Everyday," "Rave On," "La Bamba," "Chantilly Lace," and "Johnny B. Goode", among others. Experience the original sound that changed rock and roll music as we know it. Lunch is included before the show.

Date: Wednesday, September 30
Time: 9:45 AM-5:30 PM
Where: IVCC, Parking Lot #5
Class ID: 30523
Fee: \$169

Travel without a Passport: Explore Latin Flavors

Includes: motorcoach transportation, food tastings equal to a meal, visit to the National Museum of Mexican Art and more, all tips, gratuities and snacks.

Experience the rich flavors, traditions, and vibrant culture of Chicago on this culinary adventure. Explore the colorful Pilsen neighborhood, known for its stunning murals, thriving arts scene, and deep Mexican heritage. Visit the renowned National Museum of Mexican Art and see the Pilsen murals. Throughout the day, enjoy authentic cuisine at three carefully selected restaurants featuring Mexican, Cuban, and Spanish specialties. Along the way, discover the history and cultural influences behind each cuisine while sampling signature dishes that make each destination unique. Prefer milder flavors? Don't worry! Savory, non-spicy options will be available, making this a delicious experience everyone can enjoy. Whether you're a passionate foodie or simply love exploring new places, this flavorful program offers the perfect blend of food, culture, history, and fun.

Date: Thursday, October 8

Time: 7:45 AM-6:45 PM

Where: IVCC, Parking Lot # 5

Class ID: 30524

Fee: \$174

Yodel, Cheese & Cheer

Includes motorcoach transportation, visits to Chalet of the Golden Fleece Museum, Alp & Dell Cheese Store, lunch at Chalet Landhaus, all tips, gratuities and snacks.

Enjoy an autumn day in Wisconsin's Little Switzerland. We'll visit the quaint villages of Monroe and New Glarus in Green County to learn about the Swiss immigration and heritage beginning in the 1840's. Highlights of the tour will be a visit to the Chalet of the Golden Fleece Museum - a personal collection of Swiss treasures in a beautiful Chalet; a Swiss lunch at Chalet Landhaus; free time to explore the unique shops on Main Street including bakery, chocolate, cheese, wine, and European gifts; New Glarus beer sample at Historic Puempel's Olde Tavern; the stunning Green County Courthouse; Alp & Dell Cheese Store in one of the largest cheese producing areas of the country; and perhaps a yodeling challenge! Note: Although we will not be going to the New Glarus Brewery, you will have an opportunity to buy this popular Wisconsin beer!

Date: Tuesday, October 27

Time: 7:15 AM-6:45 PM

Where: IVCC, Parking Lot #5

Class ID: 30526

Fee: \$185

Stories that Matter: Heritage, History & Hope

Includes: motor coach transportation, admission to Anne Frank: the Exhibition and the Museum of Science & Industry, lunch at the Berghoff, visit to Dank Haus German American Cultural Center, all tips, gratuities and snacks.

"In spite of everything I still believe that people are really good at heart." - Anne Frank: Diary of a Young Girl. We will explore a tale of two cultures, exploring the contributions of German Americans while reflecting on the importance of preserving the stories of those impacted by the Holocaust. In the morning, experience the powerful special exhibit Anne Frank the Exhibition at Chicago's Museum of Science and Industry. Through immersive displays, personal artifacts, photographs, and multimedia presentations, the exhibit shares Anne Frank's story while exploring themes of courage, resilience, prejudice, and hope. Inside the exhibit, you can explore replicas of the rooms where Anne and her family lived in hiding, including Anne's bedroom, her sister Margot's room, and shared spaces, all furnished in the style of the 1940s (Anne Frank House.) The exhibit features more than 130 original collection pieces from the Anne Frank House in Amsterdam. Following the exhibition, you'll have free time to explore the Museum of Science and Industry's world-renowned exhibits before boarding the coach for our return home.

Next, we will visit the Berghoff for lunch, one of Chicago's most historic restaurants. Family-owned since 1898, this iconic dining destination is known for its classic German-American cuisine, warm hospitality, and timeless atmosphere. In the afternoon, participate in a guided visit to Dank Haus German American Cultural Center, where we will explore exhibits focused on the history, traditions, and contributions of German immigrants in Chicago and across the Midwest. Join us for a meaningful day of history, culture, and reflection.

Date: Tuesday, November 10

Time: 7:45 AM-5:45 PM

Where: IVCC, Parking Lot #5

Class ID: 30527

Fee: \$189



Jingle Around the World!

*Includes motorcoach transportation, visits and many samples at a variety of ethnic bakeries and specialty shops, lunch, all tips, gratuities and snacks. *Please note itinerary may be subject to change based on availability.*

Back again by popular demand! Travel around the world and back as we head to the Milwaukee metro area on our Jingle around the World tour! We will spend the day visiting a variety of ethnic bakeries and specialty shops well known for their delicious goods. The tour feature stops throughout the city and surrounding area while enjoying stories of holiday traditions that celebrate Milwaukee's rich cultural heritage. You will be treated to signature cookies, candies and/or pastries at each stop. Our first stop is Rupena's Fine Foods in West Allis. A beloved Milwaukee staple since 1927, Rupena's is a family-owned market with Yugoslavian roots, known for its old-world charm and commitment to quality. During our stop, we will enjoy a strudel-making demonstration and tasting, showcasing their tradition of handmade excellence. Next, we will visit National Bakery, founded in 1925 in the heart of an old Polish neighborhood by Louis Wisniewski. "National" in Louis' native Polish language, signifies "for the people." Their tradition of quality baking has prospered over the years and attracts bakery aficionados throughout the state of Wisconsin. Enjoy a tasting of their famous Christmas cookies, made from time-honored family recipes. From buttery spritz to sugar-dusted delights, this visit captures the sweet spirit of the season in every bite. Our trip includes a stop at Simma's Bakery. Emigrating from Russia in 1779, Simma opened the doors to her bakery three years later to share the love and spirit of her family tradition of fine cheesecakes and pastries, unmatched anywhere in both taste and quality. Under new ownership, the bakery continues to use Simma's recipes, keeping her legacy alive and flourishing. Lunch is included today. Restaurant to be announced at a later date. Bring a tote or canvas shopping bag to keep track of all your goodies. There will also be an opportunity to shop at the locations we will be visiting. Be ready for lots of fun! Don't forget to wear your Santa hat, elf stockings, ugly Christmas sweater or even your pretty Christmas sweater...all are welcome as we experience a variety of holiday customs from around the world - all in one day! **Please note: there will be multiple stops throughout the day, we will be loading and unloading from the bus frequently upon arrival in Milwaukee. Due to the nature of this tour, we can only accommodate vegetarian dietary restrictions. We cannot guarantee accommodations for gluten-free, dairy-free, vegan, etc.*

Date: Wednesday, December 3

Time: 7:45 AM-6:30 PM

Where: IVCC Parking Lot #5

Class ID: 30528

Fee: \$189

It's Beginning to Look a Lot Like Christmas...

Includes motorcoach transportation, lunch at The Cheesecake Factory, tickets to Unauthorized Hallmark(ish) Musical, free time on Michigan Avenue, all tips, gratuities and snacks.

Get into the holiday spirit with a magical day in Chicago! Our festive adventure begins with a delicious lunch at the iconic Cheesecake Factory, where you'll enjoy time to relax before the excitement of the afternoon. Next, we will head to the Broadway Playhouse Theatre to take our seats for the "Unauthorized Hallmark(ish) Parody Musical" which tells the story of Holly, an overworked Big City executive who returns to her quirky small hometown TO SAVE CHRISTMAS! Along the way, Holly juggles all the makings of a traditional Hallmark Christmas movie...an old flame, a looming corporate merger, a cookie contest conspiracy and a moose on the loose! Packed with your homages to your favorite holiday movies and original pop songs such as, "Judge That Cookie" and "It Feels Like Christmas (Because It Is Literally Christmas)," the show offers a hilarious twist on the classic holiday movies you already know and love. Hallmark(ish) is from the creative minds of Tim Drucker and Tony-Award winner Bonnie Milligan. Afterwards, you can enjoy some free time on Michigan Avenue to enjoy the sights and sounds of the holiday season, and perhaps a little shopping before we return home!

Date: Wednesday, December 9
Time: 8:45 AM-7 PM
Where: IVCC Parking Lot #7
Class ID: 30529
Fee: \$239

LASALLE COUNTY HISTORY SERIES

All New Sessions!

LaSalle County History Series

Join Illinois Valley Community College and historic sites and organizations from across LaSalle County for a five-session journey through local history. Each presentation is new for Fall 2026.

Learn about America at 250, Indigenous tribes, LaSalle County Legends, the Underground Railroad and more.

You can attend all five sessions in-person or via Zoom for \$75, or select individual sessions to attend

Continuing Education | Questions: [call] (815) 224-0427 [email] continuingeducation@ivcc.edu

via Zoom for \$20 each. Participants attending in-person will also be provided the zoom link in the event they are unable to attend all sessions in-person.

Programs are scheduled at Illinois Valley Community College on the following dates in CTC-124. Sessions are scheduled on Monday evenings from 6-8 PM.

Aug 31: America 250: The Founding of a Nation & the Native History of LaSalle County

Sep 7: No class

Sep 14: LaSalle County Legends: Wild Bill Hickok & George Preston Blow

Sep 21: The Good, the Bad and the Ugly of LaSalle County

Sep 28: Hide and Seek in the 1840s-1850s: It was not a Game

Oct 5: LaSalle County Legends: Alvin & Libby Carus, John McCormick & Clyde Tombaugh

Register to Attend In-Person

Mon 6-8 PM	Aug 31-Oct 5	
5 Sessions		
CTC-124, IVCC	Class ID: 30335	\$75

Register to Attend by Zoom

Mon 6-8 PM	Aug 31-Oct 5	
5 Sessions		
Online Live	Class ID: 30336	\$75

Advance registration is required. Call (815) 224-0427 or [enroll online ivcc.edu/enroll](https://enroll.ivcc.edu/enroll). Zoom participants will receive an email from IVCC with the zoom link for the session within 24 hours of the scheduled program.

With special thanks to the following individuals for working together to make this project happen: Cheryl Biolchini & Gary Biolchini (Westclox Museum), Amanda Carter (LaSalle County Historic Society), Lorraine McCallister (Reddick Mansion Association), Jeff Maierhofer (Seneca Historical Guild), Rachael Mellen (LaSalle County Genealogy Guild), Mollie Perrot & Dan Schott (Ottawa Historical & Scouting Heritage Museum), April Murphy, Diana Espinoza (Hegeler Carus Mansion), Alex Rezvan (Mendota Museum & Historical Society) and David Reed (Streatorland Historical Museum).

August 31: America 250: The Founding of a Nation & the Native History of LaSalle County

Presented by Dan Schott & Amanda Carter

In-Person	Class ID: 30337	\$20
Online Live	Class ID: 30338	\$20

As the United States commemorates its 250th anniversary, take a closer look at the ideas, people, and events that shaped our nation's founding. The

first portion of this class will explore the American Revolution through the writings of the Founding Fathers, examining key documents and pamphlets in roughly chronological order to better understand the principles that inspired independence. Along the way, we'll discuss selected Revolutionary War battles, historical maps, and the events that led to the birth of the United States. In the second half of the program, we'll turn our attention to the rich Indigenous history of LaSalle County - a story that began thousands of years before 1776. Discover the region's significance as the homeland of the Illinois Confederation, including the Kaskaskia and Peoria peoples, whose Grand Village stood near present-day Utica. Learn about the arrival of French explorers and missionaries, the establishment of Fort St. Louis atop Starved Rock, and the interactions among Native communities, French settlers, and later colonial powers. We'll also explore how archaeology, oral traditions, and historic sites such as Starved Rock and the Grand Village of the Illinois help preserve and tell the story of LaSalle County's first peoples.

No Class: Monday, September 7 Labor Day

September 14: LaSalle County Legends: Wild Bill Hickok & George Preston Blow

Presented by Alex Rezvan & Gary Biolchini

In-Person	Class ID: 30339	\$20
Online Live	Class ID: 30340	\$20

James Butler "Wild Bill" Hickok grew up in what is now Troy Grove but found lasting fame on the American frontier. As 2026 marks the 150th anniversary of his death in Deadwood, South Dakota in August of 1876, this is an excellent opportunity to revisit his uniquely American story. We will look at several important episodes from Wild Bill's life as well as the legend that grew up around him even while he was alive. We will also highlight George Preston Blow, an internationally recognized artist born in Peru, Illinois. Explore his artistic career, his influence on American art, and his ties to the historic Westclox building in Peru and how his legacy continues to be reflected in the Illinois Valley.

September 21: The Good, the Bad and the Ugly of LaSalle County

Presented by Mollie Perrot & Lorraine McCallister

In-Person Class ID: 30341 \$20
Online Live Class ID: 30342 \$20

John Dean Caton (1812-1895) was a Judge for most of his life. However, he was involved in so many other things! He played a substantial role in the establishment of the Illinois and Mississippi Telegraph Co., raised elk on his large north bluff estate in Ottawa, was an acquaintance of Abraham Lincoln, and many other things! While LaSalle County has had its share of famous people who have made positive contributions to society, it has also had its share of the "bad and the ugly." This session will focus on those for whom the law was there to be flaunted: gamblers, murderers, con men, bank robbers, and mobsters. Hear about the last hanging in the county, the life of Ottawa native John Looney whose story was portrayed in the movie Road to Perdition, how LaSalle earned the nickname "Little Reno," and others, including the infamous Al Capone, who thrived in the underworld of LaSalle County.

September 28: Hide and Seek in the 1840s and 1850s: It was not a Game

Presented by Jeff Maierhofer & Mollie Perrot

In-Person Class ID: 30343 \$20
Online Live Class ID: 30344 \$20

For many escaped enslaved persons prior to the Civil War, the path to real freedom went through LaSalle County. During this session we will learn about some of the people and places that were instrumental in helping men and women escape the chains of slavery. A special feature of the evening will be one of the most famous cases to ever challenge the Fugitive Slave Law that happened right here in LaSalle County.

October 5: LaSalle County Legends: Alvin & Libby Carus, John McCormick & Clyde Tombaugh

Presented by Diana Espinoza, Rachael Mellen and David Reed

In-Person Class ID: 30345 \$20
Online Live Class ID: 30346 \$20

Discover the remarkable stories of four individuals whose connections to the Illinois Valley left a lasting impact far beyond our region. Learn about philanthropists Alvin and Libby Carus, the last

descendants to live at the mansion, and their enduring legacy of community service, education, conservation, and the arts. Explore the life and career of Captain John L. McCormick, a visionary businessman in Peru's early years. He contributed to the growth of Peru, became mayor and hosted Stephen Douglas the night before his first debate with Abraham Lincoln. Then journey to the stars with Clyde Tombaugh, the Streator native whose discovery of Pluto transformed astronomy and inspired generations of scientists.

LIFELONG LEARNING

Learn for Life! Illinois Valley Community College participates in an initiative with College of DuPage, Harper College, McHenry County College and Rock Valley College to offer a series of personal enrichment courses. These classes are designed for learners of any age, to share the strengths of each Lifelong Learning program and bring engaging courses and topics to participants throughout Northern Illinois.

All online live classes will meet via Zoom. A meeting invite will be emailed to you within 24 hours before class begins. Participants need access to internet. A webcam and microphone are recommended, but not required.

NEW! More Weird and Wonderful Illinois

Continue your exploration of the many weird and wonderful people and places that make Illinois great. Learn about the Alley of Death, Chicago's fabulous Tiffany Dome and the Garden of the Gods. Discover the extraordinary stories behind places like the Old Slave House, Mermott Springs and Collinsville's Seven Gates to Hell.

Tue 10 AM-12 PM 1 Session Online Live
Sep 1 Jay Sternickles Class ID: 30315 \$19

NEW! Exploring the World of Australian Aboriginal Desert Art

Aboriginal culture dates back over 80,000 years, with rock art more than 65,000 years old and counting. With no written language to convey their cultural stories through the generations, information

was portrayed by symbols and icons in artwork. Knowledge, events, beliefs, survival skills, and information about use of the land were shared in this way, creating the oldest continuous art form in the world. Let's go back in time and discover what they said!

Tue 10 AM-12 PM 1 Session Online Live
Sep 15 Ann Leslie Class ID: 30316 \$19

NEW! Jerks in Chicago History: 1945-2025

Join us for the last of three presentations on Jerks in Chicago History where we examine the actions of thieves, murderers, jerks, and mobsters in Chicago. Beginning in 1945 and ending in 2025, we look at the lives of individuals who make up the latter half of the 20th Century. Some were politicians, some were law enforcement officers, some were drifters, and some were respected business entrepreneurs. Whatever their role, they resorted to their dark side and added to the list of badly-behaved characters who shaped the history of the Windy City.

Thu 10-11:30 AM 1 Session Online Live
Sep 17 Brad Keyes Class ID: 30317 \$19

NEW! Environmental Issues: What We Are Learning from Yellowstone National Park

Americans take pride in establishing the national park concept, beginning with the creation of Yellowstone National Park in 1872. Since its founding, the park has highlighted complex issues that grew into national concerns, especially around wildlife management. These challenges have sparked ongoing public and political debate, often reflecting tension between conservation efforts and recreational use. This discussion will explore the historical foundations of these conflicts and examine the current issues shaping policy and stewardship today. By looking at Yellowstone as a case study, we can better understand how these competing priorities continue to influence decisions in our national parks.

Tue 10-11:30 AM 1 Session Online Live
Sep 22 Suzanne Rausch Class ID: 30318 \$19

NEW! Mysteries of the Cosmos: Search for Life Beyond Earth

Are we alone in the universe? This program explores whether life is common or rare, examining extreme micro-environments on Earth to understand how life persists under harsh conditions. Discover how these insights inform the search for life beyond our planet and shape our understanding of other worlds.

Wed 1-2:30 PM	Sep 30	
1 Session	Jim Kovac	
Online Live	Class ID: 30319	\$19

NEW! Mary Hegeler Carus - A Woman Before Her Time

Mary Hegeler Carus, the eldest daughter of zinc tycoon Edward C. Hegeler, was the first woman to graduate the University of Michigan with an Engineering Degree, and the first female president of two global companies, all before women were granted the right to vote! Not only was she a successful businesswoman, Mary was also a mother, a student, and a community leader living in La Salle, Illinois until her passing in 1936. In this class, presented by staff from the Hegeler Carus Mansion, you will learn about how Mary was a dynamic, inspiring woman before her time!

Tue 6-7:15 PM	Oct 13	
1 Session	Diana Espinoza	
Online Live	Class ID: 30322	\$19

NEW! Greenwashing: How Companies Mislead Consumers About the Environment

As sustainability becomes more important to consumers, many companies are promoting themselves as environmentally responsible. However, not all of these claims reflect real action. This presentation explores what greenwashing is, why companies use it, and the common tactics that mislead consumers. It also explains how greenwashing harms trust and delays real environmental progress. Learn practical tips to help identify and avoid misleading sustainability claims.

Thu 10-11:15 AM	Oct 15	
1 Session	Dr. Kim Hankins	
Online Live	Class ID: 30320	\$19

NEW! Shipwrecks of the Great Lakes

Uncover the stories of famous ships like the Edmund Fitzgerald, Daniel J. Morrell and the Eastland. 'Great Lakes Shipwrecks' includes tales of courage, tragedy, stupidity and heroism. After this class, you will never think about the Great Lakes the same way again.

Tue 10 AM-12 PM	Nov 3	
1 Session	Dr. Jay Sternickle	
Online Live	Class ID: 30321	\$19

NEW! Early Pioneers of Northern Illinois

Discover the fascinating story of how northern Illinois transformed from a largely unsettled frontier into the state's most populous region. Bounded by the Mississippi and Illinois Rivers, Lake Michigan and Wisconsin, this area remained sparsely settled for decades after Illinois achieved statehood in 1818. Why did it take so long for settlers to arrive? Who were the pioneers who ventured here, and what challenges did they face? Explore the people, places, and events that shaped the early development of northern Illinois with Lorraine McCallister, President of the Reddick Mansion in Ottawa, Illinois. Through stories and historical insight, gain a deeper understanding of the region shared by today's participating community college audience.

Mon 1-2:15 PM	Nov 9	
1 Session	Lorraine McCallister	
Online Live	Class ID: 30324	\$19

NEW! The Merci Train: France's "Thank You" to America

In 1947, in a private gesture, the American people sent 700 railroad cars full of food and supplies to war-torn Europe to help relieve them of the ravishes from World War II. This was known as the "Friendship Train" and was graciously accepted by people in France and Italy. As a response of appreciation, the French people sent back to the United States 49 boxcars (one for each state and the Territory of Hawaii) laden with various treasures, as a show of gratitude for the liberation of France. This train was called the Merci Train, and each of the boxcars carried five tons of gifts, all of which were donated by private citizens. Join us for a review of what happened to the contents and the boxcars since they were first received in 1949.

Thu 10 AM-11:30 AM	Nov 12	
1 Session	Brad Keyes	
Online Live	Class ID: 30323	\$19

MIND, BODY, WELLNESS

All online live courses meet via Zoom. Participants will receive an e-mail from IVCC with the Zoom link for the session within 24 hours of the program. Participants need access to a computer with high internet speed.

Health & Wellness classes at Nell's Woodland meet at 2000 Alexis Avenue, Ottawa, Illinois 61350. Participants will receive additional information upon registration.

Walking Meditation: Focus on Self Actualization

Slow down and reconnect through a peaceful, mindful walking practice. Take a gentle walk through the woods, practicing presence, breath awareness and appreciation for each step. Self-actualization involves cultivating self-awareness, embracing personal growth, and aligning your actions with your values and purpose. No meditation experience is necessary. Bring comfortable shoes, and open heart and a willingness to slow down. In the event of inclement weather, class will be held indoors.

Thu 5-6 PM	Aug 20	
1 Session	Emily Manternach	
Violet Rm,	Class ID: 30204	\$19
Wellness Bldg, Nell's Woodland		

Restorative Yoga at Nell's Woodland

Restorative yoga is a gentle and relaxing practice that uses props to support the body in passive stretching. Restorative yoga can improve your sleep, mood, well-being, and pain management. Come away more relaxed, limber and feeling better! We will use equipment such as bolsters, blankets, yoga stretching straps and blocks during class. Class is appropriate for all levels of participants and can be adapted to meet your needs. Bring a yoga mat and water. Wear comfortable, loose-fitting clothing and athletic shoes.

Thu 5-6 PM	Sep 10	
1 Session	Emily Manternach	
Violet Rm,	Class ID: 30347	\$19
Wellness Bldg, Nell's Woodland		

Thu 5-6 PM	Oct 15	
1 Session	Emily Manternach	
Violet Rm,	Class ID: 30348	\$19
Wellness Bldg, Nell's Woodland		

Thu 5-6 PM	Oct 29	
1 Session	Emily Manternach	
Violet Rm,	Class ID: 30349	\$19
Wellness Bldg, Nell's Woodland		

Yoga Nidra at Nell's Woodland

"This was an excellent class. So relaxing and rejuvenating. Would go again if offered."

Yoga Nidra is a deeply restful practice that lies between shavasana and meditation - a state where the body relaxes fully while the mind remains gently aware. Nidra is a Sanskrit term meaning "sleep." In this early evening session, you'll be guided through the foundations of Yoga Nidra, learning how to enter this restorative state of conscious rest. It's an accessible and calming practice suitable for all levels. Come unwind, reset and explore the art of deep relaxation. Bring a yoga mat, water, and any props that support your comfort.

Thu 5-6 PM **Aug 13**
1 Session **Emily Manternach**
Violet Rm, **Class ID: 30209** **\$19**
Wellness Bldg, Nell's Woodland

Thu 5-6 PM **Oct 22**
1 Session **Emily Manternach**
Violet Rm, **Class ID: 30350** **\$19**
Wellness Bldg, Nell's Woodland

Thu 5-6 PM **Nov 19**
1 Session **Emily Manternach**
Violet Rm, **Class ID: 30355** **\$19**
Wellness Bldg, Nell's Woodland

T'ai Chi at Nell's Woodland

"I always leave class with a feeling of peace yet energized."

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, better balance and enables and improved quality of life. You will be introduced to T'ai chi while experiencing the benefits of practice. This class does not require floor work or flexibility. Participate from a standing position or chair. Wear comfortable, loose-fitting clothing, athletic shoes and bring water.

Tue 6-7 PM **Sep 15-Oct 27**
7 Sessions **Dan Retoff**
Violet Rm, **Class ID: 30356** **\$69**
Wellness Bldg, Nell's Woodland

Yoga Unique to You

offered in-person and online live

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama)

and movement is also emphasized. Bring a yoga mat, towel and water. This class is offered in both a morning or afternoon option with choice of in-person or online live.

MORNING CLASSES

Mon/Wed 6:30-7:30 AM **Aug 31-Sep 30**
9 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30258** **\$78**
Online Live **Class ID: 30260** **\$78**
***No class: Sep 7.**

Mon/Wed 6:30-7:30 AM **Oct 12-Nov 4**
8 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30262** **\$69**
Online Live **Class ID: 30264** **\$69**

Mon/Wed 6:30-7:30 AM **Nov 9-Dec 16**
10 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30266** **\$87**
Online Live **Class ID: 30268** **\$87**
***No class: Nov 11, 25.**

AFTERNOON CLASSES

Mon/Wed 4:45-5:45 PM **Aug 31-Sep 30**
9 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30259** **\$78**
Online Live **Class ID: 30261** **\$78**
***No class: Sep 7.**

Mon/Wed 4:45-5:45 PM **Oct 12-Nov 4**
8 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30263** **\$69**
Online Live **Class ID: 30265** **\$69**

Mon/Wed 4:45-5:45 PM **Nov 9-Dec 16**
10 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30267** **\$87**
Online Live **Class ID: 30269** **\$87**
***No class: Nov 11, 25.**

Strength Cardio Core

Cross train by participating in two different training methods. This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown. We will also incorporate a HIIT (High Intensity Interval Training) method of exercise into this class. Have fun and burn calories long after class has ended. Bring water, a sweat towel and an exercise or yoga mat.

Tue/Thu 4:45-5:15 PM **Sep 1-29**
9 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30272** **\$74**

Tue/Thu 4:45-5:15 PM **Oct 13-Nov 10**
8 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30273** **\$65**
***No class: Nov 3.**

Tue/Thu 4:45-5:15 PM **Nov 12-Dec 17**
10 Sessions **Tracie Klieber**
CTC-121, IVCC **Class ID: 30274** **\$82**
***No class: Nov. 26.**

Find Your People! Meet, Mingle & Make New Friends

Whether you are new to the area, single, going through a life change, or simply looking to expand your circle, this relaxed meet-up series offers a supportive space to connect with others. It can be challenging to make new connections as adults. Engage in guided conversations, light activities, and small-group networking designed to help you meet others with similar interests. Discover people who share your interests, swap ideas for local activities, register for an upcoming IVCC enrichment class or bus trip - and build friendships that can lead to shared outings or independent adventures. Come as you are - leave with a new circle!

Thu 6-7:30 PM **Oct 1 & Nov 5**
2 Sessions **Emily Manternach**
CTC-124, IVCC **Class ID: 30357** **\$35**

NEW! Couples Massage Class

Strengthen your connection while learning the art of therapeutic touch in this professional, hands-on workshop for couples. Designed for partners of all experience levels, this educational class is led by a professional massage therapist and teaches safe, effective massage techniques you can use at home to promote relaxation, communication, and wellbeing. Explore the benefits of healthy touch, proper massage touch, working with areas of tension, contraindications, massage oils and creams, and ways to create a calming atmosphere with music, aromatherapy, and more. The class also includes guidance on special health considerations and plenty of time for questions and hands-on practice together. This class is education focused. Course fee includes both class participants. Bring: water and snacks and wear shorts/tank top/swimsuit. Participants should be able to get up from a seated position on the floor without assistance.

Sat 9 AM-1 PM **Oct 3**
1 Session **Lexanne Jarosz**
Violet Rm, **Class ID: 30325** **\$269**
Wellness Bldg, Nell's Woodland

NEW! Find Light with the Dark

Life got you down? Let's find a way together to lift you back up! Join for a class on finding the light at the end of the tunnel, releasing fear and hurt. We will cover topics to refresh life over two weeks and share tools to support your wellbeing.

Thu 6-7 PM
2 Sessions
CTC-206, IVCC
Dec 3 & Dec 10
Emily Manternach
Class ID: 30358 \$35

Understanding Alzheimer's and Dementia

Gain a comprehensive understanding of the distinctions between Alzheimer's disease and other forms of dementia. Explore the different stages of Alzheimer's, identify key risk factors, review the latest research developments, and learn about FDA-approved treatments currently available to manage the disease.

Mon 12-1 PM
1 Session
Online Live
Nov 9
Hadi Finerty
Class ID: 30246 Free

NEW! Building Brain-Healthy Habits

This program provides research-backed guidance on brain health and the importance of taking action to protect your brain at every age. Participants will gain resources and tools - including a personalized action plan - to help build brain-healthy habits into daily life. Key takeaways include healthy habits for your brain, like exercising and eating right, the brain-heart connection, and why brain health is important at all ages.

Wed 12-1 PM
1 Session
Online Live
Nov 18
Hadi Finerty
Class ID: 30243 Free

HOLISTIC HEALTH & WELL-BEING

NEW! Menstrual Cycle Wisdom: Woman as Embodied Microcosm of the Earth

Discover the wisdom of the menstrual cycle through the rhythms of the female body, the changing seasons, and the natural cycles of life. Together we'll explore the four phases of the cycle, reproductive life stages, nervous system support, and practical ways to work with your body instead of against it. This class invites a deeper connection to your body's innate intelligence and the wisdom it has carried all along.

Thu 6-8 PM
4 Sessions
Rm 101,
Ottawa Center
Oct 8-29
Alicia Janovyak
Class ID: 30361 \$109

NEW! Frequency Bottles: A Make and Take Experience

Join us for a creative and immersive make & take experience where art, symbolism, and intention come together. Each participant will create their own sacred cobalt blue bottle using gold symbols, words, and energetic intentions designed to align with what they wish to call into their lives. We will explore: the energetic meaning of cobalt blue, symbolism of gold as a frequency of abundance, divine connection and vitality. Discuss how words, symbols, and intention can influence the energy we place into objects and spaces. This class is both grounding and creative, blending mindfulness, energy awareness, symbolism, and artistic expression into one meaningful experience. No artistic experience needed. All materials provided. **Material fee: \$10. This class will be held at Unwind at Westclox, 304 5th Street, Peru, Illinois.**

Fri 6-7 PM
1 Session
Unwind at Westclox
Oct 23
Abby Zukowski
Class ID: 30359 \$35

NEW! Migraine Wellness Basics

Gain a better understanding of migraines in this beginner-friendly class designed for anyone who experiences migraines or wants to support someone who does. Learn how migraines differ from headaches, explore common symptoms, stages, and triggers - including food, hormones, lights,

smells, and environmental factors - and discover the different types of migraines affecting both adults and children. We'll also discuss treatment options, food logs, tracking apps, helpful resources, and practical ways to support a loved one living with migraines. Bring your questions for an informative Q&A designed to increase awareness and confidence.

Tue 6-7 PM
1 Session
Rm 101,
Ottawa Center
Nov 10
Lexanne Jarosz
Class ID: 30326 \$59

Halotherapy 101 Class + Salt Room Experience

Discover the healing potential of halotherapy in this introductory class that blends education with experience. Learn what dry salt therapy is, how it works, and the ways it may support respiratory health, skin conditions, relaxation, and overall wellness. Then step inside Unwind's pink crystal Himalayan salt room - an immersive, holistic environment infused with medical-grade salt designed to cleanse, rejuvenate and soothe. Class will include in a peaceful and restorative experience with a 30-minute session in this unique atmosphere. Come explore, breathe deeply, and experience halotherapy for yourself. **This class will be held at Unwind at Westclox, 304 5th Street, Peru, Illinois.**

Sat 10-11 AM
1 Session
Unwind at Westclox
Nov 14
Abby Zukowski
Class ID: 30360 \$49

NEW! Body of Woman: The Power of Shame, Boundaries & Expression

The body remembers what the mind often forgets. Together we'll explore how shame, boundaries, safety, and the nervous system influence the way women move through the world. Through education, reflection, and practical tools, you'll learn how to reconnect with your instincts, build resilience, and express yourself with greater clarity, confidence, and authenticity.

Thu 6-8 PM
2 Sessions
Rm 101,
Ottawa Center
Nov 12 & 19
Alicia Janovyak
Class ID: 30362 \$49



NEW! The Human Experience: An Introduction to Death & Dying

Death is a universal part of life, yet it is often difficult to discuss. This beginner-friendly class offers a compassionate introduction to death, dying, grief, and end-of-life care. Explore the history of death practices, the differences between palliative care and hospice, common phases of dying, and the role of touch, presence, and caregiving throughout the process. We will discuss grief and its effects on the body, advance directives, burial and cremation options, cultural and personal rituals, and the importance of holding space for others. Whether for personal interest or to support a loved one, this class provides education, resources, and time for questions and discussion.

Tue 6-8 PM 1 Session Rm 104, Ottawa Center	Dec 1 Lexanne Jarosz Class ID: 30327	\$79
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CREATIVE ARTS

Please register for Creative Art classes at least one week prior to class for planning purposes. We may be able to accommodate additional students after that time depending on available seats and supplies. Most classes are designed for a skill level of 16+. If you would like to attend a class with a child younger than 16, please contact our office at (815) 224-0427 so we can seek permission from the instructor. Children under the age of 16 must be accompanied by an adult who is also registered and participating in class.

NEW! Harvest Greeting Painting Class

Celebrate the beauty of autumn by creating a festive 16" x 20" canvas painting to welcome the season. Using acrylic paints, you will create a colorful harvest-themed grapevine design and personalize it with your choice of greeting. Tracers will be provided for a dozen different fall phrases, allowing you to customize your artwork the night of class. All supplies included. Skill level: Ages: 16+.

Wed 6-8:30 PM 1 Session CTC-123, IVCC	Sep 9 Lucy Schmidt Class ID: 30363	\$39
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Discover the Magic of Gelli Plate Monoprinting

Step into the fascinating world of gelli plate monoprinting - a fun, accessible way to create vibrant, one-of-a-kind artworks. This form of printmaking is all about spontaneity and exploration. No two prints are ever the same! You'll learn how to layer textures and patterns using stamps, stencils and everyday objects to craft visually stunning prints. Then, bring your creations to life by adding personalized touches with paint pens, markers, and other embellishments. Whether you're designing heartfelt greeting cards or small abstract masterpieces, this hands-on technique is perfect for unleashing your creativity. Perfect for ages 12+ and all skill levels. Includes supplies used during class.

Sat 9 AM-11 AM 1 Session CTC-123, IVCC	Sep 12 Julie Jenkins Class ID: 30368	\$49
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NEW! Bound by Books Painting Class

Celebrate your love of books and reading by creating a charming 16" x 20" acrylic painting featuring a cozy stack of books and a cozy cup of coffee or tea. The canvas will be pre-drawn, making this class perfect for all skill levels. Personalize your artwork by choosing the colors of your books and creating your own book titles for a unique touch. Gather your book club or bring a friend for a fun and creative morning at Habitat ReStore!

Thu 10 AM-12:30 PM 1 Session Habitat ReStore-Peru	Oct 1 Lucy Schmidt Class ID: 30364	\$39
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Watercolor Workshop: Explore Landscape Painting

Learn about the watercolor medium and techniques. Use these skills to craft a watercolor painting of an outdoor space or scene. You will create a baseline comfortability with watercolor and the basics of materials, tools, techniques, color, value and "seeing" your subject will be explored. No experience necessary. Students are welcome to bring their favorite vacation photo or outdoor landscape photo. The instructor will also have landscape examples available that you can use during class if you do not wish to bring your own. Previous students are encouraged to return and continue building their skills. *Students will be asked to submit a sample of their photo by email approximately two weeks prior to class. The picture should be taken straight ahead and not at an angle. Students will receive a list of art supplies to purchase prior to class.*

Sat 9 AM-1 PM 1 Session Oak Rm, Ecology Bldg. Nell's Woodland, Ottawa	Oct 3 Julie Jenkins Class ID: 30369	\$59
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Mosaic Glass Art

Unleash your creativity as you design and craft a unique mosaic masterpiece! In this hands-on class, you will learn how to cut and break colorful art glass, arrange your pieces into a beautiful design, and complete your work with grouting. Your finished mosaic can be framed, displayed on a stand, or even placed in the garden. No two creations are alike, and beginners are welcome - no experience needed! *There is a \$40 material fee payable to the instructor the first day of class. Students will receive a supply list to purchase their tools prior to class.*

Sat 9 AM-1 PM Sat 9 AM-11 AM 3 Sessions Rm 117, Bldg. J, IVCC-East Campus	Oct 3 & 17 Oct 31 Allie Dale Class ID: 30373	\$189
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Friday Night Framed Barn Quilt Address Workshop

Nothing says Americana more than a classic quilt pattern! Join IVCC instructor, Jyllian Ossola to create a 28" x 20 15/16" framed address sign. Please pre-submit the address you wish to place on the bottom of the sign. This piece would make a beautiful addition indoor or out, and would look especially charming near an entrance or porch. Students will pre-select a pattern from options provided by the instructor. You will select your colors prior to class. Bring a roll of 1" painters' tape, a yard stick and ruler to class. *There is a \$35 material fee payable to the instructor the night of class.*

Fri 5-7:30 PM 1 Session Rm 117, Bldg. J, IVCC East Campus	Oct 16 Jyllian Ossola Class ID: 30372	\$49
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Friday Night Painted Barn Quilt

Please register at least one week prior to class for planning purposes.

Not just for barns... barn quilts also look great on your porch, fence, chicken coop, garden shed, pole barn or even over your fireplace. Add a unique, personal touch to your urban or rural homestead with a handcrafted, authentic piece of American art. Prior to class you will pre-select your pattern from options provided by the instructor. The possibilities are endless when you choose the colors of your choice. Move through each step, drafting, taping and painting with careful attention to detail. *There is a material fee payable to the instructor the day of class. \$25 for 2-foot project and \$40 for 4-foot project. Bring a roll of 1" painter's tape and a yard stick to class.*

Fri 5-9 PM 1 Session Rm 117, Bldg. J, IVCC East Campus	Oct 16 Jyllian Ossola Class ID: 30371	\$65
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NEW! Paint Together! Nightmare Before Christmas: Jack & Sally Painting

Get into the Halloween spirit with this fun painting inspired by *The Nightmare Before Christmas!* Choose to paint Jack or Sally on an 11" x 14" canvas. Choose which character when you arrive at class. Create a matching set with a child, partner, friend, or family member, or paint your favorite character on your own. This all-ages class is perfect for beginners and experienced painters alike. Children under the age of 16 must be accompanied by a participating adult. Each person must register.

Sat 10 AM-12 PM	Oct 24	
1 Session	Lucy Schmidt	
CTC-123, IVCC	Class ID: 30365	\$39

NEW! Paint Your Pet

Create a one-of-a-kind painting of your special pet. No drawing skills required! Your pet's photo will be transformed into a simple, beginner-friendly illustration style design. At class, you will receive a color printout of your pet, along with a demonstration of a very easy tracing/transfer method to get the image onto the canvas. The instructor will provide guidance on matching and mixing paint colors, so you feel confident choosing your colors before you begin. Once your design is transferred, you will paint at your own pace using smooth shapes and easy techniques. You will need to submit a clear photo of your pet in advance of class. Additional instructions for your photo will be sent by email upon registering for class. Skill level: 12+.

Thu 6-9 PM	Nov 5	
1 Session	Lucy Schmidt	
CTC-123, IVCC	Class ID: 30366	\$49

NEW! Paint Your Own Watercolor Christmas Cards Class

Celebrate the season with creativity in this fun and relaxing class! Whether you are a beginner or an experienced artist, you will learn simple watercolor techniques to create beautiful, handmade holiday cards that are perfect for sharing with family and friends. Explore festive designs such as winter landscapes, Christmas trees, ornaments, snowflakes, and holiday florals. Step-by-step instruction and all supplies are provided, making it easy to enjoy the process and leave with a collection of unique cards ready to mail or gift. Join us for an inspiring holiday experience filled with creativity, color, and seasonal cheer. You will not only create memorable keepsakes but also discover the joy of making your holiday greetings truly personal. **Perfect for ages 12+ and all skill levels. No prior painting experience required.**

Sat 9 AM-1 PM	Nov 7	
1 Session	Julie Jenkins	
CTC-123, IVCC	Class ID: 30370	\$59

NEW! Shake it Til You Make it Snow Painting Class

Create a charming winter masterpiece! We will paint a whimsical snow globe featuring a cheerful snowman. Your instructor will guide you step by step through the entire process, making it easy for beginners and enjoyable for painters of all skill levels. Leave with a festive work of art that's perfect for decorating your home or giving as a handmade holiday gift. Skill level: 12+

Sat 10 AM-12:30 PM	Nov 21	
1 Session	Lucy Schmidt	
CTC-123, IVCC	Class ID: 30367	\$39

PHOTOGRAPHY

NEW! Light, Lens, Landscape

Slow down, observe your surroundings, and capture meaningful images in a photography class designed to provide a creative, low-pressure experience. We will be focusing on composition, perspective, and mindful seeing rather than technical camera settings. Both DSLR camera users, mirrorless camera users, and smartphone photographers are welcome. Children under the age of 16 may attend when accompanied and enrolled with a participating adult. The goal of this class is to leave feeling confident, inspired and connected to your creativity, regardless of equipment or experience level. Register for one or more sessions to build your skills.

Thu 5-7 PM	Aug 20	
1 Session	Allie Dale	
Oak Room,	Class ID: 30202	\$49
Ecology Building, Nell's Woodland		

Thu 5-7 PM	Sep 17	
1 Session	Allie Dale	
Oak Room,	Class ID: 30203	\$49
Ecology Building, Nell's Woodland		

Beginning Photography: DSLR Cameras

This course will introduce the students to DSLR cameras, lenses and accessories. The course will cover basic photographic concepts including exposure, color balance, lighting and composition. Basic concepts and real-world applications of digital imaging will be discussed. Students will review and discuss photos presented by the instructor as well as student work. Assignments will reinforce what is learned in a fun and upbeat atmosphere. This class will meet both indoors and outdoors, weather permitting. Class size is limited to 8-10 students. *Students should bring a digital SLR camera, lens, memory card and camera manual to class.*

Tue 6:30-9:30 PM	Oct 13-Nov 17	
6 Sessions	Doug Dellinger	
E-320, IVCC	Class ID: 30328	\$169



Mosaic artwork by instructor Allie Dale.

DANCE & MUSIC

Please note: Dance classes will be held in the small gym at Lincoln School, 855 Bennett Road, Oglesby. Students registering for dance classes need to sign up with a partner. Both partners must register.

IVCC Jazz Band

The Jazz Band is a performance ensemble that is composed of woodwind, brass, guitar, and percussion instruments and performs jazz music. Enrollment is open to students and community members who have previous performance experience, with consent of the instructor. The band performs at least one formal concert per semester and informal performances and activities as possible. *Prerequisite: Performance ability on a wind instrument, piano, guitar or tap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument. Students interested in earning college credit for this course, should register through self-service for MUP-1004-300 at ivcc.edu. No class: Nov. 3.*

Tue 6:30-9 PM	Aug 18-Dec 8
16 Sessions	Brandon Czubachowski
D-201, IVCC	Class ID: 30291 \$25

IVCC Wind Ensemble

The Wind Ensemble is a performance band that is composed of woodwind, brass and percussion instruments and performs classical music. Enrollment is open to students and community members who have previous wind band experience, with an audition and/or consent of the instructor. Students in the ensemble will develop technical skills with an instrument, develop group performance skills and become exposed to a variety of musical styles and periods. The Wind Ensemble meets regularly for instruction and rehearsals (usually once a week). The ensemble performs at least one formal concert per semester and informal performances and activities as possible. *Prerequisite: High school band experience and consent of instructor. Audition required for enrollment. Contact Jennifer Mills for more information and to schedule an audition jennifer_mills@ivcc.edu. PD hours available for teachers. Students interested in earning college credit for this course, should register through self-service for MUP-1002-300 at ivcc.edu. No class: Nov. 26.*

Thu 6:30-9 PM	Aug 20-Dec 10
16 Sessions	Jennifer Mills
D-201, IVCC	Class ID: 30292 \$25

NEW! Instant Ukulele for Hopelessly Busy People

In just a few hours you can learn enough about playing the ukulele to give you years of musical enjoyment and you won't have to take private lessons to do this. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also access to optional live periodic question and answer sessions at no additional cost. Class is online using zoom and is partly hands on and partly lecture/demonstration. For ages 13+.

Thu 6:30-9 PM	Oct 15
1 Session	Craig Coffman
Online Live	Class ID: 30293 \$69

Wedding Reception Survival Skills

Tired of making small talk at the table while everyone else is having fun on the dance floor? From wedding receptions to special events, learn to survive most social occasions by mastering the reception basics: slow dance, swing, waltz and merengue.

Tue 7-8:15 PM	Sep 8-Oct 13
6 Sessions	Jane & Rodney Schomas
Small Gym,	Class ID: 30294 \$75
Oglesby Lincoln School	

Intermediate-Advanced Swing

Join our Intermediate-Advanced Swing Dance class to elevate your skills and style! This class is designed for dancers with a solid foundation in swing basics who are ready to tackle more complex patterns, techniques, and styling. We'll delve into intricate footwork, smooth transitions, and dynamic partner interactions, enhancing your musicality and improvisation. Whether you're aiming to shine on the social dance floor or preparing for performances, this class will take your swing dancing to the next level.

Tue 8:15-9:30 PM	Sep 8-Oct 13
6 Sessions	Jane & Rodney Schomas
Small Gym	Class ID: 30295 \$75
Oglesby Lincoln School	

Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **No class: Nov. 3, 24.**

Tue 7-8:15 PM	Oct 27-Dec 15
6 Sessions	Jane & Rodney Schomas
Small Gym	Class ID: 30296 \$75
Oglesby Lincoln School	

Two Step

This class is a beginner's level introduction to footwork and turns in the Two Step pattern. This dance travels counter-clockwise around the dance floor and is usually danced to country music, but you will learn that you can dance the Two Step to a variety of music styles! **No class: Nov. 3, 24.**

Tue 8:15-9:30 PM	Oct 27-Dec 15
6 Sessions	Jane & Rodney Schomas
Small Gym	Class ID: 30297 \$75
Oglesby Lincoln School	

CULINARY

NEW! Herbs and Spices, Oh My!

Join to make a seasonal spice and gather recipes and understanding for each season based on ayurvedic practices to help the body align with the season and enjoy each day no matter the weather even more! Please bring some small spice containers. *There is a \$15 material fee for the class.*

Thu 5-6 PM	Oct 8
1 Session	Emily Manternach
CTC-123, IVCC	Class ID: 30380 \$35

NEW! Fall Flavors featuring Pumpkin Gnocchi

Celebrate the flavors of fall with Chef Bobby! Learn techniques for preparing a fresh seasonal salad, tender pumpkin gnocchi tossed in a rich brown butter sauce, and a decadent pumpkin spice trifle for dessert. Along the way, you'll pick up tips for working with seasonal ingredients and creating an elegant autumn-inspired meal that's perfect for entertaining or enjoying at home. Come hungry and leave with new recipes, culinary skills, and inspiration for your fall table. Bring an apron, cutting board, kitchen knife, heat-resistant spatula, kitchen towel and potholder. *There is a \$35 material fee payable to the instructor the night of class.*

Tue 6-7:30 PM	Oct 13
1 Session	Bobby Riahi
CTC-123, IVCC	Class ID: 30379 \$59

Sourdough Basics

Discover the art and science of sourdough in this two-session, hands-on intensive class! You will learn the essentials of crafting a beautiful sourdough loaf from start to finish - no prior experience required. On day one, we will cover the equipment required (or desired), ingredients, and how to start and care for a starter culture. You will mix your first dough while learning about baker's math, formulas, and processes, then cold proof the dough overnight. On day two, we'll cover how to tell if your sourdough is ready, shaping, scoring and baking methods. We will discuss the crust and crumb of our baked breads. Each student will receive starter and take-home dough to bake on the first day and on the second day, they will have a beautiful baked loaf to take home. Come ready to get your hands floury and leave with the skills, knowledge and starter to keep your sourdough journey going! Bring an apron. *There is a \$75 material fee payable to the instructor on the night of class.*

Wed/Thu 5-8 PM	Oct 21-22	
2 Sessions	Patricia Glade	
CTC-123, IVCC	Class ID: 30234	\$59

Intermediate Sourdough

Mastered the basics and want to kick your sourdough up a level? Let's talk about inclusions and grains. We will cover baker's math, hydration ratios and talk about troubleshooting fresh milled flours and other grains. You will also be working on your shaping techniques including tying, scoring and painting the dough for artistic expression. We will make a shaped loaf for the holidays and a painted flower loaf in class. Bring an apron. *There is a \$75 material fee payable to the instructor on the night of class.*

Tue/Wed 5-8 PM	Nov 17-18	
2 Sessions	Patricia Glade	
CTC-123, IVCC	Class ID: 30235	\$59

Ayurvedic Cooking for the Season

Ayurvedic cooking helps heal the body, mind and soul. During this class learn to make Kitchari! The benefits of Ayurvedic cooking have been observed over thousands of years, including better digestion, clearer skin, and a stronger immune system. Ayurveda includes focus on eating seasonally and by consuming spices that are recommended for your dosha. You can also explore elements of this ancient practice by making dishes to balance your mood. Bring an apron, cutting board, heat-resistant spatula, table service, kitchen knife and kitchen towel to class. *There is a \$20 material fee payable to the instructor the day of class.*

Sat 10:30 AM-12:30 PM	Oct 17	
1 Session	Emily Manternach	
CTC-123, IVCC	Class ID: 30381	\$39

NEW! A Taste of Mexico

Experience the vibrant flavors of Mexico in this interactive culinary class at Thyme Craft Kitchen! Learn to make authentic favorites, including fresh corn masa tortillas, salsa roja, avocado salsa, seasonal shrimp ceviche, and traditional Mexican rice pudding. This class combines hands-on cooking with live demonstrations from Chef Anthony, giving you the opportunity to build new skills while enjoying a delicious meal. Along the way, sample thoughtfully paired Mexican wine and spirits and finish the evening with learning how to make a classic margarita. Bring an apron, chef's knife, cutting board, two medium bowls and a small spatula. *There is a \$35 material fee payable to the instructor the night of class. 21+.*

Wed 7-9 PM	Nov 18	
1 Session	Anthony Belter	
Thyme Craft Kitchen, Peru	Class ID: 30382	\$59

Explore the Flavors of Spain

Discover the rich culinary traditions of Spain in this hands-on tasting and cooking class led by Chef Anthony Belter. Laura Belter, will lead you through sampling a selection of Spanish wine while learning about their regions, history and pairing principles. During class you will also prepare classic dishes including a seasonal vegetable paella and a silky Basque cheesecake. Chef Anthony will also demonstrate how to make a Potato and Onion Tortilla. Whether you are a wine enthusiast, a curious cook or simply love great food, this immersive class invites you to savor, learn, and create the authentic tastes of Spain. Bring an apron, cutting board, kitchen knife, heat-resistant spatula, kitchen towel and potholder. *There is a \$25 material fee payable to the instructor the night of class. 21+.*

Wed 6-8 PM	Dec 9	
1 Session	Anthony Belter	
CTC-123, IVCC	Class ID: 30383	\$59



SIGN LANGUAGE & FOREIGN LANGUAGE

NEW! Beginner Conversational Sign Language

Interested in learning sign language but not sure where to begin? This engaging, hands-on course introduces the basics of conversational signing, including fingerspelling, common vocabulary, greetings, and everyday communication. Through guided practice and interactive activities, you'll build the skills and confidence to communicate using signs in everyday situations. No prior experience is required. Participants will receive a resource packet to support continued learning. **[4 PD for Teachers].**

Wed 6-8 PM	Sep 23-30	
2 Sessions	Missy Pinter	
CTC-124, IVCC	Class ID: 30239	\$39

Speed Spanish

Online Self-Guided | 24 Hours | 3 Months

Discover how to speak and understand basic Spanish quickly with this beginner-friendly online course. Using simple sentence building techniques, you'll develop practical conversational skills, expand your vocabulary, and gain confidence communicating in everyday situations. Perfect for work, travel, or personal enrichment.

Class ID: 31381	Tuition: \$143
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Beginning Conversational French

Online Self-Guided | 24 Hours | 3 Months

Think you need multiple classes to understand beginner French? Discover how easy learning simple words and phrases for leisure and business can be. This course makes pronunciation simple, with phonetic spellings for every word and phrase you need to learn French. This online course even includes audio so that you can hear and practice the language with little more than a click of your mouse! Obtain skills will allow you to carry on a French conversation with ease and become prepared to speak French in a wide variety of settings and situations.

Class ID: 31396	Tuition: \$130
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CURLING

Learn to Curl

Learn the Olympic sport of curling at Illinois' oldest curling club right here in LaSalle County. The Waltham Curling Club invites you to learn how to curl. Taught by USCA Level 1 instructors and members of the Waltham Curling Club, you will learn techniques of delivering the stone, sweeping, basic strategies, scoring and more. Whether you attend alone or bring family or friends, you are guaranteed to learn why curling is a lifelong sport. Bad knees? No problem, there are options for you. Attendees must carry in a clean pair of tennis shoes, wear warm, comfortable clothing, and sign a waiver upon arrival to go out on the ice. Drinks are not allowed on the ice, except water in a sealed container. Class will be held at the Waltham Curling Club, 3926 East 758th St., Triumph, Illinois.

Mon 6-8 PM 4 Sessions Waltham Curling Club	Nov 9-30 WCC Instructors Class ID: 30386	\$75
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SURVIVAL SKILLS

Bring note-taking materials, a camping knife, water, snacks and come prepared for class to be held outdoors.

Survival Skills: Making Fire By Friction

Why do I need to learn how to make friction fire when I've got a lighter and ferro rod? Besides being a connection to our ancestors' survival and a truly personally rewarding experience, making fire by friction is a native skill, knowledge that never runs out and you will always have on you. Tools break, die out, and you do not always have them with you. Knowledge is the lightest gear you carry. Come build, experience, and take home part of your early human heritage with the two most popular methods, the bow and hand drills. It's an experience that you'll never forget!

Sat 12-4 PM 1 Session Rm 103, Gym Bldg., IVCC	Sep 19 Jason Thompson Class ID: 30384	\$49
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Survival Skills: Cordage, Trap, & Snare

The ability to make cord from the many naturally sources available in the wild is the survival skill that makes many others possible, from shelter, clothing, basketry, tinder, fire-making, lashing your harvest for transport, snares, and even bow strings. Cordage also makes durable and fashionable necklaces bracelets, and even rings! You will also craft a simple, but effective figure-4 deadfall trap and learn how to make an efficient rolling snare. These tools allow a survivalist to obtain food while working on other survival needs.

Sat 12-4 PM 1 Session Rm 103, Gym Bldg., IVCC	Oct 3 Jason Thompson Class ID: 30385	\$49
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SOLAR ENERGY

Eight Things to Know About Solar Before You Buy

Before making any commitments, equip yourself with the essential knowledge to make an informed decision. This course will cover everything you need to know about solar energy, from how it works to whether it's the right fit for your home. You will learn the environmental and financial benefits of solar power, different types of solar systems and how they function, key differences between inverters, battery storage, about incentives, rebates, financing options and more. Whether you are just curious or ready to take the plunge, this class offers clear, unbiased information - without any sales pressure. *Please bring a recent copy of your electric bill for a more personalized experience.*

Wed 6:30-8:30 PM 1 Session CTC-125, IVCC	Sep 23 Yona Lunken Class ID: 30255	\$39
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NEW! Pulling Back the Curtain: How Solar Energy Really Works

"Pulling Back the Curtain: How Solar Energy Really Works" is a two-part educational series designed to help everyday people understand the technology behind modern solar energy systems. In clear, non-technical language, participants will explore how electricity is generated, stored, converted, protected, and delivered. Topics include the fundamentals of electricity, how solar panels generate power from sunlight, the role of inverters and batteries, electrical safety systems such as fuses and

grounding, and the operation of the electric grid. Whether you are considering solar for your home, already have a system installed, or simply want to better understand the technology shaping our energy future, this course will provide a practical foundation and answer the question: "How does solar really work?"

Mon/Wed 6:30-8:30 PM 2 Sessions CTC-206, IVCC	Sep 28 & 30 Yona Lunken Class ID: 30242	\$89
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DOLLARS & SENSE

Rejuvenate Your Retirement

Take charge of your retirement with confidence. This two-session course, led by a certified instructor from the Financial Educators Network, offers a comprehensive overview of the key financial and lifestyle issues facing today's retirees. Learn how to navigate the modern retirement system, estimate future expenses, and understand how market changes may impact your savings. Explore Medicare options, investment strategies, and various income sources to help ensure a secure, fulfilling and worry-free retirement. Whether you are newly retired or preparing for retirement soon, this class will provide the tools and knowledge to support your goals and peace of mind. This program is intended for individuals who have already retired. *Register yourself and bring your spouse or partner at no additional cost.*

Tue/Thu 1:30-3:30 PM 2 Sessions C-316, IVCC	Sep 8 & 10 Sandra Brown Class ID: 30214	\$39
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Mon/Wed 6:30-8:30 PM 2 Sessions C-316, IVCC	Sep 21 & 23 Sandra Brown Class ID: 30215	\$39
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Estate Planning & Asset Protection

Everyone who has assets, whether you are just graduating from college, starting a family or planning for your golden years, needs an estate plan. Learn why you need an estate plan, how it works and what happens when you don't have one. We will discuss estate planning fundamentals and terminology including ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates, nursing home costs, importance of powers of attorney, increase in

guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to consider your options and have the tools needed to create a plan for the first time or review your current plan with your attorney.

Thu 6-8 PM
1 Session
C-316, IVCC

Sep 17
Walt Zukowski
Class ID: 30029 **\$35**

AARP Driver Safety

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and older. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; you will receive a certificate that can be presented to your automobile insurance holder that may entitle you to a discount. Attendance is required at both days of class to receive the certificate of completion. **There is a \$20 fee for AARP members (with AARP membership card); and a \$25 fee for non-members payable to the AARP instructor for materials on the first day of class.** Additional information about parking and location will be emailed to you approximately one week before class.

Take it at IVCC - Oglesby

Mon/Tue 8:30 AM-12:30 PM **Sep 28 & 29**
2 Sessions **Regina Leffelman**
Rm 101, Bldg. H **Class ID: 30298**
Fee payable day of class

Take it at IVCC Ottawa Center - Ottawa

Thu/Fri 8:30 AM-12:30 PM **Nov 19 & 20**
2 Sessions **Regina Leffelman**
Rm 101, **Class ID: 30299**
Ottawa Center
Fee payable day of class

NEW! The World of Investments

Get introduced to the vast world of investing and unravel its inner workings. Explore common types of investments and accounts and discover your best investment options. Get your specific questions answered during this interactive and engaging session. Retirement accounts and traditional non-retirement investments will be discussed.

Thu 6-8 PM
1 Session
Rm 101,
Ottawa Center

Oct 1
Mark Hunt
Class ID: 30301 **\$35**

NEW! Fundamentals of Retirement

Do you often think "I will never be able to retire"? Do you believe that you are too "broke" to start putting money away for retirement? Is your plan at work sufficient and are you putting the money away in the "right" places? Have you ever thought that you cannot "afford to lose any money in the stock market?" In this class, you will learn the fundamentals of starting and planning for your retirement. Learn the difference between a Roth and a Pre-Tax investment and how they are affected by taxes. Learn the tax brackets and how to minimize your tax bite. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help build your wealth, align your money with your values and achieve your retirement lifestyle goals. This program is intended for individuals preparing to retire.

Wed 6-8 PM
1 Session
Rm 101,
Ottawa Center

Oct 14
Mark Hunt
Class ID: 30300 **\$35**

NEW! Shopping and Understanding your Auto and Home Insurance

Are you getting the best possible value from an insurance company? Will that company honor a claim? How do you get a great price when there are so many insurance terms to understand? Do you have too much or too little coverage? Why does your credit matter? Shopping insurance should be an annual event to insure you are getting proper coverage from a solid company at a reasonable price. The insurance market is volatile and becoming a savvy shopper will help you understand your policy and put you in the driver's seat when shopping for auto, home or renters quotes.

Mon 6-8 PM
1 Session
Rm 104,
Ottawa Center

Nov 2
Mark Hunt
Class ID: 30302 **\$35**



HOW TO REGISTER

Pre-registration is required for all classes. Online registration is encouraged to ensure availability of classes.

Payment is due at the time of registration.

REGISTER NOW

Online: Available 24/7
ivcc.edu/enroll

Call

(815) 224-0427
Mon-Fri, 8 AM-4:30 PM
Hours vary on holidays.

In-Person

IVCC – Continuing Education
Room CTC-219
815 N. Orlando Smith Road
Oglesby, IL 61348

Mail

Call or email to request a registration form

Contact Us by Email
continuingeducation@ivcc.edu

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration by email.

REFUND/CANCELLATION POLICY

To cancel your registration before a class starts, call (815) 224-0427.

Refunds will be issued to students who cancel the class at least one business day prior to the class date, unless otherwise noted. Programs with different refund policies are so stated at point of registration.

The Continuing Education Center reserves the right to cancel class due to low enrollment or other extenuating circumstances. If a class must be cancelled by the Continuing Education Center, you will receive a full refund.



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Classes Available at 3 Locations!



IVCC Main Campus
815 N. Orlando Smith Rd.
Oglesby, IL 61348



Ottawa Campus
321 West Main St.
Ottawa, IL 61350



Nell's Woodland
2000 Alexis Ave.
Ottawa, IL 61350

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