

SQ4R

SQ4R stands for the six-step process students should use to help them remember what they have read.

Survey Look over (skim) the books content before reading (ex. Contents page, author's notes to student, Chapter outlines, sidebars and additional notes specific to each chapter)

Question Pose a question that pertains to the paragraph heading (ex. "Why was the women's suffragette movement so important?")

Read Actively read each passage thoroughly

Record Write page numbers down to help you help locate the answers to your questions. Highlight passages, main ideas and quotes.

Recite Repeat aloud the important information from the passage you have just read

Review Go over your notes and re-read the chapter

S-RUN-R

S-RUN-R is a reading/study system divided into five parts.

Survey Skim through the chapter, pay attention to the titles and important information

Read Do just that...read!

Underline Read the paragraph first then go back and highlight key information you think is important for review

Notes Put the underline/highlighted information in your own words

Review Go back over the information from your reading and notes