

*We can help you  
C.O.P.E.....*

**C**areer  
exploration  
**O**ccupational  
skills  
**P**arenting  
information  
**E**ducational  
opportunities



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**Co-Sponsored by:**

- \* Illinois Valley community College (IVCC) and Starved Rock Associates for Vocational and Technical Education (SRAVTE)
- \* IVCC and SRAVTE are equal opportunity affirmative action employers.
- \* Illinois Valley Services is a non-discriminatory program funded through the Carl D. Perkins Vocational and Technical Education Act of 1998.



Starved Rock Associates for Vocational & Technical Education



**For:**

- \* **Single Parents** (mothers/fathers)
- \* **Displaced Homemakers** (divorced/widowed women)
- \* **Single Pregnant Women and Teen Parents**

**Mission Statement:**

I.V.S.P.C. strives to empower single parents and displaced homemakers to reach personal and career success through career exploration, educational opportunities, job skills training, and mentoring.

## Who are we?

SRAVTE and IVCC joined together in 1997 to develop Illinois Valley Single Parent Connections for Single Parents, Displaced Homemakers, Single Pregnant women, and Teen Parents in the LaSalle, Bureau and Putnam Counties. Services are also provided to the college population as well as HSE (GED) students taking classes through IVCC's Adult Education Department. This program is education based and career focused. It is intended to help participants identify and develop the necessary personal, educational, and career skills needed to create opportunities for themselves.

## ARE YOU A...

- Single mother or father with child custody?
- Woman who is separated, divorced, or widowed?
- Single and pregnant?
- Teen Parent
- Someone who wants to go back to school, but does not know how to get started?
- A person who would like a better life for yourself and your children?

**We can help!!!**

## GOAL:

To provide services and resources to help single parents and displaced homemakers gain employment which provides a wage sufficient to meet their needs and those of their children.

## INDIVIDUAL SERVICES:

### Career Planning

- ◆ Interest assessment
- ◆ Career exploration
- ◆ Career counseling
- ◆ Job shadowing
- ◆ Mentoring

### Occupational Skills

- ◆ Job search
- ◆ Cover letters
- ◆ Resume writing
- ◆ Interviewing skills
- ◆ Job Keeping skills
- ◆ Vocational training



### Parenting Info.

- ◆ Child growth and development
- ◆ Nutrition/Healthy living
- ◆ Parenting skills
- ◆ Parental support
- ◆ Life Skills (budgeting, time/stress management, etc.)

### Educational Assistance

- ◆ High School Diploma
- ◆ HSE (GED) Certificate
- ◆ Tech/College Prep
- ◆ Associate Degree
- ◆ Assistance in accessing college funding



## Local High Schools:

## SCHOOL SERVICES:

*"Today's choices...Tomorrow's reality"*  
*"Welcome to the Real World"*

\* These programs are designed to help students learn more about life on their own after high school, and to discourage teen pregnancy.

- DePue
- Hall
- LaMoille
- LaSalle-Peru
- Mendota
- Ottawa
- Princeton
- Putnam County
- Seneca
- Streator

## SRAVTE's Purposes:

- To provide educational opportunities to students of varying interests, abilities and aptitudes.
- To plan programs that enable students to transition from school to work and/or higher education.
- To develop programs where students learn to apply academic and occupational skills to the real world.
- To help students make informed career and educational decisions.